

Instructions: People have reported having the following problems in relating to other people. Please read the list below and for each item, consider whether it has been a problem for you with respect to ANY significant person in your life. Then fill in the numbered circle that describes how distressing that problem has been.

0 = Not at all
 1 = A little bit
 2 = Moderately
 3 = Quite a bit
 4 = Extremely

The following are things you find hard to do with other people.

It is hard for me to:

| | | | | | |
|---|---|---|---|---|---|
| 1. Say "no" to other people | 0 | 1 | 2 | 3 | 4 |
| 2. Join in on groups | 0 | 1 | 2 | 3 | 4 |
| 3. Keep things private from other people | 0 | 1 | 2 | 3 | 4 |
| 4. Tell a person to stop bothering me | 0 | 1 | 2 | 3 | 4 |
| 5. Introduce myself to new people | 0 | 1 | 2 | 3 | 4 |
| 6. Confront people with problems that come up | 0 | 1 | 2 | 3 | 4 |
| 7. Be assertive with another person | 0 | 1 | 2 | 3 | 4 |
| 8. Let other people know I am angry | 0 | 1 | 2 | 3 | 4 |
| 9. Socialize with other people | 0 | 1 | 2 | 3 | 4 |
| 10. Show affection to people | 0 | 1 | 2 | 3 | 4 |
| 11. Get along with people | 0 | 1 | 2 | 3 | 4 |
| 12. Be firm when I need to be | 0 | 1 | 2 | 3 | 4 |
| 13. Experience a feeling of love for another person | 0 | 1 | 2 | 3 | 4 |
| 14. Be supportive of another person's goals in life | 0 | 1 | 2 | 3 | 4 |
| 15. Feel close to other people | 0 | 1 | 2 | 3 | 4 |
| 16. Really care about other people's problems | 0 | 1 | 2 | 3 | 4 |
| 17. Put somebody else's needs before my own | 0 | 1 | 2 | 3 | 4 |
| 18. Feel good about another person's happiness | 0 | 1 | 2 | 3 | 4 |
| 19. Ask other people to get together socially with me | 0 | 1 | 2 | 3 | 4 |
| 20. Be assertive without worrying about hurting the other person's feelings | 0 | 1 | 2 | 3 | 4 |

The following are things that you do too much:

| | | | | | |
|--|---|---|---|---|---|
| 21. I open up to people too much. | 0 | 1 | 2 | 3 | 4 |
| 22. I am too aggressive toward other people. | 0 | 1 | 2 | 3 | 4 |
| 23. I try to please other people too much. | 0 | 1 | 2 | 3 | 4 |
| 24. I want to be noticed too much. | 0 | 1 | 2 | 3 | 4 |
| 25. I try to control other people too much. | 0 | 1 | 2 | 3 | 4 |
| 26. I put other people's needs before my own too much. | 0 | 1 | 2 | 3 | 4 |
| 27. I am overly generous to other people. | 0 | 1 | 2 | 3 | 4 |
| 28. I manipulate other people too much to get what I want. | 0 | 1 | 2 | 3 | 4 |
| 29. I tell personal things to other people too much. | 0 | 1 | 2 | 3 | 4 |
| 30. I argue with other people too much | 0 | 1 | 2 | 3 | 4 |
| 31. I let other people take advantage of me too much. | 0 | 1 | 2 | 3 | 4 |
| 32. I am affected by another person's misery too much. | 0 | 1 | 2 | 3 | 4 |

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| Subject ID | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Month | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Day | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Year | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Week | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |