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N** CHRONIC
PROSTATITIS
COHORT

How To Complete Your Voiding Log

The Voiding Log must be completed for screening clinic visit #2, as well as the 12-month, 24-month, and the 36-month clinic visits, according to the following guidelines:

1. Before the scheduled clinic visit, record the times and amounts of each urination for a 24-hour period.
2. On the first page, enter the date and the time when you started keeping track of each urination.
3. The date and time you ended the log should be 24 hours after the start time. It is important to ensure you have collected a full 24-hour's worth of data.
4. For each urination, measure the amount in CC's.
5. If you woke up because you had to urinate, then indicate so by answering "Yes" to the question "Did you wake to void?".
6. Please use **black** ink.

Example:

Time of void	AM/PM	Amount voided (CC's)	Did you wake to void?
<u> </u> <u>8</u> : <u>2</u> <u>3</u>	<input checked="" type="checkbox"/> ₁ am <input type="checkbox"/> ₂ pm	100	<input checked="" type="checkbox"/> ₁ Yes <input type="checkbox"/> ₀ No
<u>1</u> <u>1</u> : <u>0</u> <u>5</u>	<input checked="" type="checkbox"/> ₁ am <input type="checkbox"/> ₂ pm	130	<input type="checkbox"/> ₁ Yes <input checked="" type="checkbox"/> ₀ No
<u>1</u> <u>2</u> : <u>5</u> <u>0</u>	<input type="checkbox"/> ₁ am <input checked="" type="checkbox"/> ₂ pm	80	<input type="checkbox"/> ₁ Yes <input checked="" type="checkbox"/> ₀ No