

# PHYSICAL EXAMINATION (PE)

## Chronic Kidney Disease in Children (CKiD)

### SECTION A: GENERAL INFORMATION

A1. PARTICIPANT ID: AFFIX ID LABEL OR ENTER NUMBER IF ID LABEL IS NOT AVAILABLE

|\_| - |\_|\_| - |\_|\_|\_|

A2. CKiD VISIT #:   0     1     a  

A3. FORM VERSION:   0     1   /   0     1   /   0     5  

A4. DATE OF VISIT:       /       /              
M M D D Y Y Y Y

A5. EXAMINER'S INITIALS:         

**SECTIONS B – G can be completed by a Nurse or other Health Care Provider with CKiD Training**

### SECTION B: VITAL SIGNS

- B1. a. Temperature:       .    (°C)  
b. How was the temperature measured? **(Please circle the type of measurement.)**  
Oral..... 1  
Axillary..... 2  
Tympanic..... 3
- B2. Pulse Measurement  
a. Number of Heart Beats per minute:
- B3. Local Clinical Blood Pressure (i.e. Dinamap):          /
- B4. Respiratory Rate a. Respirations per minute:

### SECTION C: WEIGHT

- C1. Child Weight:  
a. First Measurement:          .    (kg)  
b. Second Measurement:          .    (kg)  
i. Do the first and second measurements differ by more than 0.2 Kg?  
Yes..... 1  
No..... 2 **(Complete Specimen Collection Form)**  
ii. Third Measurement:          .    (kg)

**STOP HERE AND COMPLETE SPECIMEN COLLECTION FORM**

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### SECTION D: HEIGHT

#### D1. Child Length/Height

- a. Device used to obtain length/height **(Please circle the device used.)**

Measuring table with firm block and moveable  
footboard..... 1

Wall mounted stadiometer..... 2

- b. First Measurement:      \_\_\_ \_\_\_ \_\_\_ . \_\_\_ (cm)

- c. Second Measurement:    \_\_\_ \_\_\_ \_\_\_ . \_\_\_ (cm)

- i. Do the first and second measurements differ by more than 0.3 cm?

Yes..... 1

No..... 2 **(Skip to D2)**

- ii. Third Measurement:    \_\_\_ \_\_\_ \_\_\_ . \_\_\_ (cm)

#### D2. Parental Height

- a. Which Parent?

Father..... 1

Mother..... 2

Parent not present at visit..... 3 **(Skip to E1)**

- b. First Measurement:      \_\_\_ \_\_\_ \_\_\_ . \_\_\_ (cm)

- c. Second Measurement:    \_\_\_ \_\_\_ \_\_\_ . \_\_\_ (cm)

- i. Do the first and second measurements differ by more than 0.3 cm?

Yes..... 1

No..... 2 **(Skip to E1)**

- ii. Third Measurement:    \_\_\_ \_\_\_ \_\_\_ . \_\_\_ (cm)

**PHYSICAL EXAMINATION (PE)****SECTION E: BLOOD PRESSURE USING MABIS-MEDIC-KIT ANEROID**

## E1. Mid Arm Circumference

- a. First Measurement: \_\_\_\_ \_\_\_\_ . \_\_\_\_ (cm)
- b. Second Measurement: \_\_\_\_ \_\_\_\_ . \_\_\_\_ (cm)
- i. Do the first and second measurements differ by more than .2 cm?  
 Yes..... 1  
 No..... 2 (Skip to E2)
- ii. Third Measurement: \_\_\_\_ \_\_\_\_ . \_\_\_\_ (cm)

**USE THE MID-ARM CIRCUMFERENCE MEASUREMENTS TO SELECT THE APPROPRIATE BP CUFF.**

## E2. a. Cuff size used (Please circle the cuff size used.)

- Infant (< 18.0 cm)..... 1  
 Child (18.0 to 26.0) ..... 2  
 Adult (>26.0 cm to 39.0 cm) ..... 3  
 Large Adult (>39.0 cm to 48.0 cm) ..... 4  
 Thigh (>48.0 to 62.0cm) ..... 5

- The cuff tubing should be attached to the Mabis Medic-Kit Aneroid sphygmomanometer.
- While palpating the radial pulse (at the wrist), observe sphygmomanometer and inflate the cuff rapidly to 60 mmHg and then slowly inflate in increments of 10 mmHg until the pulse is no longer felt.
- If the pulse is still felt, the cuff pressure should be increased until the pulse disappears. Either the first or the second of these procedures will identify the Observed Pulse Obliteration Pressure.

- b. Observed Pulse Obliteration Value \_\_\_\_ \_\_\_\_ \_\_\_\_

**ADD 30 mm Hg TO THE OBSERVED PULSE OBLITERATION VALUE TO CALCULATE THE PEAK INFLATION LEVEL**

- c. Peak Inflation Pressure: \_\_\_\_ \_\_\_\_ \_\_\_\_
- d. First Blood Pressure Reading: \_\_\_\_ \_\_\_\_ \_\_\_\_ / \_\_\_\_ \_\_\_\_ \_\_\_\_  1) K4  2) K5

**WAIT AT LEAST 30 SECONDS BETWEEN MEASUREMENTS.  
 AFTER FIRST AND SECOND BLOOD PRESSURE READING, RAISE CHILD'S ARM FOR 15 SECONDS  
 (MAKE SURE THE CHILD IS NOT SUPPORTING THE ARM AT ALL.)**

In some patients, the disappearance of sound, i.e. the fifth Korotkoff sound (K5), never occurs and beats can be heard during the entire deflation period. In these circumstances, the fourth Korotkoff sound (K4) should be used to determine the diastolic blood pressure. The fourth Korotkoff sound at the point during deflation where the quality of the sound changes dramatically (e.g. the quality of the beats become muffled.)

- e. Second Blood Pressure Reading: \_\_\_\_ \_\_\_\_ \_\_\_\_ / \_\_\_\_ \_\_\_\_ \_\_\_\_  1) K4  2) K5
- f. Third Blood Pressure Reading: \_\_\_\_ \_\_\_\_ \_\_\_\_ / \_\_\_\_ \_\_\_\_ \_\_\_\_  1) K4  2) K5

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**SECTION F: HEAD CIRCUMFERENCE**

- F1. Is the child less than 3 years old?  
 Yes..... 1  
 No..... 2 **(Skip to G1)**
- F2. Head Circumference  
 a. First Measurement: \_\_\_\_ \_\_\_\_ (cm)  
 b. Second Measurement: \_\_\_\_ \_\_\_\_ (cm)  
     i. Do the first and second measurements differ by more than .3 cm?  
         Yes..... 1  
         No..... 2 **(Skip to G1)**  
     ii. Third Measurement: \_\_\_\_ \_\_\_\_ (cm)

**SECTION G: EDEMA**

- G1. Edema..... \_\_\_\_  
 (Enter highest code. Code 0=none, 1=facial, 2=pretibial, 3=above knee, 4=presacral, 5=ascites, 6=anasarca)

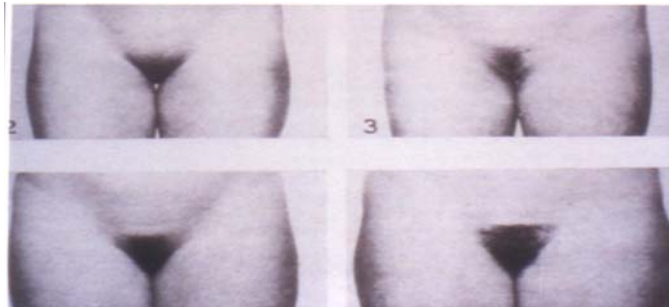
**SECTION H should be completed by a Pediatrician, Nurse Practitioner, or Physician Assistant**

**SECTION H: TANNER STAGING**

- H1. What is the participant's gender?  
 Male..... 1 **(Skip to H4)**  
 Female..... 2

**USE THE ASSESSMENT OF PUBERTAL STAGE LAMINATED CARD AND PICTURES TO ANSWER THE FOLLOWING QUESTIONS**

- H2. If female participant, what is the developmental stage of her pubic hair?  
 Pre-pubertal..... 1  
 Sparse growth of slightly pigmented hair..... 2  
 Darker, coarser, beginning to curl and spread over the symphysis 3  
 Hair has adult characteristics but not adult distribution..... 4  
 Adult..... 5

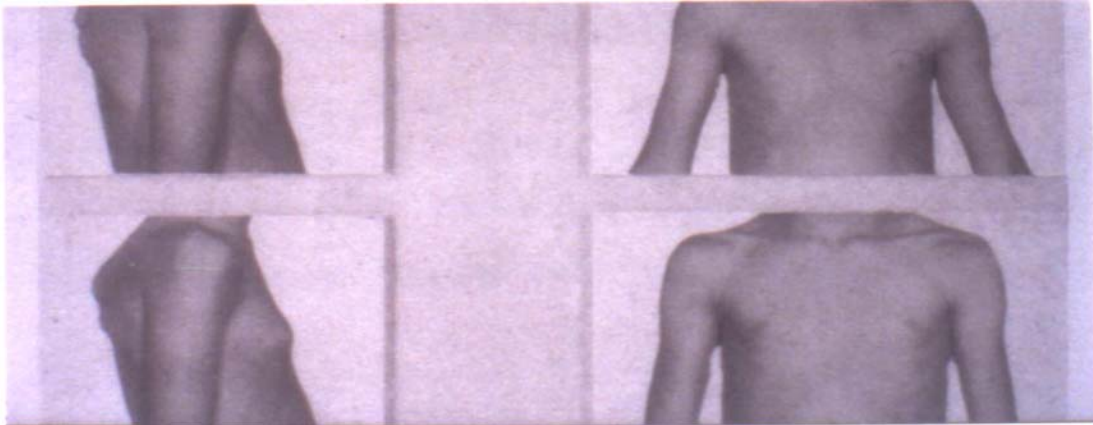


**PHYSICAL EXAMINATION (PE)**

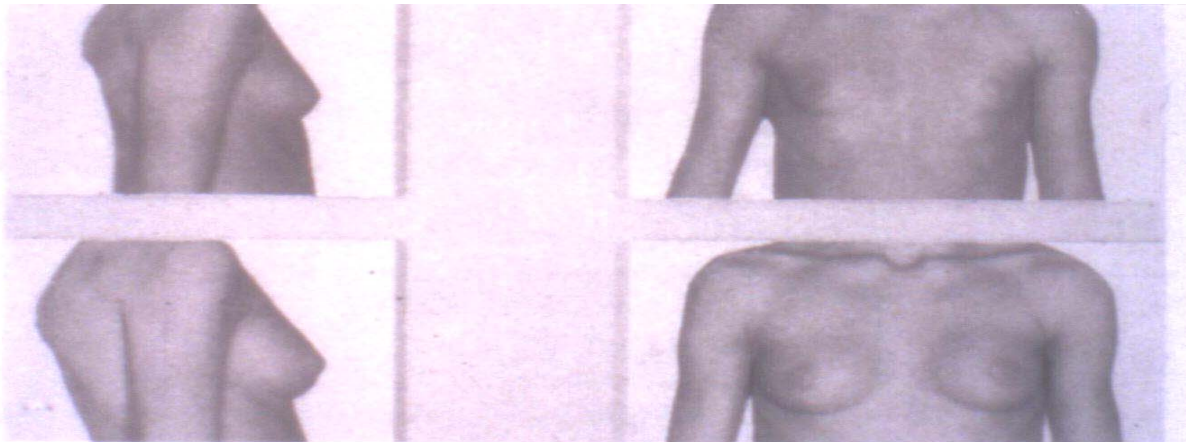
H3. If female participant, what is the developmental stage of her breasts?

- (Stage 1) Pre-pubertal..... 1 (Skip to I1)
- (Stage 2) Budding..... 2 (Skip to I1)
- (Stage 3) Small adult breasts..... 3 (Skip to I1)
- (Stage 4) Areola and papilla form secondary mound..... 4 (Skip to I1)
- (Stage 5) Adult breasts..... 5 (Skip to I1)

**STAGE 1 and STAGE 2**



**STAGE 3 and STAGE 4**



**STAGE 5**



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H4. If male participant, what is the developmental stage of his testes and scrotum?

- Pre-pubertal..... 1
- Enlargement of testes, scrotal reddening..... 2
- Increasing length more than width of penis, further scrotal enlargement..... 3
- Further penile enlargement, darkening of scrotal skin... 4
- Adult..... 5

H5. If male participant, what is the developmental stage of his pubic hair?

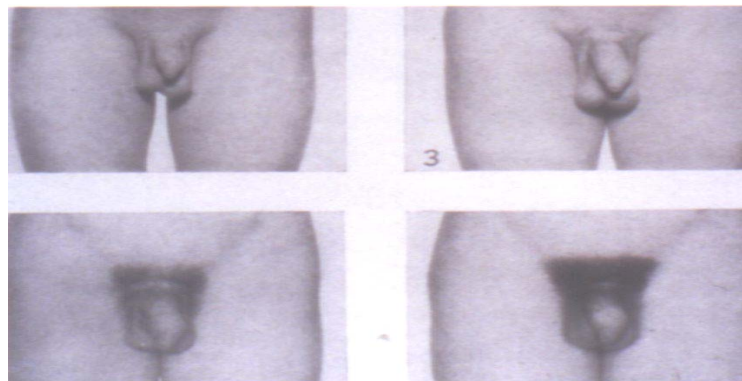
- Pre-pubertal..... 1
- Sparse growth of slightly pigmented hair..... 2
- Darker, coarser, beginning to curl and spread over the symphysis..... 3
- Hair has adult characteristics but not adult distribution.. 4
- Adult..... 5

**USE THE ORCHIDOMETER (THE GREEN BEADS) PROVIDED BY CKiD.**

H6. If male participant, what is the testicular size per the orchidometer?

- Bead 1, 2 or 3..... 1
- Bead 4..... 2
- Bead 5..... 3
- Bead 6..... 4
- Bead 8..... 5
- Bead 10..... 6
- Bead 12..... 7
- Bead 15..... 8
- Bead 20..... 9
- Bead 25..... 10

**MALE GENITALIA**



## PHYSICAL EXAMINATION (PE)

### SECTION I: PROBLEMS

11. Were there any sections of the physical exam form that were difficult to complete or not completed (i.e., participant was irritable and/or crying during blood pressure measurement and therefore, unable to obtain 1 of the 3 blood pressure measurements)?

- Yes..... 1  
 No..... 2 **(END HERE)**

12. Please indicate the section of the physical exam form that was difficult to obtain data or not completed. Please circle yes or no to each section.

	Yes	No	
a. <b>Section B:</b> Vital Signs.....	1	2	<b>(skip to b)</b>
i. Please specify: _____ _____			
b. <b>Section C:</b> Weight.....	1	2	<b>(skip to c)</b>
i. Please specify: _____ _____			
c. <b>Section D:</b> Height.....	1	2	<b>(skip to d)</b>
i. Please specify: _____ _____			
d. <b>Section E:</b> Blood Pressure Measure using Mabis Medic Kit.....	1	2	<b>(skip to e)</b>
i. Please specify: _____ _____			
e. <b>Section F:</b> Head Circumference for children less than 3 years old	1	2	N/A <b>(skip to f) (skip to f)</b>
i. Please specify: _____ _____			
f. <b>Section G:</b> Edema.....	1	2	<b>(skip to g)</b>
i. Please specify: _____ _____			
g. <b>Section H:</b> Tanner Staging.....	1	2	<b>(END HERE)</b>
i. Please specify: _____ _____			