



## Tanner Staging Questionnaire Female

Patient ID \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Date of Evaluation: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Protocol timepoint (see codes): \_\_\_\_

**SITE USE ONLY**

**SECTION I:** The drawings below show 5 different stages of how the breasts grow. A girl can go through each of the 5 stages as shown. Please look at each drawing and read the sentences that match the drawings. Then mark an "X" in the box above the drawing that you think is **closest** to your stage of breast growth. **TANPHY**

Stage <b>1</b> <input type="checkbox"/>	Stage <b>2</b> <input type="checkbox"/>	Stage <b>3</b> <input type="checkbox"/>	Stage <b>4</b> <input type="checkbox"/>	Stage <b>5</b> <input type="checkbox"/>
The nipple is raised a little. The rest of the breast is still flat.	This is the breast bud stage. In this stage, the nipple is raised more than in stage 1. The breast is a small mound. The areola is larger than stage 1.	The breast and areola are both larger than in stage 2. The areola does not stick out away from the breast.	The areola and the nipple make up a mound that sticks up above the shape of the breast. NOTE: This stage may not happen at all for some girls. Some girls develop from stage 3 to stage 5 with no stage 4.	This is the mature adult stage. The breasts are fully developed. Only the nipple sticks out in this stage. The areola has moved back in the general shape of the breast.

**SECTION II:** The drawings below show 5 different stages of female pubic hair growth. A girl can go through each of the 5 stages as shown. Please look at each drawing and read the sentences that match each drawing. Then mark an "X" in the box above the drawing that you think is **closest** to the amount of your pubic hair growth. **TANPUB**

Stage <b>1</b> <input type="checkbox"/>	Stage <b>2</b> <input type="checkbox"/>	Stage <b>3</b> <input type="checkbox"/>	Stage <b>4</b> <input type="checkbox"/>	Stage <b>5</b> <input type="checkbox"/>
There is no pubic hair at all.	There is a little soft, long, lightly-colored hair. This hair may be straight or a little curly.	The hair is darker in this stage. It is coarser and more curled. It has spread out and thinly covers a bigger area.	The hair is now as dark, curly, and coarse as that of an adult female. The area that the hair covers is not as big as that of an adult female. The hair has NOT spread out to the legs.	The hair is now like that of an adult female. It covers the same area as that of an adult female. The hair usually forms a triangular (∇) pattern as it spreads out to the legs.

*Adapted from: Morris, N.M. and Udry, J.R. Validation of a Self-Administered Instrument to Assess Stage of Adolescent Development. Journal of Youth and Adolescence. 1980 Jun; 9: 271-280*