

Boston Area Community Health Survey

BASELINE INTERVIEW Question-by-Question Instructions for the Interviewer-Administered Instrument

(Version A Date: 03/01/2002)

Please follow the instructions listed at the beginning of the Baseline Interview:

- Greet Respondent and emphasize that he/she should feel free to take a break if necessary.
- Have Respondent gather reading glasses and prescription and non-prescription medication that he/she has taken in the last 4 weeks.
- Have Respondent read and sign consent form.
- Collect Diet Assessment form
 - If Respondent has NOT completed it allow him/her to complete it at the END of the interview.

Note: Many of the questions in the Interviewer Administered Questionnaire use response cards. When administering these questions, read categories to the respondent for the first question. Also, be aware of physical or cognitive limitations that the respondent may have and read the card to them for all questions if necessary.

SECTION A - GENERAL INFORMATION

This section is standard on almost every form and is described in detail here.

- A1. Affix a bar-coded STUDY ID label as indicated. DO NOT WRITE IN A STUDY ID.
- A2. Confirm that the BACH Survey visit # reads "00".
- A3. Record your 3-digit Interviewer ID.
- A4. Record the date that the interview was completed with the Respondent - month, day, and year.
Example: 02/10/2002
- A5. Record the gender of the Respondent
 - If the Respondent's gender is apparent, Code "1" for Male and "2" for Female. However, if in doubt, please ask the Respondent. In order to

avoid an awkward situation, please lead in with, "Please bear with me, but I have to ask this question of everyone..."

- A6. Record the language the interview was administered in.
- A7. Circle the code corresponding to where the interview was completed.
- If the interview was completed in any location OTHER than the Respondent's home, please record "2".
- A8. Please record the exact start time of the interview.

Read the introductory Statement before SECTION B. This introduction gives the respondent information about what they can expect from the interview (e.g. duration of the interview, steps, types of questions, etc.). It also reassures the respondent that everything he/she says is confidential and that he/she can choose not to answer particular questions.

SECTION B: QUALITY OF LIFE

- B1. This question asks the Respondent to evaluate his/her overall health.
- Read the response categories and record the code that corresponds to the Respondent's view of his/her own health.
- B2. This question determines how much the Respondent's health interferes with his/her performance of his/her physical activity currently.
- Read the response categories and record the code that corresponds to the Respondent's view of his/her own possible health limitations.
 - If Respondent states he/she does not do any activity probe "Is that because of your health?"
- B3-B4. These questions inquire about the Respondent's ability to do his/her work or daily regular activities during the past four weeks.
- B3a-b. This question determines whether the Respondent has had problems with his/her work or regular daily activities as a result of physical health.
- Please instruct the Respondent to answer "Yes" or "No".
- B4a-b. This question determines whether the Respondent has had problems with his/her work or regular daily activities as a result of emotional problems (such as feeling depressed or anxious).
- Please instruct the Respondent to answer "Yes" or "No".
- B5. This question inquires about the amount of pain that may interfere with the Respondent's normal work (including both work outside the house and housework) during the past four weeks.
- Read the response category and record the code that corresponds to the Respondent's answer. Repeat response categories, if needed.
- B6a-c. These questions ask how the Respondent has been feeling and how things have been during the past four weeks. Questions that have an asterisk (*) before them, repeat, "How much during the past four weeks...".
- Ask the Respondent to choose the category that comes closest to the way he/she has been feeling. USE RESPONSE CARD A.

- B7. This question inquires about the amount of time physical or emotional problems have interfered with the Respondent's social activities, such as visiting with friends and/or family.
- Read the response category and record the code that corresponds to the Respondent's answer. Repeat the categories if needed.

SECTION C: MEDICATIONS

Subject Preparation:

Section C records the prescription and non-prescription medication and the reason the Respondent has taken them over the past 4 weeks.

- If the interview is in the Respondent's home, make sure all medication containers are available from the medicine cabinet, bedside table, or purse.
 - If Respondent's medication is NOT available regardless of where the interview is administered, proceed to C2.1.

C1. Copy the information from the containers verbatim. Inform the Respondent that you will be writing down the medication's name, amount per dose, and doses per day.

- When copying the information from the bottle into QC1,
 - Be sure to indicate the medication brand or generic name in the column i (Medication Name)
 - Record the exact amount listed on the bottle (e.g. if the bottle states 20 mg) record in the column ii (amount per dose)
 - Record exactly how often the label states to take the medication (e.g. if the bottle states every 2 hours) record in the column iii (doses per day).
 - If the Respondent has different doses at different times during the day for the same medication, record the different doses on the next line following same instructions as above.
- If the Respondent provides written prescription by health care provider, do NOT record.

IF RESPONDENT BROUGHT MEDICATION BOTTLES, READ SCRIPT C2.2

C2a-s. These questions determine why the Respondent has been taking medications in the last four weeks. Questions that have an asterisk (*) before them, repeat, "In the last four weeks have you been taking....".

- Ask the Respondent to report if he/she takes a medication (s) for the conditions listed in the last 4 weeks.
- If the Respondent answers "YES", proceed across and record the name of the medications if available, the amount per dose, and doses per day. Space is provided for up to two medications.
- If the Respondent answers "NO", go to the next item.
- QC2 j & k is ONLY to be asked of MALE respondents.
- QC2 l & r is ONLY to be asked of FEMALE respondents.

C3a-h. These questions inquire about over-the-counter (non-prescription) medicines that the Respondent may be taking or has taken within the last 4

weeks. Questions that have an asterisk (*) before them, repeat, “In the last four weeks have you been taking...”.

- Ask the Respondent to report if he/she takes a non-prescription medication (s) for the conditions listed in the last 4 weeks.
- If the Respondent answers “YES”, proceed across and record the name of the medications if available, the amount per dose, and doses per day. Space is provided for up to two medications.
- If the Respondent answers “NO”, go to the next item.
- C3d is ONLY asked of FEMALE respondents.

SECTION D: BIRTH CONTROL

This section inquires about medications or additional birth control methods that the Respondent or his/her partner may currently use or has used during his/her life. Remind the Respondents that these questions are asked of everyone so be patient if some of the questions do not apply.

- If during these questions, the Respondent seems uncomfortable, remind the Respondent that these questions are asked of everyone and that all of the information is completely confidential. To further make the Respondent comfortable please state; “If you feel uncomfortable answering a question, you should feel free to tell me and we can skip it.”

D1a-d. These questions determine whether the Respondent and/or his/her partner is/are currently or has used a barrier method such as condoms, diaphragms, etc.

- If Respondent answers “NO”, go to the next item, otherwise continue across to column “i” and ask, “Are you currently using this method?”. Ask the Respondent to answer “YES” or “NO”.

TO BE ASKED OF FEMALE RESPONDENTS. IF MALE, SKIP TO SECTION E.

D2a-f. These questions determine other methods of birth control that may have been used by FEMALE Respondents. Questions that have an asterisk (*) before them, repeat, “Are you currently taking or have you ever taken or used for 3 months....?”

- Ask the Respondent to report if she uses or takes the birth control listed currently or in the past or not at all. If the Respondent answers “YES”, PROBE, “Is this current?”
- If Respondent answered “Yes current” or “Yes past”, proceed across and record the age at which she began taking or using the birth control listed, the length of time the Respondent has taken or used not including any time that she stopped, and whether she used it for months or years.
- If the Respondent answers “NO”, go to the next item.

SECTION E: HEALTH AND HEALTH CARE

This section asks questions regarding the Respondent's and his/her family's health.

The next set of questions inquires about the Respondent's weight history.

- E1. Ask the Respondent to report his/her weight at the age of 25 as accurately as he/she can.
- If the Respondent does not know the exact weight at age 25, record "Don't Know" and continue to the next question.
 - Be sure to record the unit the Respondent states by circling "lbs or kgs". If the Respondent does not supply unit, PROBE "is that pounds or kilograms?".
 - If Respondent does not know unit, record "Don't Know" at "b" and continue to next question.
- E2. Ask the Respondent to report the most he/she has weighed up to the time of the interview.
- If the Respondent does not know the exact weight at age 25, record "Don't Know" and continue to the next question.
 - Be sure to record the unit the Respondent states by circling "lbs or kgs". If the Respondent does not supply unit, PROBE "is that lbs or kgs?".
 - If Respondent does not know unit, record "Don't Know" in "b" and continue to next question.
 - If FEMALE, ask her to exclude during pregnancy.

The next set of questions inquires about the Respondent's medical history. The Respondent will be instructed to inform you whether a health care provider has told him/her if he/she has had a health condition listed.

- BE SURE to explain to the Respondent that a health care provider can be a GENERAL DOCTOR, A SPECIALIST DOCTOR, A NURSE PRACTITIONER, A PHYSICIAN ASSISTANT, A NURSE OR ANYONE ELSE SEEN FOR HEALTH CARE. This is NOT an exhaustive list. It could include a dentist, chiropractor, etc.

- E3a-ff1. Ask the Respondent to report whether a health care provider has informed him/her that he/she has or had the health condition listed. Questions that have an asterisk (*) before them, repeat, "Have you ever been told by a health care provider that you have or had:...".

- If the Respondent answers “YES”, continue across and ask if he/she has ever or currently receiving treatment, and at what age he/she was FIRST diagnosed.
- If the Respondent answers “NO”, go to the next item.
- For questions E3dd-ff, ask the Respondent to “SPECIFY” the type of cancer.

- E3gg-nn. These questions should only be asked of the FEMALE Respondents.
- If MALE Respondent, continue to E4.
 - Same instructions apply as above in QE4a-ff1.E4. These questions inquire about whether the Respondent has been told by a health care provider if he/she has ever had nerve or muscular problem that prevented bladder emptying, use of a catheter or a bladder infection (urinary tract infection or cystitis) or kidney infection (pyelonephritis).
 - Ask Respondent to answer “YES” or “NO”.
 - If Respondent answers “NO”, skip to E5, otherwise continue to E4b.

- E4b1 This question inquires about whether the catheter used was indwelling or permanent.
- Ask Respondent to answer “YES” or “NO”.

- E4c1-c4. These questions ask about the number of times the Respondent has been diagnosed with a bladder infection or kidney infection.
- Record the number in the boxes provided.
 - Note: The timeframe changes between 12 months and a lifetime.

TO BE ASKED OF MALE RESPONDENTS, IF FEMALE SKIP TO E6.

- E5a-c. This question intends to record whether a Respondent was informed by his health care provider that he had broken or fractured his hip, wrist (not forearm or hand) and/or spine, how many times those areas were broken or fractured, the age of the Respondent when those breaks or fractures first happened, and how the fracture or break occurred.
- If one of these areas obtained a break more than once, count this as an additional time. (e.g. if the respondent reports that he broke or fractured his left and right wrist, record as “TWO times”)
 - If the Respondent answers “NO”, go to the next item.

- E6a-d. These questions intend to capture the health history of the Respondent’s primary or full blood relatives, including parents, siblings, and any children the Respondent may have.
- Instruct the Respondent NOT to include adopted relatives, step relatives, or siblings with which the Respondent only shares 1 parent (i.e. half sibling).

- Ask the Respondent to tell you which of his/her family member (s) has or had the condition listed.
- If Respondent replies that he/she is adopted, remind him/her that his/her child (ren) would be considered blood relatives. If the Respondent does not have child (ren) ask him/her to bear with you.
- If the Respondent answers “NONE” or “NO ONE”, circle “NONE” and continue to the next condition.
- If the Respondent answers “YES” to a family member, ask at approximately what age the person was diagnosed with the condition.
- If more than one sibling or child had a particular condition, record the earliest diagnosis of that condition (e.g., If 2 brothers were diagnosed with cancer, one at age 26 and one at 65, record age 26.).
 - Be sure to probe, “Is there anyone else who has or has had?” after each family member is complete.

Note: For E6a2 be sure to ask what kind (s) for each family member reported to have or have had cancer.

The next questions determine the usage and reason(s) for seeking health care. Remind the Respondent of who can be classified as a health care provider.

E7. This question determines how many times the Respondent went to see his/her health care provider in the last year. This would include routine care, emergency, dental, and physical therapy.

- If the Respondent says 0 (zero), record and proceed to QE9.

E8a-e. These questions intend to find out the major reason (s) for the Respondent’s visit (s).

- Ask the Respondent to answer “YES” or “NO” to the reason you supply.

E9. This question inquires about the last time the Respondent went to his/her health care provider.

- Read the response category and record the code that corresponds to the Respondent’s answer.

E10a-e. These questions inquire about the location the Respondent regularly uses to see a health care provider.

- Ask the Respondent to reply “YES” or “NO” to each location.

E11a-h. These questions inquire about the type of health insurance the Respondent currently has.

- Ask the Respondent to reply “YES” or “NO” to each insurance type.

- If the Respondent answers “YES” to “Some other type of insurance”, “SPECIFY” the Respondent answer by recording it verbatim in E11i1.
- If the Respondent answers “YES” to “Health Maintenance Organization”, “SPECIFY” the Respondent answer by recording it verbatim in E11j1. and continue to E11j2.

These questions determine the importance a Respondent may place on a reason for seeking medical care for chronic health conditions. A chronic condition would be considered an experience that occurs over a 3 month period or more. The Respondent needs to rate the reason on a scale of 1 to 5

E12a-h. Ask the Respondent to rate the reason supplied on a scale of 1 to 5, 1 being Extremely Unimportant and 5 being Extremely Important. USE RESPONSE CARD B.

- Only ask MALE Respondents QE12g-h, FEMALE Respondents should continue to E13.

The next set of questions asks about a Respondent’s heart.

E13a-e. Ask the Respondent to answer “YES” or “NO”.

- If Respondent answers “NO” to QE13a, continue to SECTION F.
- If Respondent answers “NO” to QE13b, continue to SECTION F.
- If Respondent answers “NO” to QE13e, continue to QE13f.

E13f. This question determines the location(s) of pain or discomfort. Ask the Respondent to point to the location on RESPONSE CARD C where he/she feels the pain or discomfort.

- Be sure to have the Respondent review the appropriate gender specific diagram.
- For every area the Respondent points to Code “1” for “YES”.
- If the Respondent replies an area other than those listed, “SPECIFY” the Respondent’s answer in the space provided. Record the Respondent’s answer verbatim. (e.g. if the Respondent answers back, Code as “OTHER” and “SPECIFY” the Respondent’s answer by recording it verbatim.

E14. This question asks the Respondent if the chest pain has lasted for half an hour or more.

- Ask the Respondent to answer “YES” or “NO”.

E15a-h. These questions inquire about pain the Respondent may get in either his/her legs performing different activities.

- Ask the Respondent to answer “YES” or “NO” for QC15a-f.

- If the Respondent answers “NO” to QE15a, continue to SECTION F.
- For QE15g-h, read the response category and record the code that corresponds to the Respondent’s answer.

SECTION F: PHYSICAL ACTIVITY

This section examines the Respondents activity patterns and level of physical activity during the past seven days; that is, the past five weekdays and the last weekend, Saturday and Sunday.

- Do not include the day of the interview.
- If the Respondent is confused, please list the days in question for the Respondent (Example: If the interview is occurring on a Monday, list Sunday, Saturday, Friday, Thursday, Wednesday, Tuesday, and the past Monday).
- Ask the Respondent to answer based on how he/she actually behaved.

F1a-f. Ask the Respondent to report how OFTEN he/she performed the activity listed in the last seven days. Questions that have an asterisk (*) before them, repeat, "In the last 7 days, how often did you:....".

- Use Response card D1 for QF1a-f and Response card D2 for QF1ai-QF1fi.
- If the Respondent answers "EVER", continue across to column i and ask on average, "how many hours per day did he/she engage in these activities".
- If the Respondent answers "NEVER", continue to the next item.
- Be sure to have respondent calculate all the times that he/she mentions having performed a certain activity within the category questioned. (e.g. if Respondent answers about twice a week for sitting activities, probe with "how many hours per day would that be?")
- Examples given are examples, not an exclusive list.

F2. Ask the Respondent to report whether he/she has done any light housework, such as dusting or washing dishes.

- Ask the Respondent to answer "YES" or "NO".
- If the interviewer is unsure if the Respondent's answer applies, please review the Physical Activity card for additional examples.

F3. Ask the Respondent to report whether he/she has done any heavy housework, such as vacuuming, scrubbing floors, etc.

- Ask the Respondent to answer "YES" or "NO".
- If the interviewer is unsure if the Respondent's answer applies, please review the Physical Activity card for additional examples.

F4a-d. Ask the Respondent to report whether he/she engaged in any of the following activities. Questions that have an asterisk (*) before them, repeat, "In the last 7 days, did you engage in any of the following activities?".

- Ask the Respondent to answer “YES” or “NO” to each activity.
- If Respondent reports that he/she does outdoor gardening in season and it is winter, then QF4c (outdoor gardening) should be coded “2”; only activities performed during the past seven days are coded.
- For F4d, dependency is defined as a person requiring assistance with activities of daily living (food preparation, personal hygiene, household cleaning). Division of labor within a household (i.e., meal preparation, laundry) is not considered dependency.

F5a-b. These questions determine whether the Respondent worked for pay or as a volunteer, the amount of hours, and a description of the physical activity involved in the work in the last 7 days.

- If Respondent answers “NO” to F5, continue to SECTION G, otherwise go to next item.
- Respondent should be encouraged to give his/her best estimate of the number of hours he/she worked during the previous seven days. However, if a range of hours is reported (e.g., 15-20 hours), ask the Respondent to provide an exact number.
- If the respondent provides hours in a timeframe other than weekly (i.e., monthly, annually, occasionally), repeat the question: “How many hours per week did you work for pay or as a volunteer in the last 7 days?”
- Response should be recorded to the nearest hour.
- For F5b if Respondent provides two categories, ask the Respondent which physical activity does he/she do most on the job or in volunteer work and record the activity the Respondent reports he/she does most.

SECTION G: REPRODUCTIVE HISTORY

This section inquires about many sensitive issues such as infections, reproductive experiences and surgeries.

- If during these questions, the Respondent seems uncomfortable, remind the Respondent that these questions are asked of everyone and that all of the information is completely confidential. To further make the Respondent comfortable please state; “If you feel uncomfortable answering a question, you should feel free to tell me and we can skip it.”

IF FEMALE RESPONDENT, CONTINUE TO G2.

G1a-e. The next set of questions asks whether the Respondent has ever seen a health care provider for the following reason(s).

- If the Respondent answers “YES” to the reason, continue across and ask how old he was when he first saw someone for this.
- If the Respondent answers “NO”, continue to next item.

G2a-i. The next set of questions ask if a health care provider has ever informed the respondent that he/she had the infection listed. Questions that have an asterisk (*) before them, repeat, “Have you ever been told by your health care provider that you had:”

- Ask the Respondent to answer “YES” or “NO”.
- QG2a. Should ONLY be asked of FEMALE Respondents.

G3-G15. The next set of questions pertains to FEMALE Respondents’ reproductive history. If MALE respondent, continue to SECTION H.

G3a-e. These questions determine whether the Respondent has had a certain procedure. Questions that have an asterisk (*) before them, repeat, “Have you ever had:”

- Ask the respondent to reply “YES” or “NO”.
- Hysterectomy refers to complete removal of the uterus and cervix through abdominal or transvaginal surgery. A “partial hysterectomy” refers to removal of the uterus but not the cervix. Include any hysterectomy, complete or partial, by either route. The term hysterectomy does not refer to removal of the ovaries and is used regardless of whether oophorectomy is performed at the same time.
- For G3a-b, if Respondent answers “NO”, skip “a1” or b1” and continue to next question.

G4. Ask the age at which the Respondent began her periods or menstrual cycles.

- Record the age in the box provided.
- G5. Record whether the Respondent has had a menstrual period in the past 12 months.
- Ask the Respondent to answer “YES” or “NO”.
 - If the Respondent cannot remember, record as “DON’T KNOW” (-8).
 - If Respondent answers “YES”, continue to QG6.
- G5a1-4. These questions try to determine the reason (s) why the Respondent did not have a menstrual period in the past 12 months.
- Ask the Respondent to answer “YES” or “NO” to each reason.
- G5b. Ask the Respondent to recall the YEAR in which her menstrual cycle or periods stopped.
- Record a 4-digit year in the boxes provided.
 - If the Respondent “refuses” or answers “don’t know”, continue to G9.
- G6. Ask the Respondent to recall whether the start of her periods from a YEAR ago until NOW is less predictable.
- Ask the Respondent to answer “YES” or “NO”.
- G7. Ask the Respondent whether she has had a period in the past 3 months.
- Ask the Respondent to answer “YES” or “NO”.
- G8a-c. These questions ask about the pelvic pain the FEMALE Respondent has experienced with her monthly cycle, the timeframe, and if the pain is in the area of the bladder.
- If the Respondent answers” YES” to G8a, continue to next item, otherwise continue to G13.
- G9a-b. These questions inquire about the extent of pelvic pain in the last 12 months. Questions that have an asterisk (*) before them, repeat, “In the last 12 months, have you had:”
- Ask Respondent to answer “YES” or “NO”.
 - If the Respondent answers “NO” to G9b, continue to G11.
- G10. Ask the Respondent how many days she has had with pelvic pain in the last months.
- Read the response category and record the code that corresponds to the Respondent’s answer.
- G11. Ask the Respondent to report how long she has been experiencing her pelvic pain.

- Read the response category and record the code that corresponds to the Respondent’s answer.
- G12. Ask the Respondent the extent to which the pain prevents her from doing the things she wants.
- Read response category and record the code that corresponds to the Respondent’s answer.
- G13. This question inquires about the success of conception for 12 months or more.
- Ask the Respondent to answer “YES” or “NO”.
- G14. Ask the respondent how many times she has been pregnant. Ask her to include current pregnancy, miscarriages, stillbirths, tubal pregnancies, abortions, and live births.
- If the Respondent answers ZERO, skip to Section H.
- G15. The next set of questions inquires about the outcome of each pregnancy. Please remember to ask about each of the Respondent’s pregnancies regardless of the outcome.
- If during these questions, the Respondent seems uncomfortable, remind the Respondent that these questions are asked of everyone and that all of the information is completely confidential. To further make the Respondent comfortable please state; “ If you feel uncomfortable answering a question, you should feel free to tell me and we can skip it.”
 - If the birth was anything other than a livebirth, record and continue to the next pregnancy if applicable, otherwise continue across to the next question.
 - First begin by asking about the outcome of the Respondent’s pregnancy.
 - If the Respondent had a multiple pregnancy that consisted of different outcomes, please circle all that apply.
 - Be aware that a ‘miscarriage’ on this form refers to a spontaneous abortion not a therapeutic or induced abortion.
 - Code fetal death as stillbirth when the fetus dies in the uterus during the 7 and 9 month of pregnancy.
 - If it was a livebirth, ask about whether the delivery was a vaginal or cesarean (c-section), whether the Respondent had an episiotomy (was she cut), was it a multiple pregnancy and the birth weight.
 - If it was a multiple livebirth pregnancy, record if different delivery method for each livebirth.

- If it was a multiple pregnancy, ask what the weight was of the heaviest baby. If it was a multiple pregnancy, but a single livebirth ask, “What was the birthweight?”
- Be sure to record the birth weight in the appropriate unit.

SECTION H : PSYCHOSOCIAL FACTORS

This section intends to assess the feelings and social support of the Respondent.

- H1-H8. These next questions intend to capture how the Respondent has felt MUCH of the time in the last week. Questions that have an asterisk (*) before them, repeat, "Much of the time during the past week..."
- Remind the Respondent that each statement will start with "I", however that is referring to the respondent.
 - Ask the Respondent to answer "YES" or "NO".
- H9. These questions inquire about people who may be close to the Respondent. Ask the Respondent if anyone close to him/her has caused him/her special worry or been especially demanding.
- Ask the Respondent to answer "YES" or "NO".
 - If the Respondent answers "NO", continue to SECTION J.
- H9b. This question asks specifically who has caused the Respondent to worry the most.
- Read each item to the Respondent and ask him/her to respond "YES" or "NO".

SECTION I: NONE

SECTION J: TOBACCO, ALCOHOL AND FLUID INTAKE

J1-J7. These questions inquire about the Respondents tobacco use and exposure.

J1. Ask the Respondent if he/she has smoked at least 100 cigarettes (equals about 5 packs) during his/her life.

- If the Respondent answers “NO”, continue to QJ5.

J2. Ask the Respondent if he/she currently smokes cigarettes.

- Ask Respondent to answer “YES” or “NO”.

J3. Ask the Respondent how many cigarettes he/she smoke (d) on average per day.

- If the Respondent replies in terms of “packs”, ask the Respondent to provide a number of how many that would be.
- Record the number in the boxes provided.
- Record the timeframe supplied by the Respondent in J3a2.

J4. Ask the Respondent to report how many years he/she smoked this amount.

- Record the number of years in the boxes provided.

J5. Ask the Respondent if he/she has ever smoked 20 cigars.

- If the Respondent answers “NO”, continue to QJ6.

J5a. Ask the Respondent if he/she currently smokes cigars.

- If Respondent answers “NO”, continue to QJ6.

J5b. Ask the Respondent how many cigars he/she smokes.

- Record the number in the boxes provided.
- Record the timeframe supplied by the Respondent in J5b2.

J6. Ask the Respondent whether anyone living in his/her household smokes tobacco at home regularly.

- Ask Respondent to answer “YES” or “NO”.

J7. Ask the Respondent whether he/she currently spends time on a daily basis outside of his/her home with people who are smoking.

- Ask Respondent to answer “YES” or “NO”.

J8-J11. These questions inquire about the type and amount of alcohol drinks the Respondent has had.

J8. Ask the Respondent whether he/she has ever had an alcoholic drink.

- Ask the Respondent to answer “YES” or “NO”.
 - If the Respondent answers “NO”, continue to J12.

J9a-c. These questions inquire about the frequency in which the Respondent drank the alcohol listed in the last 30 days, how often, how much he/she drinks on a typical day in which he/she drinks.

- If the Respondent answers “YES” continue across, otherwise go to the next item.

J10. Ask the Respondent to recall how many times during the past 30 days he/she consumed (considering all types of alcoholic beverages) 5 or more drinks within a 24-hour period.

- Record the number of times in the boxes provided.

J11. Ask the Respondent how many drinks he/she has on average during a day or occasion.

- Record the number of drinks in the boxes provided.

J12a – g. Ask the Respondent how many glasses on average (“glass” = 8 ounce serving) he/she drank per day in the last 7 days of each beverage listed.

- Record the number of servings in the boxes provided.
 - Juice refers to fruit, vegetable, or combination fruit/vegetable juices
 - Soda can include decaffeinated, caffeinated, diet, or soft drinks.
 - Herbal tea refers to naturally decaffeinated teas such as raspberry, chamomile, peppermint, ginger, ginseng, etc.

SECTION K : BLADDER HEALTH

This next section inquires about the experiences the Respondent has or has had with his/her bladder health.

K1a-x. These questions determine the specific experiences the Respondent may or may not have had related to bladder symptoms during the last month. Questions that have an asterisk (*) before them, repeat, “Would you say...”.

- Show the Respondent Response Card E.
- Ask the Respondent to answer how often he/she has had the following condition during the last month.
- If the Respondent reports having or have had the symptom continue across to column ii and ask how long the Respondent has had this experience.
- If the Respondent reports NOT having or have had the symptom, go to the next item.
- QK1l through QK1n is to be asked of MALE Respondents ONLY, if FEMALE continue to K1o.
- QK1x to be asked of FEMALE Respondents ONLY, if MALE continue to K2.

K2. Ask the Respondent to rate his/her usual pain or discomfort associated with his/her bladder over the last month.

- Ask the Respondent to rate the pain or discomfort on a scale of 1-10, 1 being no pain or discomfort, 10 being pain as bad as you can imagine.
- Circle the response that corresponds to the Respondent’s answer.

K3. Ask the Respondent to report how many times he/she felt a strong urge or pressure to urinate immediately whether or not he/she urinated or leaked urine.

- Read the response category and record the code that corresponds to the Respondent’s answer.
- If the Respondent answer “EVERYDAY”, Code “6”, continue to K3a and ask “how many times per day?”
 - Record the number of times in the box provided.

K4. This question determines how much pain, discomfort, and/or burning during urination kept the Respondent from doing things that he/she usually does.

- Read the response category and record the code that corresponds to the Respondent’s answer.

- K5a-h. The following questions ask how often has urinary experiences, pain, or discomfort in the Respondent's pubic area interfered with the activities listed during the last month. Questions that have an asterisk (*) before them, repeat, "Would you say...".
- Use Response Card G and ask the Respondent to answer for each activity, record the code that corresponds to the Respondent's answer.
- K6. Ask the Respondent in the last 7 days, on average, how many times has he/she had to go to the bathroom to empty his/her bladder during the day.
- Record the number reported by the Respondent in the box provided.
- K7. Ask the Respondent in the last 7 days, on average, how many times has he/she had to go to the bathroom to empty his/her bladder during the night.
- Record the number reported by the Respondent in the boxes provided.

The next set of questions asks about symptoms the Respondent may have related to urine leakage or accidents with urination.

- K8. Ask the Respondent whether he/she has leaked even a small amount of urine in the last 12 months.
- Ask the Respondent to answer "YES" or "NO".
 - If the Respondent answers "YES" code "1", continue to K8a and ask the Respondent "how often did he/she experience urinary leakage (wet yourself) in the last 12 months".
 - Read the response category and record the code that corresponds to the Respondent's answer.
 - If Female Respondent answers "NO", skip to Section L.
 - If Male Respondent answer "NO", skip to K17.
- K9. Ask the Respondent to report how much urine is leaked when he/she leaks it.
- Read the response categories and record the code that corresponds to the Respondent's answer.
- K10. Ask the Respondent during the last 7 days, how many times did he/she accidentally leak urine during the items listed.
- Record the number reported by the Respondent in the boxes provided.
- K11. Ask the Respondent to report what type of protection he/she uses most of the time.
- Read the response category and record the code that corresponds to the Respondent's answer.

- If the Respondent answers “No protection”, “Tissue, toilet paper or paper towel”, or “Something else”, skip to K13.

K12. Ask the Respondent on average how many pads he/she uses during a typical 24-hour period because it is damp or wet.

- Read the response category and record the code that corresponds to the Respondent’s answer.

K13. Ask the Respondent how long he/she has had urine leakage.

- Read the response category and record the code that corresponds to the Respondent’s answer.

K14. Ask the Respondent whether he/she has seen a health care provider for his/her urine leakage.

- If the Respondent answers “NO”, code “HAS NOT SOUGHT TREATMENT” and skip to K15.
- If the Respondent answers “YES”, probe with “did you receive treatment?”.
 - If the Respondent answers “YES” and says that he/she has received treatment code “2”.
 - If the Respondent answer “YES” and says that he/she has NOT received treatment code “3”.

K14a. Ask the Respondent if he/she is currently doing the activity listed to help with his/her incontinence.

- Ask the Respondent to answer “YES” or “NO” to each item.

K15a-f. The next set of questions inquire about the affect urine leakage has on different aspects of the Respondent’s life. . Questions that have an asterisk (*) before them, repeat, “Would you say...”.

- Use Response Card F.
- Ask the Respondent to answer how much urine leakage affects each item listed.

K16. Ask the Respondent to rate if urine leakage causes him/her to experience frustration.

- Read the response category and record the code that corresponds to the Respondent’s answer.

ASK OF MALE RESPONDENTS, IF FEMALE SKIP TO SECTION L.

These next set of questions ask about other aspects of MEN’s health and well-being.

K17. Ask the Respondent to report how much he sleeps.

- Read the response category and record the code that corresponds to the Respondent's answer.

K18. Ask the Respondent whether he has recently been bothered by headaches.

- Ask the Respondent to answer "YES" or "NO".

K19. Ask the Respondent if he likes directing other people's work.

- Ask the Respondent to answer "YES" or "NO".

SECTION L: SOCIO-DEMOGRAPHIC INFORMATION

The following section intends to capture the Respondent's background.

- L1. Ask the Respondent to report his/her date of birth (DOB) by providing you with the month, date, and year.
- Be sure to record the year as a 4-DIGIT YEAR.
- L2. Ask the Respondent whether he/she was born in the United States.
- If the Respondent answers "YES", continue to QL3.
- L2a. Ask the Respondent in what country he/she was born. Record the Respondent's answer verbatim.
- L2b. Ask the Respondent what year he/she moved to the United States.
- Be sure to record the year as a 4-DIGIT YEAR.
- L3. Ask the Respondent whether he/she considers him/herself Spanish, Hispanic, or Latino (Latina).
- Ask the Respondent to answer "YES" or "NO".
 - If the Respondent answers "NO", continue to QL7.
- L4a-i. This question determines the race in which the Respondent would classify him/herself.
- Ask the Respondent to answer "YES" or "NO" where applicable.
 - If the respondent answers "Other", record and be sure to "SPECIFY" the respondent's answer by recording it verbatim in QL4h1.
- L5. Ask the Respondent to report what is the first language he/she learned to speak.
- If the respondent answers "Other", record and be sure to "SPECIFY" the respondent's answer by recording it verbatim in QL5a1.

IF RESPONDENT ANSWERED "YES" TO HISPANIC QL3, READ INTRODUCTION, OTHERWISE CONTINUE TO QL6.

- L6. Ask the Respondent to report what he/she considers his/her race.
- Ask the Respondent to answer "YES" or "NO" to each item read.
 - If the Respondent answer "OTHER" record and "SPECIFY" the Respondent's answer by recording it verbatim.
- L7. This question determines the current marital status of the Respondent. Record the answer that corresponds to the Respondent's answer.

- If the respondent answers “Other”, record.
- L8. Ask the Respondent the total number of years the Respondent has attended school.
- Record the number in the boxes provided.
- L9-L14. The next set of questions intends to capture the current work status of the Respondent.
- L9. Ask the Respondent to select the category that most represents his/her current or previous work situation.
- Read the Response category and record the code that corresponds to the Respondent’s answer.
 - If the Respondent answers codes “2-99”, continue to QL12.
 - If the respondent answers “Other”, record and be sure to “SPECIFY” the respondent’s answer by recording it verbatim in QL10a.
- L10. Ask the Respondent to report whether he/she is working 35 hours or more each week or less than 35 hours.
- Code appropriate response.
- L11. Ask the Respondent to report his/her usual occupation.
- Record the Respondent’s answer verbatim.
- L12. Ask the Respondent to report how many people in the household including him/herself are supported on the total household income.
- Household income refers to the income that the respondent may contribute, as well as contributions made by other members of the household.
 - Household members must *share* the income (e.g., dependent children, partners/spouses, dependent parents, etc.) if they are to be included in this answer. Record the number of people in the boxes provided.
- L13. This question inquires about the Respondents ability to pay for basic items, such as transportation, housing, health or medical care, or food. Questions that have an asterisk (*) before them, repeat, “Are you having trouble paying for:”
- Ask the Respondent to answer “YES” or “NO”.
- L14. Ask the Respondent to report his/her HOUSEHOLD’S income in the past 12 months.

- Show RESPONSE CARD ‘J’ and ask the respondent not to tell you the actual amount, but to indicate which category not range comes closest to the amount.
- Ask the Respondent to include income from wages, salaries, Social Security or retirement benefits, help from relatives, veteran’s benefits, real estate investments, and other sources (including alimony, child support, etc.).
- If the respondent is reluctant to answer, remind him/her that all information they provide is confidential and important for understanding certain aspects of health.

SECTION M: CONTACT INFORMATION

This section inquires about the Respondent's contact information and additional person (s) we may contact if we need to get in touch with the respondent in the future.

- M1-M2. Obtains the Respondents home and work telephone number.
- Record the respondent's answer verbatim.
- M3. Ask the Respondent what his/her spouse or partner's name is, if answered "married" or "living with a partner" for L8.
- Record the Respondent's answer verbatim.
- M4a-d. Ask the Respondent to supply a name and telephone number for a reliable contact person who does not live with the Respondent but would know how to contact the Respondent. Inform the Respondent that we would ONLY contact them if we could not contact the Respondent. Explain that this information along with all the other information provided by the Respondent would be kept confidential.
- Record the first and last name of the contact. Ask the Respondent to spell the first and last name and record it verbatim.
 - Record the address, city, state and zip by writing the Respondent's answer verbatim.
 - Record the home and work telephone number by writing the Respondent's answer verbatim.

ONLY TO BE ASKED OF FEMALE RESPONDENTS

- M5. Ask the Respondent to provide her maiden name.
- Record the respondent answer by writing it verbatim.
- M6. Record the end time of the interview in the boxes provided.

SECTION N: TO BE DISCUSSED DURING TRAINING