

HEMO Study Form 37. The Karnofsky Index (KI) of Functional Ability

This form should be completed by the hemodialysis unit nurse or the dialysis unit social worker under the guidance of the study coordinator. See the end of the form for definitions of the terminology used in scoring.

- 1. Patient Identification Number _____
- 2. Name Code..... _____
- 3. Visit Date ___/___/___
- 4. Visit Type _____
- 5. Week/Month Number _____
- 6. a. Type of person making assessment _____
(1=hemodialysis unit nurse, 2=social worker, 3=other)
- b. First initial and first seven letters of evaluator's last name..... _____

7. Each statement describes the functional ability of a patient and is numbered. The statement that most closely describes the patient's functional ability should be marked. Only **ONE** statement that reflects the patient's functional ability **AT PRESENT** should be marked for each patient. The patient's Hemodialysis Unit record could be used to assist in this assessment. **DO NOT** ask the patient or patient's family to assist you in this assessment.

(circle one)

- Normal; no complaints; no evidence of disease 1
- Able to carry on normal activity; minor symptoms of disease 2
- Normal activity with effort; some signs and symptoms of disease 3
- Cares for self; unable to carry on normal activity or do active work 4
- Requires occasional assistance but is able to care for most of own needs 5
- Requires considerable assistance and frequent medical care..... 6
- Disabled; requires special care and assistance 7
- Severely disabled; hospitalization is indicated, although death not imminent 8
- Very sick; hospitalization necessary 9
- Moribund; fatal processes progressing rapidly 10

Terminology for the Karnofsky Index

A. "Normal activity" is defined as the amount of activity carried on by a patient when he/she is perfectly well. Normal activity includes:

1. Basic activities of daily living: taking care of self, moving in and out of a bed or chair, and walking indoors

2. Instrumental activities of daily living: walking one block or climbing one flight of stairs, doing work around the house, doing errands, driving a car or using public transportation, doing vigorous activities

3. Social activities: visiting with relatives or friends, participating in community activities, taking care of other people

B. "Active work" is defined as physical or mental activity that benefits oneself

C. "Cares for self" is defined as functioning independently in society except for the necessity of earning a living, which may depend on government or other outside support

201. Date this form completed _ _ / _ _ / _ _

202. Certification number of HEMO staff member who reviewed the form _ _ _ _

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| <p>Clinical Center Use Only</p> <p>Data Form Entered _ _ / _ _ / _ _</p> <p>Person Entering This Form</p> |
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