

**CIT-07: ISLET TRANSPLANTATION IN TYPE 1
DIABETES**

**LABORATORY MANUAL
FOR CIT-07 STUDY-SPECIFIC CENTRAL
ASSESSMENTS**

**VERSION 8.0
APRIL 25, 2013**

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1. CIT-07 DCC Protocol Coordinator Information

DCC Protocol Coordinator

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2. CIT-07 Central Laboratory Specimen Schedule

Central Laboratory Assessments					
Assessment	Laboratory	Visit / Time-point	Volume	Collection Container	Shipping Instructions
Hemoglobin A1c (HbA1c)	University of Washington	Visits 10, 13, 14, 15, Y1, 16, 17, 18, 19, Y2	2 mL Blood	(1) 2-mL Lavender top EDTA Vacutainer	Ship on cold pack within 24 hours of collection. Ship Monday-Thursday only.
Fasting serum glucose and c-peptide / serum creatinine	University of Washington	Visits 8, 9, 10†, 11, 12, 13*, 14*, 15, Y1, 17,19, Y2	2 mL Blood	(1) 3.5-mL Gold SST	Ship on dry ice in batches at least weekly. Ship Monday – Thursday only.
MMTT: Stimulated serum glucose and c-peptide	University of Washington	Visits 10†, 13, 14, 15, Y1, 17, 19, Y2	4 mL Total Blood <ul style="list-style-type: none"> • 2 mL at 60 minutes (only if checking for graft failure) • 2 mL at 90 minutes (Note: the Fasting serum glucose and c-peptide/serum creatinine is the 0 hour sample for the MMTT)	(2) 3.5-mL Gold SST	Ship on dry ice in batches at least weekly. Ship Monday – Thursday only.
Insulin Modified FSIGT	University of Washington	Visits 10†, 15, Y1	48 mL Total Blood <ul style="list-style-type: none"> • 2 mL each at -10, -5, and -1 minutes pre-injection of glucose • 2 mL each at 1, 2, 3, 4, 5, 7, 10, 12, 14, 16, 18, 20, 22, 25, 30, 40, 50, 70, 100, 140, and 180 minutes post injection of glucose 	(24) 3.5-mL Gold SST	Ship on dry ice in batches at least weekly. Ship Monday – Thursday only.
Atherogenic Profile	University of Washington	Visit Y1, 19	8.5 mL Blood	(1) 8.5 mL Gold SST	Ship on dry ice in batches at least weekly. Ship Monday – Thursday only.
Alloantibodies	University of Pennsylvania	Visits 03 ^o , 10, 13, 14, 15, Y1, 17, 19	2 mL Blood	(1) 3-mL Red-top Vacutainer	Ship on dry ice in batches at least quarterly. Ship Monday – Thursday only.


Assessment	Laboratory	Visit / Time-point	Volume	Collection Container	Shipping Instructions
Autoantibodies	Barbara Davis Center	Visits 10, 13, 14, 15, Y1, 17, 19	2 mL Blood	(1) 3-mL Red-top <u>OR</u> (1) 3.5-mL Gold SST	Ship on dry ice in batches at least quarterly. Ship Mon – Wed only. If collected on Thurs or Fri, freeze serum at -20°C or -70°C until Mon, Tues, or Wed. in dry ice.
Serum to Archive	NIDDK Repository	Visits 10, 13, 14, 15, Y1	4 mL Blood	(1) 4-mL Gold SST	Ship in batches at least quarterly.
Plasma to Archive (see below)	NIDDK Repository	Visits 10, 13, 14, 15, Y1	10 mL Blood	(1) 10-mL Na Heparin Vacutainer	Ship in batches at least quarterly.
GFR	University of Minnesota	Visits 08, 10, 15, Y1, 19	10 mL Blood 2 mL each at 120, 150, 180, 210 and 240 minutes	(5) 2-mL Na Heparin Tube	Ship in batches weekly on dry ice. Ship Mon – Thurs.
Albumin/Creatinine Ratio	University of Minnesota	Visits 08, 10, 15, Y1, 17, 19	5 mL Urine	Sterile Urine Container	Ship in batches weekly, frozen on dry ice. Ship on Monday – Thursday.

* If blood is drawn locally at Months 7, 8, 10 and 11 (Visits 13a, 13b, 14a and 14b, respectively), sample should be sent from local lab to study site and then shipped to the central laboratory.

† Do not collect these samples at Day 75 for subjects with confirmed graft failure

∞Collect these samples beginning on Day -2 (pre-IS) for Visit 03.

Plasma to Archive Note– Specimen kits will not be modified to reflect the changes to archived samples. To collect Plasma to Archive samples, use one of the three PBMC/Plasma to Archive primary tubes that are currently in the kits. Draw only one green-top and discard the other two. To aliquot, take (3) 1.8 mL cryovials from bulk supply. Label each with an extra barcode label from the set inside the kit lid. In the STS (Process and Aliquot step), you will scan each of these aliquots as an extra sample and choose “Plasma to Archive” as the specimen type. On the kit requisition form, add (write in) a section for the Plasma to Archive samples. Ship the Plasma to Archive with the Serum to Archive to the NIDDK Repository.

<p>Serum to Archive 1 x 4 ml Gold top SST tube</p> <p>Collect 4 ml of blood. Process serum according to CIT General Laboratory Manual and aliquot equally into 3 x 1.8 ml cryovials. Freeze at -70C. Batch ship on dry ice at least quarterly Monday-Thursday to NIDDK Repository.</p>		
<p>Plasma to Archive</p>	<p>3</p>	<div style="border: 1px solid red; border-radius: 15px; padding: 5px; margin: 10px auto; width: 80%; color: red; text-align: center;"> on the requisition, under Serum to Archive, write in Plasma to Archive with 3 aliquots </div>

3. CIT-07 Kit Components

Visit 03 Day -2 through Day 0	Kit #3	TAT, C3a and c-peptide (5) 2-mL EDTA Vacutainer (Lavender top) (5) 1.8-mL cryovial Vial	Alloantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial
Visit 08 Day 28	Kit #4	Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials Albumin/Creatinine Ratio (1) Urine Specimen Container (1) 4.0-mL cryovial	GFR (5) 2-mL Na Heparin Vacutainer Tubes (5) 1.8-mL cryovial
Visit 09 Day 56	Kit #5	Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials	
Visit 10 Day 75	Kit #6	*Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials *MMTT (stimulated glucose and c-peptide) (2) 3.5-mL Gold SST (4) 1.8-mL cryovial HBA1C (1) 2-mL EDTA Vacutainer Tube Albumin/Creatinine Ratio (1) Urine Specimen Container (1) 4.0-mL cryovial *FSIGT (24) 3.5-mL Gold SST (58) 1.8-mL cryovials	GFR (5) 2-mL Na Heparin Tubes (5) 1.8-mL cryovials Alloantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial Autoantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial RNA to Archive (NIDDK) (3) 3-mL Tempus RNA Tube (discard) Serum to Archive (1) 4-mL Gold SST Tube (3) 1.8-mL cryovials PBMC and Plasma to Archive (3) 10-mL Na Heparin Tubes <i>Use (1) 10-mL Na Heparin Tube for Plasma and discard the other 2</i> (3) 1.8-mL cryovial from bulk supply
Visit 11 Day 120	Kit #5	Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials	

Visit 12 Day 150	Kit #5	Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials
Visit 13 Day 180	Kit #7	Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials MMTT (stimulated glucose and c-peptide) (2) 3.5-mL Gold SST (4) 1.8-mL cryovials HBA1C (1) 2-mL EDTA Vacutainer Tube Alloantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial Autoantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial RNA to Archive (NIDDK) (3) 3-mL Tempus RNA Tube (discard) Serum to Archive (1) 4-mL Gold SST Tube (3) 1.8-mL cryovials PBMC and Plasma to Archive (3) 10-ml Na Heparin Tubes <i>Use (1) 10-mL Na Heparin Tube for Plasma and discard the other 2</i> (3) 1.8-mL cryovial from bulk supply
Visit 13a, 13b Days 210, 240	Kit #5	Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials
Visit 14 Day 270	Kit #7	Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials MMTT (stimulated glucose and c-peptide) (2) 3.5-mL Gold SST (4) 1.8-mL cryovials HBA1C (1) 2-mL EDTA Vacutainer Tube Alloantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial Autoantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial RNA to Archive (NIDDK) (3) 3-mL Tempus RNA Tube (discard) Serum to Archive (1) 4-mL Gold SST Tube (3) 1.8-mL cryovials PBMC and Plasma to Archive (3) 10-mL Na Heparin Tubes <i>Use (1) 10-mL Na Heparin Tube for Plasma and discard the other 2</i> (3) 1.8-mL cryovial from bulk supply
Visit 14a, 14b Days 300, 330	Kit #5	Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials

<p>Visit 15 Day 365</p>	<p>Kit #6</p>	<p>Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials MMTT (stimulated glucose and c-peptide) (2) 3.5-mL Gold SST (4) 1.8-mL cryovials HBA1C (1) 2-mL EDTA Vacutainer Tube Albumin/Creatinine Ratio (1) Urine Specimen Container (1) 4.0-mL cryovials FSIGT (24) 3.5-mL Gold SST (58) 1.8-mL cryovials GFR (5) 2-mL Na Heparin Tubes (5) 1.8-mL cryovials</p>	<p>Alloantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial Autoantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial RNA to Archive (NIDDK) (3) 3-mL Tempus RNA Tube (discard) Serum to Archive (1) 4-mL Gold SST Tube (3) 1.8-mL Cryogenic Vials PBMC and Plasma to Archive (3) 10-mL Na Heparin Tubes <i>Use (1) 10-mL Na Heparin Tube for Plasma and discard the other 2</i> (3) 1.8-mL cryovial from bulk supply</p>
<p>Visit Y1 365 days post initial transplant</p>	<p>Kit #8</p>	<p>Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials MMTT (stimulated glucose and c-peptide) (2) 3.5-mL Gold SST (4) 1.8-mL cryovials HBA1C (1) 2-mL EDTA Vacutainer Tube Albumin/Creatinine Ratio (1) Urine Specimen Container (1) 4.0-mL cryovial FSIGT (24) 3.5-mL Gold SST (58) 1.8-mL cryovials GFR (5) 2-mL Na Heparin Tubes (5) 1.8-mL cryovials</p>	<p>Alloantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial Autoantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial RNA to Archive (NIDDK) (3) 3-mL Tempus RNA Tube (discard) Serum to Archive (1) 4-mL Gold SST Tube (3) 1.8-mL cryovials PBMC and Plasma to Archive (3) 10-mL Na Heparin Tubes <i>Use (1) 10-mL Na Heparin Tube for Plasma and discard the other 2</i> (3) 1.8-mL cryovial from bulk supply Atherogenic Profile (1) 8.5 mL Gold SST (4) 1.8 mL Cryogenic Vials</p>
<p>Visit 16 Month 15</p>	<p>Kit #12</p>	<p>HBA1C (1) 2-mL EDTA Vacutainer Tube</p>	

<p>Visit 17 Month 18</p>	<p>Kit #9</p>	<p>Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials MMTT (stimulated glucose and c-peptide) (2) 3.5-mL Gold SST (4) 1.8-mL cryovials Albumin/Creatinine Ratio (1) Urine Specimen Container (1) 4.0-mL cryovial HBA1C (1) 2-mL EDTA Vacutainer Tube</p>	<p>Alloantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial Autoantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial</p>
<p>Visit 18 Month 21</p>	<p>Kit #12</p>	<p>HBA1C (1) 2-mL EDTA Vacutainer Tube</p>	
<p>Visit 19 Month 24</p>	<p>Kit #10</p>	<p>Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials MMTT (stimulated glucose and c-peptide) (2) 3.5-mL Gold SST (4) 1.8-mL cryovials Albumin/Creatinine Ratio (1) Urine Specimen Container (1) 4.0-mL cryovial HBA1C (1) 2-mL EDTA Vacutainer Tube</p>	<p>GFR (5) 2-mL Na Heparin Tubes (5) 1.8-mL cryovials Alloantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial Autoantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial Atherogenic Profile (1) 8.5 mL Gold SST (4) 1.8 mL Cryogenic Vials</p>
<p>Visit Y2</p>	<p>Kit #11</p>	<p>HBA1C (1) 2-mL EDTA Vacutainer Tube</p>	<p>Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials MMTT (stimulated glucose and c-peptide) (2) 3.5-mL Gold SST (4) 1.8-mL cryovials</p>
<p>Reduced Follow-Up (Year 1 and 2post-initial transplant)</p>	<p>Kit #50</p>	<p>90 min c-peptide post MMT, Serum Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials Alloantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial</p>	<p>HBA1C (1) 2-mL EDTA Vacutainer Tube</p>

Reduced Follow-Up (monthly and quarterly)	Kit #50x	Alloantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial	
Suspected Graft Failure	Kit #50z	Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL cryovials MMTT (stimulated glucose and c-peptide) (2) 3.5-mL Gold SST (4) 1.8-mL cryovials	Alloantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial Autoantibody (1) 3-mL Red-top Vacutainer Tube (1) 1.8-mL cryovial

* Do not collect these samples at Day 75 for subjects with confirmed graft failure.
 SEE APPENDIX 1 FOR KIT SUPPLY ORDER FORM

4. Kit Usage

Kit #6 (Visit10 and Visit 15), kit # 7 (visit 13 and visit 14), kit #8 (visit Y1), kit #9 (visit 17), kit #10 (visit 19) and kit #11 (Y2) contain two 3.5-mL Gold SST tubes for the MMTT. Only one of these two tubes will be filled (at 90 minutes), unless it is suspected that the participant has suffered graft failure (in which case, the second tube should be filled at 60 minutes). If there is no suspicion of graft failure, one of the two 3.5-mL Gold SST tubes can be discarded.

5. CIT-07 Blood Volume Table

CIT07 - MAXIMUM RESEARCH BLOOD VOLUME TABLE																					
TIME POINTS/VISITS																					
TIMING OF STUDY PARTICIPATION	Days				Weeks						Months										
	SCRN	BL	TX 0	3	1	2	3	4	2	2,5 (Day 75)	4	5	6, 7, 8	9, 10, 11	12	1 yr post initial tx	15	18	21	24	2 yrs post initial tx
VISIT	1	2	3	4	5	6	7	8	9	10	11	12	13*	14**	15	Y1	16	17	18	19	19
BLOOD VOLUMES																					
LOCAL LABORATORY ASSESSMENTS																					
CBC (WBC + Diff & Plat)	5	5	5		5	5	5	5	5	5	5	5	5	5	5		5	5	5	5	
Chemistry	4	4	4		4	4	4	4	4	4	4	4	4	4	4		4	4	4	4	
Lipids	4	4								4			4	4	4			4		4	
Thyroid Function	4	4																			
Serology	7	7														7					
EBV IgG	2																				
CMV IgG, CMV IgM		4														4					
Coagulation (PT, PTT, INR)	5	5	5																		
Blood Type & HLA		11																			
Crossmatch		10																			
PRA		10																			
Fasting and 2 post-prandial (1-3 hrs) c-pep				9	9																
Sirolimus drug levels (trough)			4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4
Tacrolimus drug level (trough)			4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4
EBV by PCR		4																			
CMV by PCR		4								4			4								
CENTRAL LABORATORY AND METABOLIC ASSESSMENTS																					
GFR (5 timed specimens/timept; 2 ml each)	10	10						10		10					10	10					10
HbA1c	2	2								2			2	2	2	2	2	2	2	2	2
Fasting glucose & c-pep / serum creatinine	2	2						2	2	2	2	2	6	6	2	2					
60, 90 min c-pep, gluc (MMTT) / serum creat	4																				
90 min c-pep, gluc (MMTT) / serum creat										2			2	2	2	2			2		2
Insulin modified FSIGT (c-pep, insulin, gluc)		48								48					48	48					
Atherogenic profile		8.5														8.5					8.5
CENTRAL MECHANISTIC ASSAYS																					
Alloantibody	2	2								2			2	2	2	2			2		2
Autoantibody		2								2			2	2	2	2			2		2
TAT, c-peptide & C3a		2	8																		
CENTRAL ARCHIVED SAMPLES																					
Serum		4								4			4	4	4	4					
PBMC / Plasma		10								10			10	10	10	10					
TOTALS (mls)	51.0	162.5	26.0	17.0	26.0	17.0	17.0	29.0	19.0	107.0	19.0	19.0	53.0	49.0	103.0	109.5	19.0	29.0	19.0	47.5	4.0
BL - WK 6 TOTAL (mls)	294.5																				
YEAR 1 TOTAL (mls)	891.0																				
YEAR 2 TOTAL (mls)	118.5																				

* 13, 13a, and 13b
 ** 14, 14a, and 14b

Appendix 1: Kit Supply Order Form

Please complete form and fax to University of Iowa @ +1-319-335-6580

Protocol #: _____

Site Name: _____ Site Number: _____

Order Date: _____ Due Date @ Site: _____

Requested By: _____ Requestor's phone: _____

Requestor's FAX: _____ Requestor's email: _____

Kit(s) #	QUANTITY
Kit(s) # _____	_____
Kit(s) # _____	_____
Kit(s) # _____	_____
Kit(s) # _____	_____
Kit(s) # _____	_____

You will receive an initial supply of kits for 10 participants upon notice of your site activation. The initial supply of kits will include (1) Kit #1 through Kit# 5, per subject.

Please check your kits' expiration dates and DO NOT order more than a 6 month supply of kits.

Appendix 2: University of Miami Substudy

1. Additional Study Specimen Schedule

For Miami CIT-07 subjects:

Follow the CIT-07 Site Specific Laboratory Manual for collection of central labs, except for the following tests: fasting serum glucose and c-peptide/serum creatinine, and MMTT. The details of these assessments are below.

For the MMTT at Visit 10, 13, 14, 15, Y1, 17, and 19, please combine the MMTT package of 2* tubes (60 minute and 90 minute) and aliquots from kits #6, #7, #8, #9, or #10 and the MMTT package of tubes (9) and aliquots from kit #3Y to complete all of the time points.

Central Laboratory Assessments					
Assessment	Laboratory	Visit / Time-point	Volume	Collection Container	Shipping Instructions
Fasting serum glucose and c-peptide / serum creatinine	University of Washington	V04,05,06,07, 08a,08b,08c,09, 10a,10b	2 mL Blood	(1) 3.5-mL Gold SST	Ship on dry ice in batches at least weekly. Ship Monday – Thursday only.
MMTT: Stimulated serum Glucose and c-peptide (Boost Extra, 15,30,60*90*, 120,150,180, 210,240,270,300 min)	University of Washington	V10,13,14,15,Y1,17,19	22 mL Total Blood 2 mL at 15,30,60, 90,120,150,180,210, 240,270, and 300 minutes each	(11) 3.5-mL Gold SST	Ship on dry ice in batches at least weekly. Ship Monday – Thursday only.

*These tubes and cryovials are included in the parent kit (kits #6, 7, 8, 9,10 or 11).

2. Additional Study Kit Components

For Miami CIT-07 subjects:
 Follow the CIT-07 Site-Specific Laboratory Manual for kit components and the kits listed below.

<p>VISIT 04 – 07 Days 3,7,14,21</p> <p>VISIT 8a-8c Days 35, 42, 49</p> <p>VISIT 10 a Day 90</p> <p>VISIT 10 b Day 105</p>	<p>KIT #5</p>	<p>Fasting Serum Glucose, C-Peptide, Creatinine (1) 3.5-mL Gold SST (2) 1.8-mL Cryogenic Vials</p>
<p>VISIT 10 Day 75</p> <p>VISIT 13 Day 180</p> <p>VISIT 14 Day 270</p> <p>VISIT 15 Day 365</p> <p>VISIT Y1 365 days post-initial transplant</p> <p>VISIT 17 Month 18</p> <p>VISIT 19 Month 24</p>	<p>KIT #3Y</p>	<p>MMTT (stimulated glucose and c-peptide) (9) 3.5-mL Gold SST (18) 1.8-mL Cryogenic Vials</p>

See Appendix 1 for kit supply order form.