

SECTION A: KEY IDENTIFYING INFORMATION

- A1. Subject identification number **MASTER_ID**
- A2. Date of physical measurements **MESRMNT_DATE** / /
M M / D D / Y Y Y Y
- A3. Start time (24 hour clock) **START_TIME** :
H H : M M
- A4. Data collector ID number **COLLECT_ID**

SECTION B: BODY MEASUREMENTS

SCRIPT: Now I'd like to take some measurements of your body. These should not cause you any pain and will take only a few seconds each.

INSTRUCTION: ASK SUBJECT TO TAKE OFF SHOES FOR HEIGHT AND WEIGHT MEASUREMENT.

- B1. Height (cm) **HEIGHT** .
 a. Self-reported height 1. Feet 2. Inches
HEIGHT_FT **HEIGHT_IN**
- B2. Do you have a pacemaker, implanted cardiac defibrillator, other implanted electrical medical devices or an artificial limb?
ELECTDEV YES 1 **(B4)**
 NO 2
 NOT SURE 3 **(B4)**

INSTRUCTION: THE TANITA ULTIMA SCALE PASSES A LOW-LEVEL ELECTRICAL CURRENT THROUGH THE BODY THAT MAY INTERFERE WITH THE OPERATION OF MEDICAL DEVICES. IF THE SUBJECT HAS, OR MAY HAVE, SUCH A DEVICE, SKIP THE BODY FAT ASSESSMENT (B3) AND USE THE WEIGHT-ONLY PROTOCOL

- B3. Body fat percentage **BDYFATPER**
- B4. Weight (kg) **WEIGHT** .
 a. Self-reported weight (lbs) **SELF_WEIGHT**
- B5. What was your approximate birth weight?
 a. Pounds **BRTH_WT_LBS** b. Ounces **BRTH_WT_OUNC**

B6. Waist circumference (cm) **WAISTCIR** .

- a. Measurement taken in **WAISTMEAS**
- LIGHT CLOTHING 1
- UNDERGARMENTS.....2

B7. Hip circumference (cm) **HIPCIR** .

- a. Measurement taken in **HIPMEAS**
- LIGHT CLOTHING 1
- UNDERGARMENTS.....2

SECTION C: PULSE AND BLOOD PRESSURE

SCRIPT: I am now going to begin taking your pulse and blood pressure. Please keep your legs uncrossed while I check your blood pressure.

INSTRUCTION: ENCOURAGE SUBJECT TO SIT QUIETLY DURING MEASUREMENTS AND REFRAIN FROM TALKING.

C1. Arm circumference (cm) **ARMCIR** .

- a. Arm **ARM**
- LEFT.....1 RIGHT2

- C2. Cuff size **CUFFSIZE**
- PEDIATRIC 1
- ADULT 2
- LARGE ADULT..... 3
- THIGH..... 4

C3. Heart rate (beats/60 seconds) **HEARTRATE**

C4. Systolic blood pressure (mmHg) **SBP**

C5. Diastolic blood pressure (mmHg) **DBP**

C6. End time (24 hour clock) **ENDTM** :

H H : M M