1. For the past 2 months, have you/your child consumed bread, crackers, or pasta made from wheat flour? Yes
2. a. Have you / your child consumed a normal diet? Yes

No
b. If avoiding any foods, which ones?
3. Do you/your child have any of the following symptoms? Yes No

## If yes, for each of the symptoms or illnesses below, please indicate how often it occurred and how bothersome it was, in the last year.

| How Often? | How bothersome? |  |  |
| :--- | :--- | ---: | :--- |
| 1 | Occurs about once a month | 1 | Slightly bothersome when occurs |
| 2 | Occurs about once a week | 2 | Moderately bothersome when occurs |
| 3 | Occurs several times a week | 3 | Severely bothersome when occurs |
| 4 | Occurs daily | 4 | Extremely bothersome when occurs |


| Symptoms | N/Y | How Often | How bothersome |
| :---: | :---: | :---: | :---: |
| 1. Diarrhea | No Yes | 1234 | $\begin{array}{llll}1 & 2 & 3\end{array}$ |
| 2. Abdominal Pain | No Yes | $\begin{array}{llll}1 & 2 & 3\end{array}$ | $\begin{array}{lllll}1 & 2 & 3 & 4\end{array}$ |
| 3. Constipation | No Yes | 1234 | $\begin{array}{llll}1 & 2 & 3\end{array}$ |
| 4. Vomiting | No Yes | $\begin{array}{llll}1 & 2 & 3\end{array}$ | $\begin{array}{llll}1 & 2 & 3\end{array}$ |
| 5. Irritability | No Yes | 123 | $\begin{array}{llll}1 & 2 & 3\end{array}$ |
| 6. Decreased energy | No Yes | $\begin{array}{llll}1 & 2 & 3\end{array}$ | $\begin{array}{lllll}1 & 2 & 3 & 4\end{array}$ |
| 7. Gassy or burpy or abdominal distension | No Yes | 1234 | $\begin{array}{llll}1 & 2 & 3\end{array}$ |
| 8. Itching and or rash | No Yes | 1234 | 1234 |
| 9. Edema (swelling) | No Yes | 1234 | 1234 |
| 10 Easy bleeding or bruising | No Yes | $\begin{array}{llll}1 & 2 & 3\end{array}$ | $\begin{array}{llll}1 & 2 & 3\end{array}$ |
| 11. Pubertal delay | No Yes | Not Applicable | Not Applicable |
| 12. Problems gaining weight | No Yes | Not Applicable | Not Applicable |
| 13. Short stature | No Yes | Not Applicable | Not Applicable |
| 14. Bone Fractures | No Yes | Not Applicable | Not Applicable |
| 15. Anemia | No Yes | Not Applicable | Not Applicable |

## CLINIC VITAMIN SUPPLEMENT FORM

1. In the past $\mathbf{2 4}$ hours, has your child taken any vitamin supplements? Yes No If yes, continue to questions 2-4. Record all brands/ types of vitamins separately.

| 2. What type of vitamin? (please include $\mathrm{mg} / \mathrm{IU}$ of the vitamin, do not list number of pills) |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Multiple Vitamin |  | Multiple vitamin |  | Multiple vitamin | $\square$ | Multiple vitamin | $\square$ |
| Vit A $\square$ | IU | Vit A $\square$ | IU | Vit A $\square$ | IU | Vit A $\square$ | IU |
| Vit C $\quad \square$ | mg | Vit C $\square$ | mg | Vit C $\square$ | mg | Vit C $\square$ | mg |
| Vit D $\quad \square$ | IU | Vit D $\square$ | IU | Vit D $\quad \square$ | IU | Vit D $\square$ | IU |
| Vit E $\quad \square$ | IU | Vit E $\square$ | IU | Vit E $\square$ | IU | Vit E $\quad \square$ | IU |
| Vit B or BComplex | mg | Vit B or BComplex | mg | Vit B or BComplex | mg | Vit B or BComplex | mg |
| Iron $\quad \square$ | IU | Iron $\square$ | IU | Iron $\quad \square$ | IU | Iron $\square$ | IU |
| Other Specify: | $\mathrm{mg} / \mathrm{IU}$ | Other Specify: | mg/IU | Other $\quad \square$ Specify: $\quad \square$ | $\mathrm{mg} / \mathrm{IU}$ | Other $\quad \square$ <br> Specify: | $\mathrm{mg} / \mathrm{IU}$ |
| 3. What brand of vitamin has your child taken? |  |  |  |  |  |  |  |
| Brand 1 |  | Brand 2 |  | Brand 3 |  | Brand 4 |  |
| 4. How many droppers-full or pills do you usually give? |  |  |  |  |  |  |  |
| Droppers: <br> Pills: |  | Droppers: <br> Pills: |  | Droppers: <br> Pills: |  | Droppers: <br> Pills: |  |

