

Participant ID

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Nickname

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Outcome visit

01M	02M	03M	04M	05M	06M	07M	08M	09M	10M	11M
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Diabetes Prevention Program - Outcomes Study

**F01 MID-YEAR VISIT INVENTORY**

This form is completed at in-clinic mid-year visits (01M, 02M, 03M . . .).  
Form F01 records the following: weight, blood pressure, pregnancy information, serious adverse events, study metformin and concomitant medications.

**Part I / IDENTIFICATION**

A. Participant Identification

1. Clinic number

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2. Participant number

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3. Nickname

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4. Date of randomization

month	day	year				

5. Sex

Male  Female

6. Outcome visit

01M	02M	03M	04M	05M	06M	07M	08M	09M	10M	11M
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VISIT

7. Date of visit

month	day	year				

QVSTDT  
replaced with  
DAYSRAND

Identification code of person reviewing completed form 

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 Form entered in computer?

FORMIN

Participant ID

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**Part II / PHYSICAL AND HISTORY**

**B. Blood Pressure**

1. Seated Arm Blood Pressure

a. Blood Pressure Reading 1  
(after sitting 5 minutes)

Systolic                      Diastolic

**QPSBP1**

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 / 

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 mmHg    **QPDBP1**

b. Blood Pressure Reading 2  
(after waiting 30 seconds)

**QPSBP2**

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 / 

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 mmHg    **QPDBP2**

Inform participant and PCP via letter if

- The participant is **NON-DIABETIC** and if systolic BP  $\geq 140$  or diastolic BP  $\geq 90$  on the mean of 1a and 1b.  
OR
- The participant is **DIABETIC** and if systolic BP  $\geq 130$  or diastolic BP  $\geq 80$  on the mean of 1a and 1b.

**C. Anthropometrics**

1. Weight

a. First measurement

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 kg    **QPWGHT1**

b. Second measurement

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 kg    **QPWGHT2**

Record 1c. only if first 2 measurements are not within 0.2 kg (200gm).

c. Third measurement

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 . 

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 kg    **QPWGHT3**

**D. Events**

1. Since the last contact or visit, has the participant experienced any of the following?

*CHECK ALL THAT APPLY*

- a. Any acute life threatening event?..... 

1
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**QPACTT**
- b. Permanent or severe disability?..... 

1
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**QPDISA**
- c. Required or prolonged hospitalization?..... 

1
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**QPHOSP**
- d. Overdose of any medication?..... **QPOVDO**

1
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**QPOVDO**
- e. Pregnancy resulting in congenital abnormality or birth defect?..... 

1
---

**QPCONG**
- f. Required intervention or treatment to prevent serious adverse event? 

1
---

**QPTSAE**
- g. Possible CVD event? ..... 

1
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**QPPCVD**

If checked, complete E08 for each event.

If any of questions a. – g. are checked, complete a separate E08 for each event. For multiple CVD events that may occur during the same hospitalization, complete an E08 for the first CVD diagnosis and report subsequent events (from the same hospitalization) on the same E08 form.

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Complete this section for all participants.

E. Concomitant Medications

1. Has the participant taken any **PRESCRIPTION** medications within the past 2 weeks (excluding study metformin)?

Yes

No

QMRXDQ

If YES, list below:

	Medicine Description		Route																				
a.		QMRXDAM	<del> <table border="1"> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </table> </del>																				
b.		QMRXDBM																					
c.		QMRXDCM																					
d.		QMRXDDM																					
e.		QMRXDEM																					
f.		QMRXDFM																					
g.		QMRXDGM																					
h.		QMRXDHM																					
i.		QMRXDIM																					
j.		QMRXDJM																					

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**Part III / MLS PARTICIPANT SECTION**

**Complete question F1 for all MLS participants. Complete the rest of section F if participant has taken study metformin since last visit. IF NOT MLS, STOP. FORM IS COMPLETE.**

F. Metformin Status

1. Has the participant taken any STUDY METFORMIN since the last visit? Yes  1 No  2 **QMTAKM**

**IF NO, PROCEED to Section H.  
IF YES, CONTINUE with Section F.**

- a. Daily dose of METFORMIN per protocol 850 mg  1 1700 mg  2 **QMDOSE**

- b. What is your best estimate of the participant's level of exposure to metformin per protocol? <80%  1 **QMCOMP**  
≥80%  2  
did not return pill container  3

2. Since the last visit, has the participant had any problems taking his/her metformin pills as prescribed? Yes  1 No  2 **QMPROB**

**IF YES, what are the main problems in taking pills as prescribed?**

*CHECK ALL THAT APPLY*

- a. Forgets to take pills in general .....  1 **QMFORG**
- b. Forgets to take evening dose .....  1 **QMEVEN**
- c. Inconvenient to take pills as prescribed .....  1 **QMINCON**
- d. GI reaction to pills .....  1 **QMGIRCT**
- e. Disruption of regular routine .....  1 **QMDISRP**
- f. Hospitalization/new illness/ medical reason.....  1 **QMMEDC**
- g. Lack of motivation .....  1 **QMMOTV**
- h. Lost/misplaced pills .....  1 **QMLOST**
- i. Other (specify): \_\_\_\_\_  1 **QMSPEC**

Participant ID

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3. If YES to Question 2, what plan or strategy will the participant use to deal with this problem?

**CHECK ONE MAIN STRATEGY**

- Will continue current plan.....  1 **QMSTRAT**
- New time routine.....  2
- New strategy/routine.....  3
- New reminder device.....  4
- Change type and/or frequency of DPP-OS staff communication...  5
- Does NOT want to deal with the problem.....  6
- Other (specify): \_\_\_\_\_ **QMSTRSPEC**  7

If option 1 (will continue current plan) is selected,

**CHECK ALL THAT APPLY**

- i. time routine (e.g. time of day, meal time)  1 **QMTIME**
- ii. strategy routine (e.g. takes with other pills; medication in a convenient place)  1 **QMSTRRO**
- iii. reminder device (e.g. pill box, calendar)  1 **QMRMND**
- iv. other  1 **QMOTHR**

G. Pregnancy Questions

Complete this question for all MLS women who are actively taking study metformin.

1. Does the participant have reproductive potential? Yes  1 No  2 **QPPREM**

If YES, review menstrual history, confirm use and form of contraception and CONTINUE.

a. Date of last menstrual period       **QPDOLM**  
month day year

i. Menstrual period more than one week late? Yes  1 No  2 **QP1WK**

Participant ID

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Nickname

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**IF 1.a.i is YES, a pregnancy test must be performed.  
IF NO, skip to question 1. b.**

a.) Date of pregnancy test

month			day			year				

QPDOPT

b.) Result of pregnancy test

Positive <sup>1</sup>      Negative <sup>2</sup>      QPREG

**IF POSITIVE, study metformin must be discontinued and a Pregnancy Confirmation Report (Form E04) must be completed. THIS FORM IS COMPLETE.**

b. Does the participant plan on becoming pregnant within the next 6 months?

Yes <sup>1</sup>      No <sup>2</sup>      QPLAN

**IF YES, study metformin must be discontinued.**

H. Dispensing of Metformin

**Complete the Metformin Safety Assessment Checklist for all participants receiving study metformin before metformin is dispensed.**

1. How many months of metformin was dispensed (0, 3, 6)? .....  QMDISP

METFORMIN LABEL

Remove label from metformin before dispensing and affix here.
---

METFORMIN LABEL

Remove label from metformin before dispensing and affix here.
---

**IF metformin is NOT dispensed for reasons other than a previously reported permanent condition, a Metformin Discontinuation Form (Form F07) must be completed.**