



Participant ID

Nickname

Outcome Visit   08M     10M

c. Specify scores for each hand:

	Dominant hand	Other hand
1. Trial 1.....	P09DHND1 <input type="text"/> <input type="text"/> Kg-force	<input type="text"/> <input type="text"/> P09OHND1 Kg-force
2. Trial 2.....	P09DHND2 <input type="text"/> <input type="text"/> Kg-force	<input type="text"/> <input type="text"/> P09OHND2 Kg-force
3. Trial 3.....	P09DHND3 <input type="text"/> <input type="text"/> Kg-force	<input type="text"/> <input type="text"/> P09OHND3 Kg-force

C. Balance Tests

Participants must be able to stand unassisted without the use of a cane or walker. The participant is asked to maintain the feet in **side-by-side**, **semi-tandem** (heel of one foot beside the big toe of the other foot), and **tandem** (heel of one foot in front and touching the other foot) positions for 30 SECONDS each. You may demonstrate each test first.

If the participant is able to complete the three initial balance tests (side-by-side, semi-tandem, and tandem), the **single-leg stand** will be evaluated asking the participant to try to stand on one foot for as long as he or she can (for a maximum of 60 seconds). Either leg can be used for this test.

The participant may use the arms, bend the knees, or move the body to maintain balance.

1. Were any of the balance tests completed? Yes  1 No  2 P09BAL

If NO,

a. Reason:  P09BALR

If YES,

b. Did the participant attempt the side-by-side test? Yes  1 No  2 P09SBS

If YES,

1. How long was the participant able to maintain balance during this test? P09SBSND   seconds •   centiseconds

If the participant was unable to maintain balance for 30 seconds, do not proceed to further balance tests and SKIP to section D (Gait Speed Test).

c. Did the participant attempt the semi-tandem test? Yes  1 No  2 P09ST

If YES,

1. How long was the participant able to maintain balance during this test? P09STSND   seconds •   centiseconds

If the participant was unable to maintain balance for 30 seconds, do not proceed to further balance tests and SKIP to section D (Gait Speed Test).

Participant ID

Nickname

Outcome Visit   08M     10M

d. Did the participant attempt the tandem test?

Yes   No   P09T

**If YES,**

1. How long was the participant able to maintain balance during this test?

P09TSND   seconds .   centiseconds

**If the participant was unable to maintain balance for 30 seconds, do not proceed to the single-leg stand test and SKIP to section D (Gait Speed Test).**

e. Did the participant attempt the single-leg stand test?

Yes   No   P09SLS

**If YES,**

1. How long was the participant able to maintain balance during this test?

P09SLSND   seconds .   centiseconds

D. Gait Speed Test

**Participants are instructed to walk 15 feet (4.5 meters) on a pre-specified course in the manner that they normally walk (like walking down the street to go to the store). If they use a cane (or other walking aid) to walk a short distance, then they may use it. You may demonstrate the walk for the participant.**

1. Was the gait speed test completed?

Yes   No   P09GAIT

**If NO,**

a. Reason:

P09GAITR

**If YES,**

b. Was a walking-aid used?

Yes   No   P09WAID

c. Walk 1 completion time

P09WSND1   seconds .   centiseconds

d. Walk 2 completion time

P09WSND2   seconds .   centiseconds

E. Chair Stand Test

**Participants are asked to stand up straight five times, with arms kept folded across the participant's chest, as quickly as they can and without stopping in between. After standing up each time, the participant must sit down and then stand up again. You may demonstrate the test for the participant.**

1. Was the **five** chair stand test completed?

Yes   No   P09CHAIR

**If NO,**

a. Reason:

P09CHAIRR

**If YES,**

b. **Five** chair stand test completion time

P09CHSND   seconds .   centiseconds