TSRQ (A)

Subject ID	Month	Day	Year	Week
0 0 0 0	0 0	0 0	0 0	0 0
1 1 1 1	1 1	1 1	1 1	1 1
2 2 2 2	2 2	2 2	2 2	2 2
3 3 3 3	3 3	3 3	3 3	3 3
4 4 4 4	4 4	4 4	4 4	4 4
5 5 5 5	5 5	5 5	5 5	5 5
6 6 6 6	6 6	6 6	6 6	6 6
7 7 7 7	7 7	7 7	7 7	7 7
8 8 8 8	8 8	8 8	8 8	8 8
9 9 9 9	9 9	9 9	9 9	9 9

There are a variety of reasons why patients decide to enter an IBS treatment program such as this and follow its procedures. Please read each statement below and consider how true that reason is for you. Blacken the circle that corresponds to your choice.

The scale is:

1	2	3	4	5	6	7
not at all true			somewhat true			very true

The reason I would participate in treatment for managing my IBS is . . .

	not at all true			somewhat true			very true
1. Because I feel that I want to take responsibility for my own GI health.	1	2	3	4	5	6	7
2. Because I would feel guilty or ashamed of myself if my symptoms continued as they are.	1	2	3	4	5	6	7
3. Because I personally believe it is the best thing for my health.	1	2	3	4	5	6	7
4. Because others would be upset with me if my symptoms continued as they are.	1	2	3	4	5	6	7
5. I really don't think about it.	1	2	3	4	5	6	7
6. Because I have carefully thought about it and believe it is very important for many aspects of my life.	1	2	3	4	5	6	7
7. Because I would feel bad about myself if my symptoms continued.	1	2	3	4	5	6	7
8. Because it is an important choice I really want to make.	1	2	3	4	5	6	7
9. Because I feel pressure from others to take control of my IBS symptoms.	1	2	3	4	5	6	7
10. Because it is easier to do what I am told than think about it.	1	2	3	4	5	6	7
11. Because it is consistent with my life goals.	1	2	3	4	5	6	7
12. Because I want others to approve of me.	1	2	3	4	5	6	7
13. Because it is very important for being as healthy as possible.	1	2	3	4	5	6	7
14. Because I want others to see I can do it.	1	2	3	4	5	6	7
15. I don't really know why.	1	2	3	4	5	6	7