Diabetes Prevention Program RETENTION AND TREATMENT MONITORING MEASURES

This self-administered form is completed at Screening Step 3 - End, and at Mid-Year Standard Follow-up Visits (End-month 6, 18, 30, 42, 54, 66). Form Q06 includes the following: life events, social provisions scale and family assessment.

Part I / IDENTIFICATION A. Participant Identification CLINIC 1. Clinic number 2. Participant Identification Number (Complete a **OR** b) S SCREEN a. If before randomization, Screening number PATID b. If after randomization, Participant number 3. Participant's initials **INITS** first last 4. Participant's date of birth day month year B. Visit Information 1. Date of visit **MVSTDT** month day year Screening Step 3 - End 2. Type of visit **MVSTTYP** Standard Follow-up 3. Week of visit (If Standard Follow-up) **MVSTWK VISIT** 4. Outcome visit 5. End of Study **MFEOS** No C. Instructions For Administration The participant should complete the questionnaires on the following 7 pages. If the participant is not currently living in a family household, he/she should not complete part IV Family Assessment. When the participant finishes the questionnaires, a clinic staff member must be sure each question has been completed. Blanks should be brought to the participant's attention with a request to try to complete the blank items. Questionnaire completed? Initials of person reviewing completed form Form entered in computer?

first

last

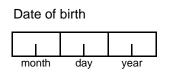
Participant's initials	Date of birth	Date of visit	DPP FORM Q06.
first last	month day year	month day year	November, 1999 Page 2 of 8

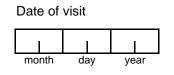
Part II / LIFE EVENTS

During the past 12 months, did any of the following things happen in your life? If it did happen, what kind of effect did it have on your life? Place an X in the box that corresponds with your answer.

		Did not happen	Happened, bad effect	Happened, but no effect	Happened good effec
1.	Someone close to you died.	1 MLDIE	2	3	4
2.	You became engaged, got married, or started a new relationship.	1 MLMARR	2	3	4
3.	You had serious arguments with someone who lives at your home.	1 MLARGH	2	3	4
4.	You had a serious problem with a close friend, relative, or neighbor not living at home.	1 MLFRND	2	3	4
5.	You separated, divorced, or ended an engagement or relationship.	1 MLDVRC	2	3	4
6.	You had arguments or other difficulties with people at work.	1 MLARGW	2	3	4
7.	Someone moved out of your home.	1 MLMOVE	2	3	4
8.	You (or your wife or "partner") had a baby.	1 MLBABY	2	3	4
9.	You were laid off or fired from work.	1 MLFIRE	2	3	4
10.	You resigned or retired from work.	1 MLRETR	2	3	4
11.	You started a completely different job.	1 MLJOB	2	3	4

Par	icipa	ınt's	initia	als		
first last						





DPP FORM Q06.1 November, 1999 Page 3 of 8

Part II / LIFE EVENTS (continued)

		Did not happen	Happened, bad effect	Happened, but no effect	Happened, good effect
12.	There was a big change in the people, duties, hours or responsibilities at your work.	1 MLCHGW	2	3	4
13.	There was a big change in your responsibilities at home.	1 MLCHGH	2	3	4
14.	You had a serious injury.	1 MLINJUR	2	3	4
15.	You had minor financial problems.	1 MLSFIN	2	3	4
16.	You had a major financial crisis.	1 MLBFIN	2	3	4
17.	You were robbed, raped, or assaulted.	1 MLROB	2	3	4
18.	Someone close to you had a sudden serious illness or injury.	1 MLILL	2	3	4
19.	You were arrested.	1 MLARRST	2	3	4
20.	You had a major change in the surroundings where you work or live.	1 MLSURR	2	3	4
21.	During the past 12 months, how much change has there been in your life?	A great of A good b A little. None.			

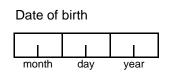
Participant's initials	Date of b	oirth	Date of	visit		DPP FORM Q06.
first last	month	dav	month	day	year	November, 1999 Page 4 of 8

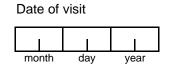
Part III / SOCIAL PROVISIONS SCALE

Read each item and decide which choice indicates how you feel. Then, place an X in the box that corresponds with your answer.

		Strongly Disagree	Disagree	Agree	Strongly Agree
	here are people I can depend n to help me if I really need it.	1 MSIDEPD	2	3	4
cl	feel that I do not have any ose personal relationships ith other people.	1 MSRELA	2	3	4
	here is no one I can turn to or guidance in times of stress.	1 MSNOSTR	2	3	4
	here are people who depend n me for help.	1 MSPDEPD	2	3	4
	There are people who enjoy the same social activities I do.	¹ MSSOS	2	3	4
	other people do not view me s competent.	1 MSCOMP	2	3	4
th	feel personally responsible for ne well-being of another erson.	1 MSNELL	2	3	4
W	feel part of a group of people ho share my attitudes and eliefs.	1 MSGRP	2	3	4
	do not think other people	1 MSSKILL	2	3	4

Participant's initials									
	first last								





DPP FORM Q06.1 Novmeber, 1999 Page 5 of 8

Part III / SOCIAL PROVISIONS SCALE (continued)

		Strongly Disagree	Disagree	Agree	Strongly Agree
	If something went wrong, no one would come to my assistance	. MSNOAST	2	3	4
11.	I have close relationships that provide me with a sense of emotional security and well-being.	1 MSEMOSC	2	3	4
	There is someone I could talk to about important decisions in my life.	1 MSTALK	2	3	4
13.	I have relationships where my competence and skill are recognized.	1 MSRELAT	2	3	4
14.	There is no one who shares my interests and concerns.	1 MSINTR	2	3	4
15.	There is no one who really relies on me for their well-being.	1 MSRELY	2	3	4
16.	There is a trustworthy person I could turn to for advice if I were having problems.	1 MSTRUST	2	3	4
17.	I feel a strong emotional bond with at least one other person.	1 MSEMBOD	2	3	4
18.	There is no one I can depend on for aid if I really need it.	1 MSNODPD	2	3	4
19.	There is no one I feel comfortable talking about problems with.	1 MSCMFRT	2	3	4

Participar	ıt's initials	Date of	birth		Date of vi	isit		DPP FORM Q06.
firet	lact	month	day	Vear	month	day	Vear	Page 6 of 8

Part III / SOCIAL PROVISIONS SCALE (continued)

	Strongly Disagree	Disagree	Agree	Strongly Agree
There are people who admire my talents and abilities.	1 MSADMIR	2	3	4
21. I lack a feeling of intimacy with another person.	1 MSINITM	2	3	4
22. There is no one who likes to do the things I do.	1 MSTODO	2	3	4
23. There are people I can count on in an emergency.	1 MSEMERG	2	3	4
24. No one needs me to care for them anymore.	1 MSCARE	2	3	4

	first last month	n day year	month		November, 1999 Page 7 of 8
<u>Pa</u>	art IV / FAMILY ASSESSMENT			Yes	No
0.	Are you currently living in a family	y household?	MF	YESNO 1	2
	Only complete if you are contain a number of statemand decide how well it des you see your family. Place	nents about families cribes you own fam	s. Please realily. You sho	ad each statement cauld answer according	arefully, g to how
		Strongly Agree	Agree	Disagree	Strongly Disagree
1.	We resolve most everyday problems around the house.	1 MFRESHS	2	3	4
2.	We usually act on our decisions regarding problems.	1 MFACTDC	2	3	4
3.	We try to think of different ways to solve problems.	¹ MFSOLVE	2	3	4
4.	We resolve most emotional upsets that come up.	1 MFRESEM	2	3	4
5.	After our family tries to solve a problem, we usually discuss whether it worked or not.	¹ MFDISC	2	3	4
6.	We confront problems involving feelings.	1 MFCONFR	2	3	4
7.	Individuals are accepted for what they are.	1 MFACCEP	2	3	4
8.	We avoid discussing our fears and concerns.	1 MFAVOID	2	3	4
9.	We can express feelings to each other.	1 MFEXPR	2	3	4

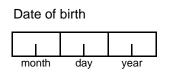
Date of visit

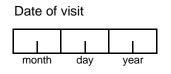
DPP FORM Q06.1

Participant's initials

Date of birth

Participant's initials									
	first last								





DPP FORM Q06.1 November, 1999 Page 8 of 8

Part IV / FAMILY ASSESSMENTS (continued)

		Strongly Agree	Agree	Disagree	Strongly Disagree
10.	We feel accepted for what we are.	1 MFFLACC	2	3	4
11.	We don't get along well together.	. MFALONG	2	3	4
12.	We confide in each other.	1 MFCONFI	2	3	4
13.	We cannot talk to each other about the sadness we feel.	1 MFSAD	2	3	4
14.	Planning family activities is difficult because we mis- understand each other.	1 MFPLAN	2	3	4
15.	In times of crisis we can turn to each other for support.	1 MFCRISI	2	3	4
16.	We are able to make decisions about how to solve problems.	1 MFSLVPR	2	3	4
	There are lots of bad feelings in the family.	1 MFBADFL	2	3	4
18.	Making decisions is a problem for our family.	1 MFDECPR	2	3	4