VSI

Subject ID	Month	Day	Year	Week
0 0 0 0	0 0	0 0	0 0	0 0
1 1 1 1	1 1	1 1	1 1	1 1
2 2 2 2	2 2	2 2	2 2	2 2
3 3 3 3	3 3	3 3	3 3	3 3
4 4 4 4	4 4	4 4	4 4	4 4
5 5 5 5	5 5	5 5	5 5	5 5
6 6 6 6	6 6	6 6	6 6	6 6
7 7 7 7	7 7	7 7	7 7	7 7
8 8 8 8	8 8	8 8	8 8	8 8
9 9 9 9	9 9	9 9	9 9	9 9

Below are statements that describe how some people respond to symptoms or discomfort in their belly or lower abdomen. These may include pain, diarrhea, constipation, bloating or sense of urgency. Please answer 'how strongly you agree or disagree' with each of these statements, AS THEY RELATE TO YOU. Answer all of the statements as honestly and thoughtfully as you can.

1 = Strongly Agree
2 = Moderately Agree
3 = Mildly Agree
4 = Mildly Disagree
5 = Moderately Disagree
6 = Strongly Disagree

	Strongly Agree	Moderately Agree	Mildly Agree	Mildly Disagree	Moderately Disagree	Strongly Disagree
1. I worry that whenever I eat during the day, bloating and distension in my belly will get worse.	1	2	3	4	5	6
2. I get anxious when I go to a new restaurant.	1	2	3	4	5	6
3. I often worry about problems in my belly.	1	2	3	4	5	6
4. I have a difficult time enjoying myself because I cannot get my mind off of discomfort in my belly.	1	2	3	4	5	6
5. I often fear that I won't be able to have a normal bowel movement.	1	2	3	4	5	6
6. Because of fear of developing abdominal discomfort, I seldom try new foods.	1	2	3	4	5	6
7. No matter what I eat, I will probably feel uncomfortable.	1	2	3	4	5	6
8. As soon as I feel abdominal discomfort, I begin to worry and feel anxious.	1	2	3	4	5	6
9. When I enter a place I haven't been before, one of the first things I do is to look for a bathroom.	1	2	3	4	5	6
10. I am constantly aware of the feelings I have in my belly.	1	2	3	4	5	6
11. I often feel discomfort in my belly could be a sign of a serious illness.	1	2	3	4	5	6
12. As soon as I awake, I worry that I will have discomfort in my belly during the day.	1	2	3	4	5	6
13. When I feel discomfort in my belly, it frightens me.	1	2	3	4	5	6
14. In stressful situations, my belly bothers me a lot.	1	2	3	4	5	6
15. I constantly think about what is happening inside my belly.	1	2	3	4	5	6