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**FOLLOW-UP SMOKING, ALCOHOL, DRUG USE AND PHYSICAL ACTIVITY (F12)**

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**SECTION B: CIGARETTE USE**

**The following are some personal questions about your cigarette use. Please circle the number that best matches your answer.**

B1. In the past year, have you smoked a whole cigarette, cigar, cigarillo or little cigar?

Yes..... 1

No..... 2 **(Skip to C1)**

B2. Do you currently smoke cigarettes, cigars, cigarillos or little cigars?

Yes..... 1 **(Skip to B3)**

No..... 2

a. How old were you when you stopped smoking?

\_\_\_ \_\_\_ years of age

b. While smoking, what was the average number of cigarettes, cigars, cigarillos or little cigars you smoked per week?

\_\_\_ \_\_\_ \_\_\_ number of cigarettes, cigars, cigarillos or little cigars

**(Skip to C1)**

B3. In the past year, what is the average number of cigarettes, cigars, cigarillos or little cigars you smoke per week?

\_\_\_ \_\_\_ \_\_\_ number of cigarettes, cigars, cigarillos or little cigars

**SECTION C: ALCOHOL USE**

**Please answer some more personal questions; these are about drinking alcohol. Remember your answers are confidential. In these questions drinking alcohol does not include a few sips of wine for religious purposes. Drinking alcohol includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For example, drinking alcohol includes drinking one bottle/can of beer, a glass of wine or a shot of rum.**

C1. In the past year, have you had a drink of alcohol?

Yes..... 1

No..... 2 **(Skip to D1)**

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C2. In the past year, on how many occasions have you had at least one drink of alcohol?

\_\_\_ \_\_\_ \_\_\_ times

C3. In the past year, on a typical occasion, how many alcoholic drinks did you have?

\_\_\_ \_\_\_ drinks

**SECTION D: DRUG USE**

**The following are personal questions about your use of street drugs to get high. Street drugs include marijuana, inhalants (i.e., glue, paint or aerosol spray cans) and ecstasy. Remember your answers will be kept private.**

D1. In the past year, have you used "street drugs"?

Yes..... 1

No..... 2 **(Skip to E1)**

D2. In the past year, how many times have you used marijuana? Marijuana is also called grass, pot, weed, or chronic.

\_\_\_ \_\_\_ \_\_\_ times

D3. In the past year, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

\_\_\_ \_\_\_ \_\_\_ times

D4. In the past year, how many times have you used ecstasy (also called MDMA)?

\_\_\_ \_\_\_ \_\_\_ times

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**SECTION E: PHYSICAL ACTIVITY**

The next questions ask about your physical activity.

- E1. On how many of the past 7 days did you exercise or participate in physical activity for **at least 20 minutes that made you sweat and breathe hard**, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?

\_\_\_\_\_ days

- E2. On how many of the past 7 days did you participate in physical activity for **at least 30 minutes that did not** make you sweat and breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower or mopping floors?

\_\_\_\_\_ days

- E3. On how many of the past 7 days were you physically active for a total of **at least 60 minutes per day?** (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)

\_\_\_\_\_ days

- E4. In the past year, on an average school day, how many hours do you watch TV?

I do not watch TV on an average school day.....	1
Less than 1 hour per day.....	2
1 hour per day.....	3
2 hours per day.....	4
3 hours per day.....	5
4 hours per day.....	6
5 or more hours per day.....	7

- E5. In the past year, on an average school day, how many hours do you play videogames and/or use the computer?

I do not play video games and/or use a computer an average school day.....	1
Less than 1 hour per day.....	2
1 hour per day.....	3
2 hours per day.....	4
3 hours per day.....	5
4 hours per day.....	6
5 or more hours per day.....	7

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E6. In the past year, in an average week when you are in school, on how many days do you go to physical education (PE) classes?

\_\_\_\_ \_\_\_\_ days (If "0", Skip to E8)

E7. In the past year, during an average physical education (PE) class, how many minutes do you spend actually exercising or playing sports?

- Less than 10 minutes per day..... 1
- 10 to 20 minutes per day..... 2
- 21 to 30 minutes per day..... 3
- 31 to 40 minutes per day..... 4
- 41 to 50 minutes per day..... 5
- 51 to 60 minutes per day..... 6
- More than 60 minutes per day..... 7

E8. In the past year, on how many sports teams did you play? (Include any teams run by your school or community groups.)

\_\_\_\_ \_\_\_\_ teams

F1. **TIME MODULE ENDED:** |\_|\_| : |\_|\_| AM..... 1  
PM..... 2

**THANK YOU FOR YOUR TIME AND EFFORT.**