Participo	ınt ID)		_	Nick	nam	е		_	Outo	Outcome				

		Diabetes Prevent Q21 Activities of						
	This form is interviewer-administere	ed in person or over the r	phone at the 15A a	nd 17A visit.				
	A. Participant Identification							
	1. Clinic number							
	2. Participant number							
	3. Nickname							
	4. Date of randomization	on			month day	ye	ar	
	5. Sex				Male 1	Female	2	
	6. Outcome visit				VISI	Γ		
	7. Date of visit			Q21VSTDT Replaced with	month day	ye-	ar	
В.	Activities Assessment			DAYSRAND				
	Ask the participant if they need help to do any of the	ofollowing activities. Rec	ord ANY help the p	articipant needs as 'V	Vith help'.			
	Λ.	MARK WITH AN 'X' ONI	LY ONE	If 'Without help' (o				
		Without With Unal help help to a	ble Don't know do /refused	a. How much diffic No difficulty at all	culty, on avero A little difficulty	age, do you Some difficulty	have doing A lot of difficulty	g this? Don't know /refused
1.	Walking across a small room? Q21WALK	1 2 3	4 Q21W	ALKDIF 1	2	3	4	5

						If 'Without help' (option 1), a. How much difficulty, on average, do you have doing this?					
At the present time do you need help to do the following		Without help	With help	Unable to do	Don't know /refused	No difficulty at all	A little difficulty	Some difficulty	A lot of difficulty	Don't know /refused	
. Walking across a small room? Q21W	/ALK	1	2	3	4 Q21W	/ALKDIF 1	2	3	4	5	
 Bathing, either a sponge bath, tub bo shower? 	ath, or	1	2	3	⁴ Q21E	BATHDIF	2	3	4	5	
 Personal grooming like brushing hair, brushing teeth, or washing your face? 		1	2	3	⁴ Q21I	HAIRDIF	2	3	4	5	

Parti	cipa	nt ID)		_	Nick	nam	е		_	Outo	come	e visi	t

	MARK WI				If 'Without help' (a a. How much diffi	culty, on ave	• ,		
At the present time do you need help to do the following Q21DRES	Without help	With help	Unable to do	Don't know /refused	No difficulty at all	A little difficulty	Some difficulty	A lot of difficulty	Don't know /refused
Dressing, like putting on a shirt, buttoning and zipping, or putting on shoes?	1	2	3	4 Q21[RESDIF	2	3	4	5
5. Eating, like holding a fork, cutting food, or drinking from a glass? Q21EAT	1	2	3	⁴ Q21	EATDIF 1	2	3	4	5
6. Getting from a bed to a chair? Q21BED	1	2	3	⁴ Q21	BEDIF 1	2	3	4	5
7. Using the toilet? Q21TLET	1	2	3	4 Q21	TLETDIF	2	3	4	5
	MARK WI	TH AN '	K' ONLY (ONE	If 'Without help' (a. How much diffi		erage do voi	u have doing	n this?
	Without	With		Don't know	No difficulty	A little	Some	A lot of	Don't know
Can you	help	help	to do	/refused	at all	difficulty	difficulty	difficulty	/refused
8. Use the telephone without help, including looking up numbers and dialing? Q21TEL	1	2	3	4 Q21	TELDIF 1	2	3	4	5
Drive your own car or travel alone on buses or taxis without help?	1	2	3	4 Q21[RVDIF 1	2	3	4	5
10. Go shopping for groceries or clothes without help, taking care of all shopping needs yourself, assuming you have transportation?	21SHOP	2	3	Q21S	HOPDIF	2	3	4	5
11. Prepare your own meals without help, plan and cook full meals yourself? Q21MEAL	1	2	3	4 Q21	/IEALDIF 1	2	3	4	5
12. Do your housework without help, clean floors, etc? Q21CLN	1	2	3	⁴ Q21	CLNDIF 1	2	3	4	5
13. Take your medicine without help in the right doses at the right times? Q21MED	1	2	3	⁴ Q21	MEDIF 1	2	3	4	5
14. Handle your money without help, write checks, pay bills, etc.? Q21PAY	1	2	3	⁴ Q21F	PAYDIF 1	2	3	4	5
15. Do your own laundry without help? Q21LAUN	1	2	3	4 Q21L	AUNDIF 1	2	3	4	5