Instructions: People have reported having the following problems in relating to other people. Please read the list below and for each item, consider whether it has been a problem for you with respect to ANY significant person in your life. Then fill in the numbered circle that describes how distressing that problem has been.

Subject ID	
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Month	Day	Year		Week
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0 = Not at all
1 = A little bit
2 = Moderately
3 = Quite a bit
4 = Extremely

4 = Extremely			Ξ	6	-
The following are things you find hard to do with other people.		A little bit	Moderately	Quite a bit	Extremely
It is hard for me to:	Not at all	e bi	Itely	a bi	nely
1. Say "no" to other people	0	1	2	3	4
2. Join in on groups	0	1	2	3	4
3. Keep things private from other people	0	1	2	3	4
4. Tell a person to stop bothering me	0	1	2	3	4
5. Introduce myself to new people	0	1	2	3	4
6. Confront people with problems that come up	0	1	2	3	4
7. Be assertive with another person	0	1	2	3	4
8. Let other people know I am angry	0	1	2	3	4
9. Socialize with other people	0	1	2	3	4
10. Show affection to people	0	1	2	3	4
11. Get along with people	0	1	2	3	4
12. Be firm when I need to be	0	1	2	3	4
13. Experience a feeling of love for another person	0	1	2	3	4
14. Be supportive of another person's goals in life	0	1	2	3	4
15. Feel close to other people	0	1	2	3	4
16. Really care about other people's problems	0	1	2	3	4
17. Put somebody else's needs before my own	0	1	2	3	4
18. Feel good about another person's happiness	0	1	2	3	4
19. Ask other people to get together socially with me	0	1	2	3	4
20. Be assertive without worrying about hurting the other person's feelings	0	1	2	3	4

The following are things that you do too much:

	21. I open up to people too much.	0	1	2	3	4
	22. I am too aggressive toward other people.	0	1	2	3	4
	23. I try to please other people too much.	0	1	2	3	4
	24. I want to be noticed too much.	0	1	2	3	4
—	25. I try to control other people too much.	0	1	2	3	4
	26. I put other people's needs before my own too much.	0	1	2	3	4
	27. I am overly generous to other people.	0	1	2	3	4
	28. I manipulate other people too much to get what I want.	0	1	2	3	4
	29. I tell personal things to other people too much.	0	1	2	3	4
	30. I argue with other people too much	0	1	2	3	4
	31. I let other people take advantage of me too much.	0	1	2	3	4
	32. I am affected by another person's misery too much.	0	1	2	3	4