



(Self-Administered, Participant)

Study ID

**Outcome Expectations for Diabetes Self-Management (OEDM): Short Form**

A. Today's date is:        
 Month Day Year

The following questions are about how you feel about taking care of your diabetes.

Please circle the number beside each question to tell us how much each statement applies to you, where **1 is not at all** and **10 is a lot**.

<i>If I do everything I'm supposed to do to take care of my diabetes, it would...</i>	Not At All										A Lot
1. Be too much to think about.	1	2	3	4	5	6	7	8	9	10	
2. Save me money in the future.	1	2	3	4	5	6	7	8	9	10	
3. Keep me from living my life the way I want to.	1	2	3	4	5	6	7	8	9	10	
4. Take too much time.	1	2	3	4	5	6	7	8	9	10	
5. Make me have fewer high blood sugars.	1	2	3	4	5	6	7	8	9	10	
6. Cost too much.	1	2	3	4	5	6	7	8	9	10	
7. Make me be admired by my friends.	1	2	3	4	5	6	7	8	9	10	
8. Save me money now.	1	2	3	4	5	6	7	8	9	10	
9. Keep me from having fun at parties or on holidays.	1	2	3	4	5	6	7	8	9	10	
10. Be too much work.	1	2	3	4	5	6	7	8	9	10	
11. Keep me from missing too much school.	1	2	3	4	5	6	7	8	9	10	
12. Give me too many marks on my skin from checking my blood.	1	2	3	4	5	6	7	8	9	10	
13. Help me avoid fighting with my parents/guardians.	1	2	3	4	5	6	7	8	9	10	
14. Be too strict of a schedule.	1	2	3	4	5	6	7	8	9	10	
15. Keep my diabetes in better control.	1	2	3	4	5	6	7	8	9	10	
16. Make me feel good about myself.	1	2	3	4	5	6	7	8	9	10	
17. Help me do better in my schoolwork.	1	2	3	4	5	6	7	8	9	10	
18. Keep me healthy.	1	2	3	4	5	6	7	8	9	10	
19. Keep me from eating what I want.	1	2	3	4	5	6	7	8	9	10	

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<i>If I do everything I'm supposed to do to take care of my diabetes, it would...</i>	<b>Not At All</b>										<b>A Lot</b>
20. Make me better in sports.	1	2	3	4	5	6	7	8	9	10	
21. Make me gain weight.	1	2	3	4	5	6	7	8	9	10	
22. Be too much responsibility.	1	2	3	4	5	6	7	8	9	10	
23. Give me more energy.	1	2	3	4	5	6	7	8	9	10	
24. Keep me from doing things with my friends.	1	2	3	4	5	6	7	8	9	10	