

No.	Data Item	Data Value
a	Data collected? DB Name: [ zDataCollected ]	<input type="radio"/> 0 - No <input type="radio"/> 1 - Yes Data Source: [ zCodeltem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=58 and zItemNb>=0 ]
b	Date of assessment DB Name: [ zFormDate ]	<input type="text"/> / <input type="text"/> / <input type="text"/> <i>Complete Date</i>
1	I feel tense or "wound up" DB Name: [ Q01 ]	<input type="radio"/> 3 - (3) Most of the time <input type="radio"/> 2 - (2) A lot of the time <input type="radio"/> 1 - (1) From time to time, occasionally <input type="radio"/> 0 - (0) Not at all Data Source: [ zCodeltem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=162 ]
2	I still enjoy the things I used to enjoy DB Name: [ Q02 ]	<input type="radio"/> 0 - (0) Definitely as much <input type="radio"/> 1 - (1) Not quite so much <input type="radio"/> 2 - (2) Only a little <input type="radio"/> 3 - (3) Hardly at all Data Source: [ zCodeltem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=163 ]
3	I get a sort of frightened feeling, as if something awful is about to happen DB Name: [ Q03 ]	<input type="radio"/> 3 - (3) Very definitely and quite badly <input type="radio"/> 2 - (2) Yes, but not too badly <input type="radio"/> 1 - (1) A little, but it doesn't worry me <input type="radio"/> 0 - (0) Not at all Data Source: [ zCodeltem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=164 ]
4	I can laugh and see the funny side of things DB Name: [ Q04 ]	<input type="radio"/> 0 - (0) As much as I always could <input type="radio"/> 1 - (1) Not quite so much now <input type="radio"/> 2 - (2) Definitely not so much now <input type="radio"/> 3 - (3) Not at all Data Source: [ zCodeltem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=165 ]
5	Worrying thoughts go through my mind DB Name: [ Q05 ]	<input type="radio"/> 3 - (3) A great deal of the time <input type="radio"/> 2 - (2) A lot of the time <input type="radio"/> 1 - (1) Not too often <input type="radio"/> 0 - (0) Very little Data Source: [ zCodeltem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=166 ]

6	I feel cheerful DB Name: [ Q06 ]	<ul style="list-style-type: none"> <li><input type="radio"/> 3 - (3) Never</li> <li><input type="radio"/> 2 - (2) Not often</li> <li><input type="radio"/> 1 - (1) Sometimes</li> <li><input type="radio"/> 0 - (0) Most of the time</li> </ul> <p>Data Source: [ zCodeltem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=167 ]</p>
7	I can sit and feel relaxed DB Name: [ Q07 ]	<ul style="list-style-type: none"> <li><input type="radio"/> 0 - (0) Definitely</li> <li><input type="radio"/> 1 - (1) Usually</li> <li><input type="radio"/> 2 - (2) Not often</li> <li><input type="radio"/> 3 - (3) Not at all</li> </ul> <p>Data Source: [ zCodeltem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=168 ]</p>
8	I feel as if I am slowed down DB Name: [ Q08 ]	<ul style="list-style-type: none"> <li><input type="radio"/> 3 - (3) Nearly all the time</li> <li><input type="radio"/> 2 - (2) Very often</li> <li><input type="radio"/> 1 - (1) Sometimes</li> <li><input type="radio"/> 0 - (0) Not at all</li> </ul> <p>Data Source: [ zCodeltem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=169 ]</p>
9	I get a sort of frightened feeling like "butterflies" in the stomach DB Name: [ Q09 ]	<ul style="list-style-type: none"> <li><input type="radio"/> 0 - (0) Not at all</li> <li><input type="radio"/> 1 - (1) Occasionally</li> <li><input type="radio"/> 2 - (2) Quite often</li> <li><input type="radio"/> 3 - (3) Very often</li> </ul> <p>Data Source: [ zCodeltem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=170 ]</p>
10	I have lost interest in my appearance DB Name: [ Q10 ]	<ul style="list-style-type: none"> <li><input type="radio"/> 3 - (3) Definitely</li> <li><input type="radio"/> 2 - (2) I don't take as much care as I should</li> <li><input type="radio"/> 1 - (1) I may not take quite as much care</li> <li><input type="radio"/> 0 - (0) I take just as much care as ever</li> </ul> <p>Data Source: [ zCodeltem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=171 ]</p>
11	I feel restless, as if I have to be on the move DB Name: [ Q11 ]	<ul style="list-style-type: none"> <li><input type="radio"/> 3 - (3) Very much indeed</li> <li><input type="radio"/> 2 - (2) Quite a lot</li> <li><input type="radio"/> 1 - (1) Not very much</li> <li><input type="radio"/> 0 - (0) Not at all</li> </ul> <p>Data Source: [ zCodeltem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=172 ]</p>
12	I look forward with enjoyment to things DB Name: [ Q12 ]	<ul style="list-style-type: none"> <li><input type="radio"/> 0 - (0) As much as I ever did</li> <li><input type="radio"/> 1 - (1) Rather less than I used to</li> <li><input type="radio"/> 2 - (2) Definitely less than I used to</li> <li><input type="radio"/> 3 - (3) Hardly at all</li> </ul>

		Data Source: [ zCodelItem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=173 ]
13	I get sudden feelings of panic DB Name: [ Q13 ]	<ul style="list-style-type: none"> <li><input type="radio"/> 3 - (3) Very often indeed</li> <li><input type="radio"/> 2 - (2) Quite often</li> <li><input type="radio"/> 1 - (1) Not very often</li> <li><input type="radio"/> 0 - (0) Not at all</li> </ul> Data Source: [ zCodelItem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=174 ]
14	I can enjoy a good book or radio or TV program DB Name: [ Q14 ]	<ul style="list-style-type: none"> <li><input type="radio"/> 0 - (0) Often</li> <li><input type="radio"/> 1 - (1) Sometimes</li> <li><input type="radio"/> 2 - (2) Not often</li> <li><input type="radio"/> 3 - (3) Very seldom</li> </ul> Data Source: [ zCodelItem ] Data Field: [ zItemNb ] Label Field: [ zItemNm ] Filter: [ zGroupID=175 ]
15	HADS Anxiety Score This is the sum of all the ODD numbered responses (1-13) DB Name: [ Q15 ]	2 char.
16	HADS Depression Score This is the sum of all the EVEN numbered responses (2-14) DB Name: [ Q16 ]	2 char.
Subjects should be offered a referral to a mental health professional, if the depression HADS score (Q16) increases by 50% or more from the subject's baseline HADS subscale score when the baseline score is 10 or greater, or if the depression subscale score is 20 or greater.		
c	General Comments DB Name: [ zNotes ]	250 char.