

Instructions: Below are statements about how some people feel and behave. For each statement below, blacken the number which best describes the degree to which the statement applied to you.

Subject ID	<div><div>0</div><div>1</div><div>2</div><div>3</div><div>4</div><div>5</div><div>6</div><div>7</div><div>8</div><div>9</div></div>									
Month	<div><div>0</div><div>1</div><div>2</div><div>3</div><div>4</div><div>5</div><div>6</div><div>7</div><div>8</div><div>9</div></div>									
Day	<div><div>0</div><div>1</div><div>2</div><div>3</div><div>4</div><div>5</div><div>6</div><div>7</div><div>8</div><div>9</div></div>									
Year	<div><div>0</div><div>1</div><div>2</div><div>3</div><div>4</div><div>5</div><div>6</div><div>7</div><div>8</div><div>9</div></div>									
Week	<div><div>0</div><div>1</div><div>2</div><div>3</div><div>4</div><div>5</div><div>6</div><div>7</div><div>8</div><div>9</div></div>									

1. I can tolerate a great deal of physical discomfort.

0

1

2

3

4

5

6

Not At All

Like Me

Moderately

Like Me

Extremely

Like Me

2. I have a high pain threshold.

0

1

2

3

4

5

6

Not At All

Like Me

Moderately

Like Me

Extremely

Like Me

3. I take extreme measures to avoid feeling physically uncomfortable.

0

1

2

3

4

5

6

Not At All

Like Me

Moderately

Like Me

Extremely

Like Me

4. When I begin to feel physically uncomfortable, I quickly take steps to relieve the discomfort.

0

1

2

3

4

5

6

Not At All

Like Me

Moderately

Like Me

Extremely

Like Me

5. I am more sensitive to feeling physical discomfort compared to most people.

0

1

2

3

4

5

6

Not At All

Like Me

Moderately

Like Me

Extremely

Like Me