

PSWQ - A

For each statement, use the rating scale below to indicate how typical or characteristic it is for you.

Subject ID	<div><div>0</div><div>0</div><div>0</div><div>0</div><div>1</div><div>1</div><div>1</div><div>2</div><div>2</div><div>2</div><div>2</div><div>3</div><div>3</div><div>3</div><div>4</div><div>4</div><div>5</div><div>5</div><div>6</div><div>6</div><div>7</div><div>7</div><div>8</div><div>8</div><div>9</div></div>
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Month	<div><div>0</div><div>0</div><div>1</div><div>1</div><div>1</div><div>2</div><div>2</div><div>2</div><div>3</div><div>3</div><div>3</div><div>4</div><div>4</div><div>5</div><div>5</div><div>6</div><div>6</div><div>7</div><div>7</div><div>8</div><div>8</div><div>9</div></div>
Day	<div><div>0</div><div>0</div><div>1</div><div>1</div><div>1</div><div>2</div><div>2</div><div>2</div><div>3</div><div>3</div><div>3</div><div>4</div><div>4</div><div>5</div><div>5</div><div>6</div><div>6</div><div>7</div><div>7</div><div>8</div><div>8</div><div>9</div></div>
Year	<div><div>0</div><div>0</div><div>1</div><div>1</div><div>1</div><div>2</div><div>2</div><div>2</div><div>3</div><div>3</div><div>3</div><div>4</div><div>4</div><div>5</div><div>5</div><div>6</div><div>6</div><div>7</div><div>7</div><div>8</div><div>8</div><div>9</div></div>

Week	<div><div>0</div><div>0</div><div>1</div><div>1</div><div>2</div><div>2</div><div>3</div><div>3</div><div>4</div><div>4</div><div>5</div><div>5</div><div>6</div><div>6</div><div>7</div><div>7</div><div>8</div><div>8</div><div>9</div></div>
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Not at all typical	1	2	3	Somewhat typical	Very typical	5
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Very typical

Somewhat typical

Not at all typical

1. My worries overwhelm me.	<div><div>1</div><div>2</div><div>3</div><div>4</div><div>5</div></div>
2. Many situations make me worry.	<div><div>1</div><div>2</div><div>3</div><div>4</div><div>5</div></div>
3. I know I should not worry about things, but I just cannot help it.	<div><div>1</div><div>2</div><div>3</div><div>4</div><div>5</div></div>
4. When I am under pressure, I worry a lot.	<div><div>1</div><div>2</div><div>3</div><div>4</div><div>5</div></div>
5. I am always worrying about something.	<div><div>1</div><div>2</div><div>3</div><div>4</div><div>5</div></div>
6. As soon as I finish one task, I start to worry about everything else I have to do.	<div><div>1</div><div>2</div><div>3</div><div>4</div><div>5</div></div>
7. I have been a worrier all my life.	<div><div>1</div><div>2</div><div>3</div><div>4</div><div>5</div></div>
8. I notice that I have been worrying about things.	<div><div>1</div><div>2</div><div>3</div><div>4</div><div>5</div></div>