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EPIDEMIOLOGY OF DIABETES INTERVENTION AND COMPLICATIONS

Annual Medical History and Physical Examination

This form is to be completed at each of the annual follow-up clinic visits. At the time of the annual visit, data will be collected on this form to update information on the status of patients. Unless otherwise indicated, questions on this form refer to the patient's experience since the last completed annual clinic visit.  
Send the original of this form to the Data Coordinating Center in the monthly forms mailing, retaining a copy in the clinic's files.

A. IDENTIFYING INFORMATION

- CLINIC 21. EDIC Clinic Number \_\_\_\_\_
- PATIENT 2. Patient ID Number \_\_\_\_\_
- INITIALS 3. Patient's Initials \_\_\_\_\_
- FORMDATE 4. Date of Visit \_\_\_\_\_  
Month Day Year
- EDIC YEAR 5. What is the EDIC follow-up year? \_\_\_\_\_
6. Enter the date of the LAST COMPLETED annual visit. Unless otherwise specified, all questions on this form refer to the patient's experience since this date.
7. OB LSTVST \_\_\_\_\_  
Month Day Year

B. DEMOGRAPHIC AND GENERAL INFORMATION

- 1a) Marital status of patient: (CHECK ONLY ONE)
- Never married 8. OBMARRY ( 1)
- Married or remarried ( 2)
- Separated ( 3)
- Divorced ( 4)
- Widowed ( 5)
- b) If married, how many times? 9. OBMARNO \_\_\_\_\_
- c) If married, remarried, separated, divorced or widowed, when did marital status change? 10. OBM RDATE \_\_\_\_\_  
Month Year

Patient ID \_\_\_\_\_

2. OCCUPATION OF PATIENT AND HOUSEHOLD PROVIDERS:

(Check only one box for each person described. See Chapter 10 of the Manual of Operations. If the patient is married, indicate the occupation of his/her spouse. If not married and if living with parent(s), indicate occupation(s) of parent(s). If living with guardian, friend, or significant other who provides economic support to the patient's household, indicate occupation of guardian/friend/significant other. Always indicate occupation of patient. If any of these are retired or currently unemployed, check category corresponding to the type of occupation which the individual did or could do; also check the corresponding box marked "unemployed or retired.")

	11. 0BPATJOB Patient	12. 0BSPJOB Spouse	13. 0BMOMJOB Mother	14. 0BDADJOB Father	15. 0BFRIJOB Guardian/Friend/ Significant Other
a) Professional, technical or similar worker	( 01 )	( 01 )	( 01 )	( 01 )	( 01 )
Manager, official, or proprietor	( 02 )	( 02 )	( 02 )	( 02 )	( 02 )
Craftsman, foreman, or similar worker	( 03 )	( 03 )	( 03 )	( 03 )	( 03 )
Clerical or similar worker	( 04 )	( 04 )	( 04 )	( 04 )	( 04 )
Sales Worker	( 05 )	( 05 )	( 05 )	( 05 )	( 05 )
Operative or similar worker	( 06 )	( 06 )	( 06 )	( 06 )	( 06 )
Service worker	( 07 )	( 07 )	( 07 )	( 07 )	( 07 )
Laborer	( 08 )	( 08 )	( 08 )	( 08 )	( 08 )
Farmer	( 09 )	( 09 )	( 09 )	( 09 )	( 09 )
Homemaker	( 10 )	( 10 )	( 10 )	( 10 )	( 10 )
Student	( 11 )	( 11 )	( 11 )	( 11 )	( 11 )
Other or unknown	( 12 )	( 12 )	( 12 )	( 12 )	( 12 )
b) Unemployed or retired	16. 0BPATNOJ ( 1 )	17. 0BSPNOJ ( 1 )	18. 0BMOMNOJ ( 1 )	19. 0BDADNOJ ( 1 )	20. 0BFRIWOJ ( 1 )
c) Check here if the answer to either (a) or (b) above represents a change in the occupation category during the past year	21. 0CPJOBCH ( 1 )	22. 0BSJOBCH ( 1 )	23. 0BMJOBCH ( 1 )	24. 0BDJOBCH ( 1 )	25. 0BFJOBCH ( 1 )

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Patient ID \_\_\_\_\_

3. Education of patient and household providers. (CHECK HIGHEST LEVEL COMPLETED BY EACH PERSON FOR WHOM OCCUPATION IS GIVEN IN QUESTION B.2.)

	26. OBPATED Patient	27. OBSPOED Spouse	28. OBMOMED Mother	29. OBDADDED Father	30. OBFRIED Guardian/Friend/ Significant Other
Graduate School	( 1 )	( 1 )	( 1 )	( 1 )	( 1 )
College graduate	( 2 )	( 2 )	( 2 )	( 2 )	( 2 )
Some college or trade school	( 3 )	( 3 )	( 3 )	( 3 )	( 3 )
Secondary school graduate	( 4 )	( 4 )	( 4 )	( 4 )	( 4 )
Some secondary school	( 5 )	( 5 )	( 5 )	( 5 )	( 5 )
Elementary school	( 6 )	( 6 )	( 6 )	( 6 )	( 6 )
None	( 7 )	( 7 )	( 7 )	( 7 )	( 7 )
Unknown	( 8 )	( 8 )	( 8 )	( 8 )	( 8 )

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C. SMOKING STATUS

1. During the past 12 months, has the patient ever smoked cigarettes or cigarillos? **31. OBSMOKE1**  
 No Yes  
 ( 1 ) ( 2 )  
 Proceed to Question C.5
2. Does the patient currently smoke cigarettes or cigarillos? **32. OBSMOKE2**  
 No Yes  
 ( 1 ) ( 2 )  
 Proceed to Question C.4
3. How long has it been since the patient quit smoking cigarettes or cigarillos? **33. OBSMOKE3**  
 months \_\_\_
4. During the period in the past 12 months when the patient smoked cigarettes or cigarillos, on the average, how many cigarettes and cigarillos a day did he/she smoke? **34. OBSMOKE4**  
 cigarettes or cigarillos per day

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5. During the past 12 months, has the patient ever smoked pipes or cigars? **35. OBSMOKE5**  
 No Yes  
 ( 1 ) ( 2 )  
 Proceed to Question C.9
6. Does the patient currently smoke pipes or cigars? **36. OBSMOKE6**  
 No Yes  
 ( 1 ) ( 2 )  
 Proceed to Question C.8
7. How long has it been since the patient quit smoking pipes or cigars? **37. OBSMOKE7**  
 months \_\_\_
8. During the period in the past 12 months when the patient smoked pipes or cigars, on the average, how many pipefuls or cigars per week did the patient smoke? **38. OBSMOKE8**  
 pipefuls or cigars per week

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- 9a) During the past 12 months has the patient lived in a residence where there were individuals who smoked? 39. 08SMOK9A  
No Yes  
( 1 ) ( 2 )
- b) During the past 12 months has the patient worked in an environment where co-workers smoked? 40. 08SMOK9B  
No Yes  
( 1 ) ( 2 )

D. DRINKING STATUS

1. During the past 12 months, has the patient consumed an average of at least one alcoholic beverage per week? 41. 08DRINK1  
No Yes  
( 1 ) ( 2 )

Proceed to Section E

2. How many 12-ounce bottles of beer (excluding "light" beer) did the patient consume during the past 7 days? (IF THE PAST 7 DAYS WERE ATYPICAL, CHARACTERIZE A TYPICAL WEEK.) 42. 08DRINK2  
(A) Bottles
3. How many 12-ounce bottles of "light" beer did the patient consume during the past 7 days? (IF THE PAST 7 DAYS WERE ATYPICAL, CHARACTERIZE A TYPICAL WEEK.) 43. 08DRINK3  
(B) Bottles
4. How many 4-ounce glasses of wine did the patient consume during the past 7 days? (IF THE PAST 7 DAYS WERE ATYPICAL, CHARACTERIZE A TYPICAL WEEK.) 44. 08DRINK4  
(C) Glasses
5. How many 1 1/2-ounce shots of straight hard liquor and 1 1/2-ounce mixed drinks did the patient consume during the past 7 days? (IF THE PAST 7 DAYS WERE ATYPICAL, CHARACTERIZE A TYPICAL WEEK.) 45. 08DRINK5  
(D) \_\_\_\_\_
6. Does the total amount of alcohol consumed by the patient in the past 7 days (OR IN A TYPICAL WEEK) exceed 560 grams? 46. 08DRINK6  
No Yes  
( 1 ) ( 2 )

Use this table if necessary:

Amount X Grams

(A) \_\_\_\_\_ X 13 = \_\_\_\_\_

(B) \_\_\_\_\_ X 10 = \_\_\_\_\_

(C) \_\_\_\_\_ X 12 = \_\_\_\_\_

(D) \_\_\_\_\_ X 15 = \_\_\_\_\_

TOTAL GRAMS OF ALCOHOL \_\_\_\_\_

E. EXERCISE AND ACTIVITY

1. Which of the following best describes the patient's level of activity on the job, at school or, for homemakers, in homemaking?
- Sedentary (such as office work with occasional inter-office walking, etc.; e.g., secretary) 47. 08EXER1  
( 1 )
- Moderate activity (requires considerable, but not constant, lifting, walking, bending, pulling, etc.; e.g., homemaker with family and without domestic assistance, policeman, student taking physical education course) ( 2 )
- Strenuous activity (requires almost constant lifting, bending, pulling, scrubbing, etc.; e.g., furniture mover, heavy domestic work) 48. 08EXER2  
( 3 )
2. During the past seven days, how many hours and minutes did the patient spend in the following types of leisure time activities? (IF THE PAST SEVEN DAYS WERE ATYPICAL, CHARACTERIZE A TYPICAL WEEK.)
- Light activity (Examples: billiards, bowling, ballroom dancing, golf with power cart, non-competitive volleyball) 48. 08EXER2  
Hours Minutes

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Patient ID \_\_\_\_\_

Moderate activity

(This level is marked by modest increases in heart rate and breathing. Most healthy individuals find these activities comfortable and can continue them for a few hours without undue fatigue. Examples: leisure cycling (5.5 mph), frisbee playing, horseback riding, sailing, table tennis, croquet, golf without power cart)

49. OBEXER3

Hours Minutes

Hard activity

(When exercising at this intensity, most people will likely perspire. Most untrained people could not exercise at this intensity without taking frequent rest periods. Examples: cycling (9.4 mph), half-court basketball, water skiing, downhill skiing, karate or judo, doubles tennis, roller skating, gymnastics)

50. OBEXER4

Hours Minutes

Very hard activity

(Includes strenuous sports involving a lot of movement or running. Only a well-trained individual can perform at this intensity for extended periods of time. Examples: racing cycling, football, full-court basketball, rapid marching, squash, continuous, moderate to fast swimming, rope jumping, cross country running, singles tennis, field hockey)

51. OBEXER5

Hours Minutes

F DIABETES MANAGEMENT

Answer Section F for all patients except where specified. When completing this section, refer to the previous day's insulin dosage only. However, if in your judgement the previous day's dosage was atypical of the patient's regimen, use another recent day that you would consider typical.

- 1. Specify types of insulins used by this patient: (CHECK ALL THOSE THAT APPLY)

- 52. OBHUREG Human regular (1) Pork Regular (1) OBPOREG 58
53. OBHUSEMI Human Semilente (1) Pork Semilente (1) OBPOSEMI 59
54. OBHUNPH Human NPH (1) Pork NPH (1) OBPNPH 60
55. OBHULEN Human Lente (1) Pork Lente (1) OBPOLEN 61
56. OBHUULT Human Ultralente (1)
57. OBHU7030 Human 70/30 (1)

Beef/pork Regular 62 (1) OBBPREG

Beef/pork Semilente 63 (1) OBBPSEMI

Beef/pork NPH 64 (1) OBPNPH

Beef/pork Lente 65 (1) OBPLEN

- 2. a) What insulin regimen is currently being used by this patient?

insulin infusion pump 66. OBINSREG (1)

three or more daily injections (2)

one or two daily injections (3)

other: (4)

(describe the regimen in Question Number 4)

Patient ID \_\_\_\_\_

3. Please summarize this patient's usual insulin regimen here. (Refer to the previous day's insulin dosage only. However, if the previous day's dosage was atypical, use the most recent day that you would consider typical. Round off to the nearest whole unit.)

If you checked "other" in item #2, skip to item #4.

Total number of units per day: \_\_\_\_\_ *67.0BTOTUNT*

Number of Units Used	Breakfast	Lunch	Supper	Bedtime	Other
Regular	<i>68.0BREGBRK</i>	<i>0BREGLUN</i>	<i>0BREGSUP</i>	<i>0BREGBED</i>	<i>0BREGOTH</i>
Semilente	<i>73.0BSEMBRK</i>	<i>0BSEM LUN</i>	<i>0BSEM SUP</i>	<i>0BSEMBED</i>	<i>0BSEMOTH</i>
NPH	<i>78.0BNPHBRK</i>	<i>0BNPH LUN</i>	<i>0BNPH SUP</i>	<i>0BNPHBED</i>	<i>0BNPHOTH</i>
Lente	<i>83.0BLEMBRK</i>	<i>0BLEMLUN</i>	<i>0BLEMSUP</i>	<i>0BLEMBED</i>	<i>0BLEMOTH</i>
Ultralente	<i>88.0BULTBRK</i>	<i>0BULT LUN</i>	<i>0BULT SUP</i>	<i>0BULTBED</i>	<i>0BULTOTH</i>
70/30	<i>93.0B7030BRK</i>	<i>0B7030LUN</i>	<i>0B7030SUP</i>	<i>0B7030BED</i>	<i>0B7030OTH</i>

NOTE:

Lunch dose = all insulin given between breakfast and lunch

Supper dose = all insulin between lunch and supper

Snack dose = all insulin between supper and bedtime snack

Record 0 when a patient gives a prescribed mealtime dose which happened to be zero on the day recorded.

Leave the space blank if no dose was prescribed for a given time of day.

If a patient is on a pump, do not record basal here.

Meal insulin only refers to bolus doses. Capture basal in number 5 following.

4. If the insulin regimen used by this patient on a typical day cannot accurately be recorded on the table (question 3) please leave the table blank and describe the regimen here:

ANSWER IF #3 IS BLANK:

I am describing the insulin regimen here: *98.0BF4* ( 1 )

5. COMPLETE ONLY FOR PATIENTS USING AN INSULIN INFUSION PUMP

Total number of UNITS BASAL insulin infused per day: \_\_\_\_\_ *99.0BF5A*

Total number of different BASAL RATES used per day: \_\_\_\_\_ *100.0BF5B*

Has the patient had any technical problems with the insulin infusion pump? *101.0BF5C*  
No Yes  
( 1 ) ( 2 )

If YES, specify: \_\_\_\_\_

6. COMPLETE THIS QUESTION ONLY FOR PATIENTS CURRENTLY ON ONE OR TWO DAILY INJECTIONS:

a) Have you or the patient's physician prescribed a change in the insulin regimen or dose since the last visit?

If YES, please indicate the reason. *102.0BF6A* No Yes  
1) ( 2 )

- 103.0BF6A1* Symptomatic polyuria/polydipsia/nocturia ( 1 ) ( 2 )
- 104.0BF6A2* Unacceptable degree of hypoglycemia ( 1 ) ( 2 )
- 105.0BF6A3* Recurrent ketonuria ( 1 ) ( 2 )
- 106.0BF6A4* Hemoglobin A1c above 13.0 ( 1 ) ( 2 )
- 107.0BF6A5* Pregnancy ( 1 ) ( 2 )
- 108.0BF6A6* Other: ( 1 ) ( 2 )

Specify \_\_\_\_\_

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7. COMPLETE FOR ALL PATIENTS:

How is this patient monitoring his/her diabetes?

109. 0BF7A  
No Yes Uncertain  
Self blood glucose monitoring (1) (2) (3)

If yes, frequency per day: 110. 0BF7B — —

Urine glucose monitoring 111. 0BF7C (1) (2) (3)

If yes, frequency per day: 112. 0BF7D — —

G. TRANSFER TO INACTIVE STATUS

1. Since the last visit, has the patient been on inactive status at any time? 113. 0BG1 (1) (2)  
(as defined in Chapter 5 in the Manual of Operations) No Yes

a. If yes, is the patient currently on transfer to inactive status? 114. 0BG1A (1) (2) No Yes

(i) If NO, enter date of return to active status: 115. 0BG1AI  
Month Day Year

(ii) If this is a new transfer to inactive status, enter date of EDIC Form 144, Notification of Transfer to Inactive Status: 116. 0BG1A2  
Month Day Year

H. MODIFICATIONS OF FOLLOW-UP SCHEDULE FOR ENDPOINT ASSESSMENTS

(See Manual of Operations Chapter 13)

1. Since the last visit, has the patient been on a modified follow-up schedule at any time? 117. 0BH1 (1) (2) No Yes

If YES, indicate which assessments:  
\_\_\_\_\_

2. Is the patient currently on a modified follow-up schedule? 118. 0BH2 (1) (2) No Yes

I. DIABETES CONTROL - ANSWER FOR ALL PATIENTS

1a) Has the patient completed any quarterly telephone interviews (Form 003) since the last annual visit? 119. 0BI1A  
No Yes  
(1) (2)

b) If yes, when was the last quarterly telephone interview held? 120. 0BI1B  
Month Day Year

All of the questions in the rest of Section I refer to the patient's experience since the date of the last quarterly telephone interview (Question I.1.b. above). If the patient had no telephone interviews, then refer to the patient's experience since the last annual visit.

2. Symptoms of hyperglycemia

a) How many times did the patient experience DKA? 121. 0BI2A — —  
(As defined in Chapter 11 of the Manual of Operations)

If the patient has had DKA, complete the the Verification of DKA Form (Form 093)

b) Has the patient experienced other symptoms of hyperglycemia? 122. 0BI2B (1) (2) No Yes

If YES, specify: \_\_\_\_\_

3. How many days has the patient had moderate or large ketonuria? 123. 0BI3 — —  
(If none, enter 00 and proceed to Question I.4)

If unknown, check here New 124. 0BI3A (1)

How many of these were . . .

a) explained by change in routine? 125. 0BI3AA — —

b) due to illness? 126. 0BI3B — —

c) due to medical equipment failure? 127. 0BI3C — —

d) spontaneous or unexplained? 128. 0BI3D — —

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4. Symptoms of hypoglycemia since last visit or phone contact

- a) Number of hospitalizations for hypoglycemia. (Hospitalization implies overnight admission to the hospital; an emergency ward visit that did not result in hospitalization does not apply.) 129.0BI4A

*If the patient has been hospitalized for hypoglycemia, complete the Notification and Further Details of Hypoglycemic Event (Form 042) if not previously completed for this hospitalization.*

- b) How many times did the patient experience hypoglycemia of such severity that the patient . . .

(i) lost consciousness without seizure 130.0BI4B1

(ii) lost consciousness with seizure 131.0BI4B2

- c) How many times did the patient experience hypoglycemia of such severity . . .

(i) that the patient required professional medical assistance, including placement of an IV or an intravenous injection of glucose? 132.0BI4C1

(ii) as to require the assistance of another person, such as the administration of glucagon, but did not require any of the assistance described in (i)? 133.0BI4C2

(iii) as to require the assistance of another person but did not require any of the help described in (i) or (ii)? 134.0BI4C3

- d) Complete only if severe hypoglycemia which the patient could not treat himself/herself has occurred:

(i) How many times has the patient received glucagon? 135.0BI4D1

(ii) How many times has the patient received IV glucose to treat hypoglycemia? 136.0BI4D2

(iii) Did any episodes result in injury to the patient or others? 137.0BI4D3  
 No Yes  
 ( 1 ) ( 2 )

If YES, specify: \_\_\_\_\_

*If the patient has experienced severe hypoglycemia which he/she could not treat himself/herself, please complete Notification and Further Details of Hypoglycemic Event (Form 042) for any episodes for which this has not previously been done.*

- e) Since the last annual visit, has the patient had recurrent (more than one) hypoglycemic episodes resulting in cerebral impairment (e.g., coma, severe confusion, seizure, loss of consciousness) of such severity that he/she was unable to help himself/herself before the development of warning symptoms of hypoglycemia (e.g., adrenergic symptoms or sweating)? 138.0BI4E  
 No Yes  
 ( 1 ) ( 2 )

- f) Since the last annual visit, has the patient had recurrent (more than one) hypoglycemic episodes resulting in cerebral impairment (e.g., confusion, lethargy, bizarre behavior, etc.) that the patient recognized and was able to treat himself/herself, but occurred before the development of warning symptoms of hypoglycemia (e.g., adrenergic symptoms or sweating)? 139.0BI4F  
 No Yes  
 ( 1 ) ( 2 )

139.0BI4F



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g) How many times in the past seven days did the patient experience hypoglycemia which was mild enough for the patient to treat himself/herself? 140.0BI4G

h) If the patient has experienced hypoglycemia in the past seven days which was mild enough for the patient to treat himself/herself, answer Items (i) through (iii) below.

Otherwise, skip to Section J.

(i) Did mild hypoglycemia occur: 141.0BI4H1  
While the patient was awake ( 1 )  
While the patient was asleep ( 2 )  
Both ( 3 )

(ii) What was the usual reason for the mild hypoglycemia? (CHECK ALL THAT APPLY)  
Missed meal or snack 142.0BI4H2A ( 1 )  
Decreased food intake at meal or snack 143.0BI4H2B ( 1 )  
Increased exercise level 144.0BI4H2C ( 1 )  
Too much insulin taken 145.0BI4H2D ( 1 )  
Lack of early warning signs of low blood glucose 146.0BI4H2E ( 1 )  
Other; specify: \_\_\_\_\_ 147.0BI4H2F ( 1 )

Unexplained 148.0BI4H2G ( 1 )

(iii) What symptoms does the patient have with mild hypoglycemia? (CHECK ALL THAT APPLY)  
Adrenergic warning symptoms 149.0BI4H3A ( 1 )  
Diaphoresis (sweating) 150.0BI4H3B ( 1 )  
Altered mental status 151.0BI4H3C ( 1 )  
Other 152.0BI4H3D ( 1 )  
None 153.0BI4H3E ( 1 )

J. VERIFICATION OF EVENTS

1. CARDIOVASCULAR EVENTS

Since the last evaluation, has the patient suffered any of the following or experienced any signs or symptoms consistent with the following? (As defined in Chapter 11 of the Manual of Operations)

	No	Yes
a) Myocardial infarction <u>154.0BT1A</u>	( 1 )	( 2 )
b) Angina Pectoris <u>155.0BT1B</u>	( 1 )	( 2 )
c) Coronary artery disease <u>156.0BT1C</u>	( 1 )	( 2 )
d) Arrhythmia <u>157.0BT1D</u>	( 1 )	( 2 )
e) Chest pain or chest discomfort <u>158.0BT1E</u>	( 1 )	( 2 )

If YES to any of above, then complete EDIC Form 090, Verification of Cardiovascular Event.

2. CEREBROVASCULAR EVENTS

Since the last evaluation, has the patient suffered any of the following or experienced any signs or symptoms consistent with the following? (As defined in Chapter 11 of the Manual of Operations)

- a) Cerebrovascular accident (CVA) 159 0B32A (1) (2)
b) Transient ischemic attack (TIA) 160 0B32B (1) (2)

If YES to any of above, then complete EDIC Form 091, Verification of Cerebrovascular Event.

3. PERIPHERAL VASCULAR EVENTS

Since the last evaluation, has the patient suffered any of the following or experienced any signs or symptoms consistent with the following? (As defined in Chapter 11 of the Manual of Operations)

- a) Peripheral ischemia (claudication) 161 0B33A (1) (2)
b) Amputation (surgical or traumatic) 162 0B33B (1) (2)
c) Lower extremity ulcer 163 0B33C (1) (2)
d) Other arterial events (specify below) 164 0B33D

If YES to any of above, then complete EDIC Form 092, Verification of Peripheral Vascular Event.

PSYCHIATRIC EVENTS

Since the last evaluation, has the patient experienced any of the following?

- a) Nervousness or anxiety 0B34A 165 (1) (2)
b) Unreasonable fears 166 0B34B (1) (2)
c) Eating disturbance 167 0B34C (1) (2)

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- d) Affective disorder 168 0B34D (1) (2)
e) Suicide attempt 169 0B34E (1) (2)
f) Criminal conduct 170 0B34F (1) (2)
g) Psychiatric hospitalization or outpatient psychiatric treatment which included the use of tranquilizers such as phenothiazines 171 0B34G (1) (2)
h) Other significant psychiatric condition? 172 0B34H (1) (2)

If YES to any of the above, then complete EDIC Form 094, Verification of Psychiatric Event.

5. MAJOR ACCIDENTS

Since the last evaluation, has the patient experienced any major accidents (e.g., auto accident, sports accident, on-the-job accident) 0B35 173

If YES to above, then complete EDIC Form 095, Verification of Major Accident.

K. RENAL COMPLICATIONS

Prior to the development of nephrotic-range proteinuria, few if any clinical signs or symptoms of progressive glomerulosclerosis are manifested.

Since the last evaluation, has the patient experienced any of the following?

- 1) Cystitis 174 0BK1 (1) (2)
2) Pyelonephritis 175 0BK2 (1) (2)
3) Uncontrollable hypertension 176 0BK3 (1) (2)
4) Edema (of renal etiology only) 177 0BK4 (1) (2)
5) Dialysis 178 0BK5 (1) (2)
6) Renal Transplantation 179 0BK6 (1) (2)
7) Other, specify: 180 0BK7 (1) (2)

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L. OPHTHALMIC COMPLICATIONS

Refer to the patient's experience since the last completed annual visit when answering Section L.

003-p 15 1. Has the patient had blurred or reduced vision?

181 OBL1AR Right Eye No Yes (1) (2)

Left Eye No Yes (1) (2) OBL1AL 182

If YES, explain: \_\_\_\_\_

003p=15 2. Has the patient experienced floaters or flashing lights? 183 OBL2AR (1) (2)

(1) (2) OBL2AL 184

FORM 27 - 3a,b) Is the eye enucleated? 185 OBL3AR (1) (2) P=1

(1) (2) OBL3BL 186

IF YES FOR EITHER EYE, ANSWER THE FOLLOWING ITEM FOR THE APPROPRIATE EYE(S). IF NO FOR BOTH EYES, PROCEED TO QUESTION 4.

c,d) Has enucleation occurred since the last completed Annual Clinic Visit? 187 OBL3CR (1) (2)

(1) (2) OBL3DL 188

IF YES FOR EITHER EYE, COMPLETE THE REMAINDER OF SECTION L FOR THE TIME SINCE THE LAST VISIT AND BEFORE ENUCLEATION. IF NO, LEAVE BLANK QUESTIONS 4-9 FOR THAT EYE, I.E., EYE ENUCLEATED BEFORE LAST VISIT.

4a,b) Has the patient had any ocular surgical procedure(s) since the last completed Annual Clinic Visit? 189 OBL4AR (1) (2) FORM 27 - PAGE 2

Left Eye No Yes (1) (2) OBL4BL 190

IF YES, IDENTIFY SURGICAL PROCEDURES IN THE FOLLOWING ITEMS FOR APPROPRIATE EYE(S). IF NO FOR BOTH EYES, PROCEED TO QUESTION 5.

c,d) External plastic surgery 191 OBL4CR (1) (2) Right Eye No Yes

Left Eye No Yes (1) (2) OBL4DL 192

e,f) Extraocular muscle surgery 193 OBL4ER (1) (2)

(1) (2) OBL4FL 194

g,h) Corneal transplant 195 OBL4GR (1) (2)

(1) (2) OBL4HL 196

i,j) Other corneal surgery 197 OBL4IR (1) (2)

(1) (2) OBL4JL 198

k,l) Filtering surgery, cyclocryotherapy, or other operative procedure to lower intraocular pressure 199 OBL4KR (1) (2)

(1) (2) OBL4LL 200

m,n) Cataract extraction 201 OBL4MR (1) (2)

(1) (2) OBL4NL 202

o,p) Vitrectomy 203 OBL4OR (1) (2)

(1) (2) OBL4PL 204

q,r) Retinal detachment surgery 205 OBL4QR (1) (2)

(1) (2) OBL4RL 206

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b,t) Other surgery (specify below)

Right Eye  
No Yes  
207 OBL4SR (1) (2)

Left Eye  
No Yes  
(1) (2) OBL4TL 208

R - \_\_\_\_\_

L - \_\_\_\_\_

5a,b) Has the patient had any photocoagulation since the last completed Annual Clinic Visit?

209 OBL5AR (1) (2)

(1) (2) OBL5BL 210

If both eyes are NO, go to Question 6

*New*

c,d) Has the patient had scatter treatment (given for retinopathy)?

211 OBL5CR (1) (2)

(1) (2) OBL5DL 212

e,f) Has the patient had focal treatment (given for macular edema)?

213 OBL5ER (1) (2)

(1) (2) OBL5FL 214

g,h) Has the patient had other treatment (for non-diabetic retinopathy)?

(1) (2)

(1) (2) OBL5HL 216

6a,b) Has the patient been diagnosed as having glaucoma in either eye since the last completed Annual Clinic Visit?

217 OBL6AR (1) (2)

(1) (2) OBL6BL 218

7a,b) Has the patient used any ocular medications which require a prescription since the last completed Annual Clinic Visit?

219 OBL7AR (1) (2)

(1) (2) OBL7BL 220

IF YES, COMPLETE EDIC FORM 004, MEDICATION FORM  
IF NO, PROCEED TO QUESTION 8.

*211 p=3*

8a,b) Has the patient received any other ocular treatments administered by a physician since the last completed Annual Clinic Visit?

Right Eye  
No Yes  
221 OBL8AR (1) (2)

Left Eye  
No Yes  
(1) (2) OBL8BL 222

IF YES, INDICATE IN THE FOLLOWING ITEMS ALL SUCH TREATMENTS.  
IF NO, PROCEED TO QUESTION 9.

c,d) Retrobulbar steroids

223 OBL8CR (1) (2)

(1) (2) OBL8DL 224

e,f) Retrobulbar alcohol

225 OBL8ER (1) (2)

(1) (2) OBL8FL 226

g,h) Other (specify below)

227 OBL8GR (1) (2)

(1) (2) OBL8HL 228

the patient describe symptoms which you believe to be caused  
itrous hemorrhage since the last completed Annual Clinic Visit?

Right Eye  
No Yes  
229 OBL9AR (1) (2)

Left Eye  
No Yes  
(1) (2) OBL9BL 230

the patient had any other eye problems?

231 OBL10AR (1) (2)

(1) (2) OBL10BL 232

ES, specify: \_\_\_\_\_

the patient be referred to an ophthalmologist for any physical  
itions noticed during this exam?

No Yes  
(1) (2) OBL11 233

*INCUSGIST  
KAMUIG  
G 19 14 16 # 30*

p=15  
M. NEUROLOGIC COMPLICATIONS

Has the patient had any of the following since the last completed annual visit?

1. Paresthesias (pain or numbness) No Yes  
in hands or feet 234 OBM1 (1) (2)

(i) If the patient has pain, is he/she taking medication for the pain? OBM11 (1) (2)

If YES, complete EDIC Form 004, Medication Form

2. Unexplained muscle weakness 236 OBM2 (1) (2)

3. Vomiting or bloating after meals 237 OBM3 (1) (2)

4. Bouts of persistent or recurrent diarrhea 238 OBM4 (1) (2)

5. Urinary retention 239 OBM5 (1) (2)

6. Dizziness or lightheadedness 240 OBM6 (1) (2)  
(not associated with hypoglycemia)

7. Fainting 241 OBM7 (1) (2)  
(not associated with hypoglycemia)

8. Seizure (not due to hypoglycemia) 242 OBM8 (1) (2)

If the patient is male answer M.9;  
if female go to M.10.

9. Impotence 243 OBM9 (1) (2)

10. Has the patient developed symptoms 244 OBM10 (1) (2)  
compatible with a focal neuropathy  
(described as sudden onset, asymmetrical  
and self-limited, i.e., cranial mono-  
neuropathy, proximal motor neuropathy,  
truncal neuropathy)?

11. Other neurologic problem? 245 OBM11 (1) (2)

If YES, specify: \_\_\_\_\_

12. Will the patient be referred to a neurologist for any physical conditions noticed during this exam? 246 OBM12 (1) (2)

p=16  
N. INFECTIONS, MAJOR SURGERY, MINOR OUTPATIENT SURGERY, ENDOCRINOLOGICAL, OR SKIN COMPLICATIONS

## 1. INFECTIONS

Has the patient had any of the following since the last evaluation?  
(As defined in Chapter 11 of the Manual of Operations)

a) Urinary tract infection (e.g., cystitis, pyelonephritis, perinephric abscess) 247 OBN1A (1) (2)

b) Upper or lower respiratory tract infection 248 OBN1B (1) (2)

c) Gastroenteritis with fever 249 OBN1C (1) (2)

d) Cutaneous (non-infusion site) or mucocutaneous (e.g., Candida vulvo-vaginitis, furunculosis, dental abscess) infection 250 OBN1D (1) (2)

If YES, specify: \_\_\_\_\_

e) Post-operative or deep wound infection 251 OBN1E (1) (2)

f) Gangrene 252 OBN1F (1) (2)

g) Other infections not specifically defined in the Manual of Operations (i.e., mononucleosis, epididymitis, measles, chicken pox) 253 OBN1G (1) (2)

If YES, specify: \_\_\_\_\_

ANSWER THE FOLLOWING ONLY FOR PATIENTS WHO USE AN INDWELLING NEEDLE OR CATHETER FOR INSULIN ADMINISTRATION.

h) Has the patient had infection at the insertion site (e.g., >1.5 cm erythema and purulence)? No Yes  
(1) (2)

254 OBN1H

Patient ID \_\_\_\_\_

2. Since the last evaluation, has the patient had MAJOR SURGERY <sup>NEW</sup> 255 OBN2 (1) (2) No Yes

If YES, specify: \_\_\_\_\_

P=163. Since the last evaluation, has the patient had MINOR OUTPATIENT SURGERY OR INCIDENTAL TRAUMA (e.g., simple fracture, uncomplicated laceration). 256 OBN3 (1) (2) No Yes

If YES, specify: \_\_\_\_\_

4. Since the last evaluation, has the patient had an ENDOCRINE EVENT (e.g., hypothyroidism, Grave's disease, Cushing's disease) 257 OBN4 (1) (2) No Yes

If YES, specify: \_\_\_\_\_

5. SKIN

a) Since the last evaluation, has the patient experienced any of the following? No Yes

- Eruptive xanthoma 258 OBN5A1 (1) (2)
- Xanthelasma 259 OBN5A2 (1) (2)
- Necrobiosis 260 OBN5A3 (1) (2)
- Shin spot (diabetic dermopathy) 261 OBN5A4 (1) (2)

b) Other significant skin condition? 261 (1) (2)

If YES, specify: 262 OBN5B

If YES to any of the items in N.1 through N.5 and the patient was prescribed medications for this condition, then complete EDIC Form 004, Medication Form.

P=13 O. FEMALE/REPRODUCTIVE

(SKIP TO SECTION P IF THE PATIENT IS MALE)

Refer to the patient's experience since the last annual visit when answering Section O.

1a) Has the patient had any vaginal itching or discharge 263 OBO1A (1) (2) No Yes

Proceed to Question O.2.A

b) Was the patient treated for this? 264 OBO1B (1) (2) No Yes

c) Specify treatment: \_\_\_\_\_

2a) Does the patient menstruate? 265 OBO2A (1) (2) No Yes

Proceed to Question O.3

b) Enter date of start of last menstrual period:

266 OBO2B Month Day Year

c) Was the last menstrual period more than five weeks ago? 267 OBO2C (1) (2) No Yes

Proceed to Question O.3

d) Was a pregnancy test performed? 268 OBO2D (1) (2) No Yes

If no, why not? \_\_\_\_\_

e) Is the patient currently pregnant? 269 OBO2E (1) (2) No Yes

3. Has the patient completed or terminated a pregnancy since the last annual visit? 270 OBO3 (1) (2) No Yes

If YES, complete EDIC Form 005, Details of Pregnancy and Outcome.

NEW

Patient ID \_\_\_\_\_

- p=17 4. Since the last annual visit, has the patient had any of the following?
- |                      |           | No    | Yes   |
|----------------------|-----------|-------|-------|
| a) Nodules in breast | 271 0B04A | ( 1 ) | ( 2 ) |
| b) Breast cancer     | 272 0B04B | ( 1 ) | ( 2 ) |
| c) Breast discharge  | 273 0B04C | ( 1 ) | ( 2 ) |
| d) Irregular menses  | 274 0B04D | ( 1 ) | ( 2 ) |
| e) Dysmenorrhea      | 275 0B04E | ( 1 ) | ( 2 ) |
| f) Vaginitis         | 276 0B04F | ( 1 ) | ( 2 ) |
5. Other significant gynecologic condition? ( 1 ) ( 2 )  
 If YES, specify: 277 0B05

- p=18 6. Has the patient ever used oral contraceptives? No Yes  
 278 0B06 ( 1 ) ( 2 )
- a) Is the patient currently using oral contraceptives? 279 0B06A ( 1 ) ( 2 )

If YES, complete EDIC Form 004 Medication Form.

7. Does the patient use any other form of birth control? 280 0B07 ( 1 ) ( 2 )
- If YES, specify: \_\_\_\_\_

8. Since the last annual visit, has the patient experienced any difficulties with sexual function? 281 0B08 ( 1 ) ( 2 )

**P. MEDICATIONS**

Refer to the patient's experience since the last annual visit when answering Section P.

- p=19 1. Has the patient used or is he/she currently using any prescription drug on a regular basis other than insulin? No Yes  
 282 0B09 ( 1 ) ( 2 )

If Yes, complete EDIC Form 004, Medication Form

2. Has the patient used any over-the-counter drugs? 283 0B10 No Yes  
 ( 1 ) ( 2 )

If Yes, complete EDIC Form 004, Medication Form

3. Does the patient use vitamin supplements on a regular basis? 284 0B11 No Yes  
 ( 1 ) ( 2 )

If Yes, complete EDIC Form 004, Medication Form

**Q. PHYSICAL EXAMINATION (A COMPLETE PHYSICAL EXAMINATION SHOULD BE PERFORMED)**

- F-11413  
P=1 1. Weight (kg)
- a. First measurement: 285 0BQ1A \_\_\_\_\_
- b. Second measurement: 286 0BQ1B \_\_\_\_\_

Record (c) and (d) only if first 2 measurements are not within 0.2 kilograms (200 gm).

- c. Third measurement: 0BQ1C 287 \_\_\_\_\_
- d. Fourth measurement: 0BQ1D 288 \_\_\_\_\_

- F003-  
P=20 2. What is the patient's desired weight (kg)? 0BQ2 289 \_\_\_\_\_

- F114  
P=2 3. Height (cm)
- a. First measurement: 0BQ3A 290 \_\_\_\_\_
- b. Second measurement: 0BQ3B 291 \_\_\_\_\_

Record (c) and (d) only if first 2 measurements are not within 1.0 cm (10.0 mm)

- c. Third measurement: 0BQ3C 292 \_\_\_\_\_
- d. Fourth measurement: 0BQ3D 293 \_\_\_\_\_

Patient ID \_\_\_\_\_

1149  
p=1

4. Waist Circumference (cm) -- Natural NO YES  
 Is lipohypertropy present? 294. OBQ41 (1) (2)  
 Is lipotropy present? 295. OBQ42 (1) (2)  
 a. First measurement: 296. OBQ4A \_\_\_\_\_  
 b. Second measurement: 297. OBQ4B \_\_\_\_\_  
 Record (c) and (d) only if first 2 measurements are not within 0.5 cm.  
 c. Third measurement: OBQ4C 298 \_\_\_\_\_  
 d. Fourth measurement: OBQ4D 299 \_\_\_\_\_
5. Iliac Waist Circumference (cm) NO YES  
 Is lipohypertropy present? 300 OBQ5A (1) (2)  
 Is lipotropy present? 301 OBQ5B (1) (2)  
 a. First measurement: OBQ5A 302 \_\_\_\_\_  
 b. Second measurement: OBQ5B 303 \_\_\_\_\_  
 Record (c) and (d) only if first 2 measurements are not within 0.5 cm.  
 c. Third measurement: OBQ5C 304 \_\_\_\_\_  
 d. Fourth measurement: OBQ5D 305 \_\_\_\_\_
6. Hip Circumference (cm) NO YES  
 Is lipohypertropy present? 306 OBQ61 (1) (2)  
 Is lipotropy present? 307. OBQ62 (1) (2)  
 a. First measurement: OBQ6A 308 \_\_\_\_\_  
 b. Second measurement: OBQ6B 309 \_\_\_\_\_  
 Record (c) and (d) only if first 2 measurements are not within 0.5 cm.  
 c. Third measurement: OBQ6C 310 \_\_\_\_\_  
 d. Fourth measurement: OBQ6D 311 \_\_\_\_\_

p=20

7. Pulse (bpm) 312 OB PULSE \_\_\_\_\_
8. Sitting blood pressure (RIGHT ARM)  
 a) Systolic (mm Hg) 313 OB SYSTR \_\_\_\_\_  
 b) Diastolic (mm Hg) 314 OB DIASR \_\_\_\_\_  
 c) Has hypertension been previously documented by the DCCT/EDIC? OB HYP DOC (1) (2) <sup>315</sup> \_\_\_\_\_  
 SKIP TO QUESTION Q.9
- d) Is the current systolic or diastolic blood pressure so high as to indicate hypertension as defined in Chapter 11 of the Manual of Operations i.e.  $\geq 140$  systolic or  $\geq 90$  diastolic? No Yes (1) (2)
9. Doppler Arm/Leg Systolic Blood Pressure Results (collected supine, while resting) 316 OB HIBLP  

	Right	Left
a) Brachial 317	OBQ9AR _____	OBQ9AL 318
b) Dorsalis pedis 319	OBQ9BR _____	320 OBQ9BL
c) Posterior tibial 321	OBQ9CR _____	322 OBQ9CL
10. General Examination  
 a) Examine the patient for abnormalities of the following sites.  

	Normal	Abnormal
Ears, Nose and Throat 323	OB ENT (1)	(2)
Thyroid 324	OB THYRD (1)	(2)
Lungs 325	OB LUNGS (1)	(2)
Breasts 316	OB BREAST (1)	(2)
Abdomen 327	OB ABDOM (1)	(2)

  

	Absent	Present
i) Hepatomegaly 328	OB HEPATO (1)	(2)

  
 ii) If present, how large (span)? OB SPAN \_\_\_\_\_ cm  
 329



P 221  
003

P: 21

Patient ID \_\_\_\_\_

		Normal	Abnormal	
Lymphatic system	330. OBLYMPH	( 1 )	( 2 )	Not Done ( 3 )
Rectum	331. OBRECTUM	( 1 )	( 2 )	( 3 )
Pelvis	332. OBPELVIS	( 1 )	( 2 )	( 3 )
Genitalia	333. OBGENIT	( 1 )	( 2 )	( 3 )

11. Cardiovascular Examination

a) Examine the patient for the following cardiac abnormalities.

		Regular	Irregular
Rhythm	334. OBRHYTHM	( 1 )	( 2 )

		Normal	Abnormal
Venous Pressure	335. OBVENPRS	( 1 )	( 2 )

		Absent	Present
Cardiomegaly	336. OBMEGALY	( 1 )	( 2 )

S3 Gallop	337. OBS3GALP	( 1 )	( 2 )
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S4 Gallop	338. OBS4GALP	( 1 )	( 2 )
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		339. OBSMURMR	
Systolic Ejection Murmur		( 1 )	( 2 )

Diastolic Murmur	340. OBDMURMR	( 1 )	( 2 )
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Other Murmur:	341. OBOURMR	( 1 )	( 2 )
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If PRESENT, specify: \_\_\_\_\_

Rub	342. OBRUB	( 1 )	( 2 )
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Other Cardiac Abnormality:		( 1 )	( 2 )
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If PRESENT, specify: 343. OBCARDAB

12. Peripheral Pulse Examination

a) Indicate the grade of the peripheral pulses using the following scale for the right and left pulse.

		RIGHT SIDE			LEFT SIDE		
		Normal	Dimin-ished	Absent	Normal	Dimin-ished	Absent
OBP12A1R	344 Carotid	( 1 )	( 2 )	( 3 )	( 1 )	( 2 )	( 3 )
OBP12A2R	346 Brachial	( 1 )	( 2 )	( 3 )	OBP12A1L 345	( 1 )	( 2 ) ( 3 )
OBP12A3R	348 Radial	( 1 )	( 2 )	( 3 )	OBP12A2L 347	( 1 )	( 2 ) ( 3 )
OBP12A4R	350 Femoral	( 1 )	( 2 )	( 3 )	OBP12A3L 349	( 1 )	( 2 ) ( 3 )
OBP12A5A	352 Popliteal	( 1 )	( 2 )	( 3 )	OBP12A4L 351	( 1 )	( 2 ) ( 3 )
OBP12A6R	354 Posterior Tibial	( 1 )	( 2 )	( 3 )	OBP12A5L 353	( 1 )	( 2 ) ( 3 )
OBP12A7R	Dorsalis Pedis 356	( 1 )	( 2 )	( 3 )	OBP12A6L 355	( 1 )	( 2 ) ( 3 )
					OBP12A7L 357		

b) Indicate the presence or absence of bruits.

		RIGHT		LEFT	
		Absent	Present	Absent	Present
OBP12B1R	358 Femoral	( 1 )	( 2 )	( 1 )	( 2 ) 359
OBP12B2R	360 Carotid	( 1 )	( 2 )	( 1 )	OBP12B1L 361
					OBP12B2L
OBP12B3R	Other: 362	( 1 )	( 2 )	( 1 )	( 2 )
	If PRESENT, specify: _____			OBP12B3L 363	

Patient ID \_\_\_\_\_

13. Extremities and Skin Examinations

	RIGHT SIDE		LEFT SIDE	
	Absent	Present	Absent	Present
OBP13AR <sup>364</sup> Ulceration	( 1 )	( 2 )	OBP13AL <sup>365</sup> ( 1 )	( 2 )
OBP13BR <sup>366</sup> skin discoloration	( 1 )	( 2 )	OBP13BL <sup>367</sup> ( 1 )	( 2 )
OBP13CR <sup>368</sup> Gangrene	( 1 )	( 2 )	OBP13CL <sup>369</sup> ( 1 )	( 2 )
OBP13DR <sup>370</sup> Charcot joint	( 1 )	( 2 )	OBP13DL <sup>371</sup> ( 1 )	( 2 )
OBP13ER <sup>372</sup> Deformity	( 1 )	( 2 )	OBP13EL <sup>373</sup> ( 1 )	( 2 )

If PRESENT, specify: \_\_\_\_\_

14. Injection sites (INCLUDING CATHETER SITES):

		Absent	Present
a) Lipoatrophy	374. OBP14A	( 1 )	( 2 )
b) Lipohypertrophy	375. OBP14B	( 1 )	( 2 )
c) Inflammation	376. OBP14C	( 1 )	( 2 )

15. Feet:

		Absent	Present
a) Ulcers	377. OBP15A	( 1 )	( 2 )
b) Infection	378. OBP15B	( 1 )	( 2 )
c) Abnormal toenails	379. OBP15C	( 1 )	( 2 )
d) Other	380. OBP15D	( 1 )	( 2 )

16. Were any other abnormalities noted on physical examination? No Yes ( 1 ) ( 2 )

Specify: \_\_\_\_\_

Name of persons responsible for information on this form:

Certification Number

382.

CERTIF1

(Study Coordinator, Nurse)

(new)

383.

CERTIF2

(Principal Investigator, Physician)

384. WEEK NO