

PedsQLTM Pediatric Quality of Life Inventory

Version 4.0

PARENT REPORT for TEENS (ages 13-18)

DIRECTIONS

On the following page is a list of things that might be a problem for **your teen**. Please tell us **how much of a problem** each one has been for **your teen** during the **past ONE month** by circling:

- **0** if it is **never** a problem
- 1 if it is almost never a problem
- 2 if it is **sometimes** a problem
- **3** if it is **often** a problem
- 4 if it is almost always a problem

There are no right or wrong answers. If you do not understand a question, please ask for help.

Copyright © 1998 JW Varni, Ph.D. All rights reserved

In the past **ONE month**, how much of a **problem** has your teen had with ...

PHYSICAL FUNCTIONING (problems with)	Never	Almost Never	Someti mes	Often	Almost Always
1. Walking more than one block	0	1	2	3	4
2. Running	0	1	2	3	4
3. Participating in sports activity or exercise	0	1	2	3	4
4. Lifting something heavy	0	1	2	3	4
5. Taking a bath or shower by him or herself	0	1	2	3	4
6. Doing chores around the house	0	1	2	3	4
7. Having hurts or aches	0	1	2	3	4
8. Low energy level	0	1	2	3	4

EMOTIONAL FUNCTIONING (problems with)	Never	Almost Never	Someti mes	Often	Almost Always
1. Feeling afraid or scared	0	1	2	3	4
2. Feeling sad or blue	0	1	2	3	4
3. Feeling angry	0	1	2	3	4
4. Trouble sleeping	0	1	2	3	4
5. Worrying about what will happen to him or her	0	1	2	3	4

SOCIAL FUNCTIONING (problems with)	Never	Almost Never	Someti mes	Often	Almost Always
1. Getting along with other teens	0	1	2	3	4
2. Other teens not wanting to be his or her friend	0	1	2	3	4
3. Getting teased by other teens	0	1	2	3	4
 Not able to do things that other teens his or her age can do 	0	1	2	3	4
5. Keeping up with other teens	0	1	2	3	4

SCHOOL FUNCTIONING (problems with)	Never	Almost Never	Someti mes	Often	Almost Always
1. Paying attention in class	0	1	2	3	4
2. Forgetting things	0	1	2	3	4
3. Keeping up with schoolwork	0	1	2	3	4
4. Missing school because of not feeling well	0	1	2	3	4
5. Missing school to go to the doctor or hospital	0	1	2	3	4