

PCSQ - 2 Item

Directions: Individuals who experience pain have developed a number of ways to cope or deal with their abdominal pain. These include saying things to themselves when they experience pain, or engaging in different activities. Below are a list of things that people have reported doing when they feel pain. For each activity, please indicate, using the scale below, how much you engage in that activity when you feel pain. An '0' indicates that you never do that activity when you are experiencing pain, a '3' indicates you sometimes do it when you are experiencing pain, and a '6' indicates you always do it when you are experiencing pain. Remember, you can use any number along the scale. Please blacken the appropriate circle next to each question.

Subject ID	Month	Day	Year	Week
0 0 0 0	0 0	0 0	0 0	0 0
1 1 1 1	1 1	1 1	1 1	1 1
2 2 2 2	2 2	2 2	2 2	2 2
3 3 3 3	3 3	3 3	3 3	3 3
4 4 4 4	4 4	4 4	4 4	4 4
5 5 5 5	5 5	5 5	5 5	5 5
6 6 6 6	6 6	6 6	6 6	6 6
7 7 7 7	7 7	7 7	7 7	7 7
8 8 8 8	8 8	8 8	8 8	8 8
9 9 9 9	9 9	9 9	9 9	9 9

0	1	2	3	4	5	6
Never do			Sometimes do that			Always do that

When I feel pain . . .

	Never	1	2	Sometimes	4	5	Always
1. I think of things I enjoy doing.	0	1	2	3	4	5	6
2. I just think of it as some other sensation, such as numbness.	0	1	2	3	4	5	6
3. It is terrible and I feel it is never going to get any better.	0	1	2	3	4	5	6
4. I don't pay any attention to it.	0	1	2	3	4	5	6
5. I pray for the pain to stop.	0	1	2	3	4	5	6
6. I tell myself I can't let the pain stand in the way of what I have to do.	0	1	2	3	4	5	6
7. I do something active, like household chores or projects.	0	1	2	3	4	5	6
8. I replay in my mind pleasant experiences in the past.	0	1	2	3	4	5	6
9. I pretend it is not a part of me.	0	1	2	3	4	5	6
10. I feel I can't stand it anymore.	0	1	2	3	4	5	6
11. I ignore it.	0	1	2	3	4	5	6
12. I try to think years ahead, what everything will be like after I've gotten rid of the pain.	0	1	2	3	4	5	6
13. I see it as a challenge and don't let it bother me.	0	1	2	3	4	5	6
14. I do something I enjoy, such as watching TV or listening to music.	0	1	2	3	4	5	6