Medical History Baseline

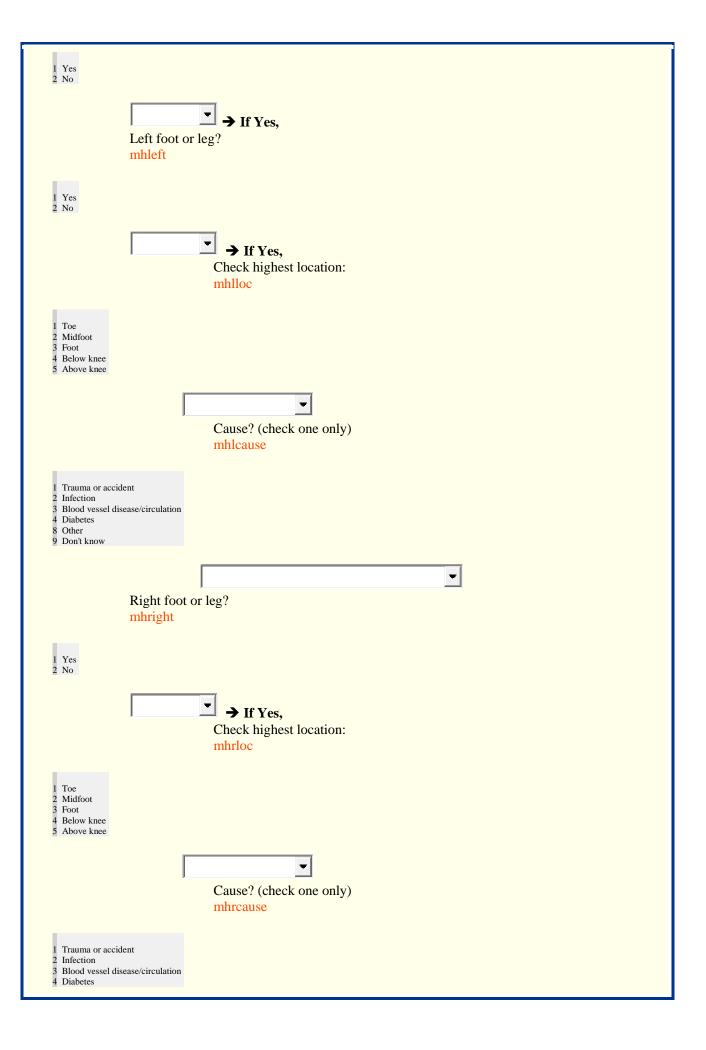
PID: 0 Acrostic: 0 Date Form Completed: d_form		Visit: Administration Type: admin
Reviewed by:compby	Language: language	
Diabetes		[
4. Have you ever been told that your of (Do not include treatment for cat	liabetes has affected the back of your eye, that is, the r aracts or glaucoma)	etina?
mhretina		
1 Yes 2 No		
for this problem? mhlaser	→If Yes, Have you ever had laser p	hotocoagulation
1 Yes 2 No		
(Do not include	▼ treatment for cataracts or glaucoma)	
5. Have you ever been told that your o	liabetes has affected your kidneys?	
mhkidney		
1 Yes 2 No		
	•	
Neuropathy		
	w about the feeling in your legs and feet. Check yes	or no based on
a. Are your legs and/or feet numb?		
mhnumb		
1 Yes 2 No	•	

b. Do you ever have any burning pain in your legs and/or feet?	
mhburn 1 Yes 2 No	
c. Are your feet too sensitive to touch?	
mhsens 1 Yes 2 No	
d. Do you get muscle cramps in your legs and/or feet?	
mhcramps 1 Yes 2 No	
e. Do you ever have any prickling feelings in your legs or feet?	
mhprck 1 Yes 2 No	
f. Does it hurt when the bed covers touch your skin?	
nhtouch 1 Yes 2 No	
g. When you get into the tub or shower, are you able to tell the hot water from the cold water?	
nhtell 1 Yes 2 No	
h. Have you ever had an open sore on your foot?	
<pre>hsore 1 Yes 2 No </pre> If Yes → Do you have one now? mhsorenow	

i. Has your doctor ever told you that you have diabetic neuropathy?
mhneur 1 Yes 2 No
j. Do you feel weak all over most of the time?
mhweak 1 Yes 2 No
k. Are your symptoms worse at night?
mhworse 1 Yes 2 No
1. Do your legs hurt when you walk?
mhhurt 1 Yes 2 No
m. Are you able to sense your feet when you walk?
mhwalk 1 Yes 2 No
n. Is the skin on your feet so dry that it cracks open?
mhdry 1 Yes 2 No
Amputation

7. Have you ever had an amputation of any part of your feet or legs?

mhamp



	8 Other 9 Don't know	
		_
Cai	rdiovascular	
8.	Has a doctor	r ever told you that you had a myocardial infarction or heart attack?
	mhmi	
	1 Yes 2 No	
		→ If Yes, How many heart attacks have you had? mhmi_cnt Number When was your first (or only) heart attack?
		mhd_fmil (Month/Day/Year) mhd_fmidk value="1" Don't know mhfmiage Age
		When was your last heart attack? mhd_lmi (Month/Day/Year) mhd_lmidk value="1" Don't know mhlmiage Age
9.	Has a doctor	r ever told you that you had a stroke?
	mhstroke	
	1 Yes 2 No	
		How many strokes have you had? mhst_cnt Number
		When was your first (or only) stroke? mhd_fst (Month/Day/Year) mhfstage Age
		When was your last stroke? mhd_lst mhlstage Age

Cardiovascular - continued	
10. Have you ever had coronary bypass surgery (grafts or CABG)?	
mhcabg	
1 Yes 2 No	
<pre>> If Yes, How many times have you had this surgery? mhcb_cnt Number When was your first (or only) surgery? mhd_fcb</pre>	
11. Have you ever had an angioplasty of the coronary arteries, where a balloon is used to dilate the arteries of the heart and/or a stent is placed to hold open the arteries?	
mhang 1 Yes 2 No	
<pre></pre>	
mhlapage Age	

Cardiovascular - continued

12. Have you ever had a carotid endarterectomy, which is a surgery on the blood vessels in your neck, or carotid

angioplasty	which is dilation of the blood vessels in your neck with a balloon?
mhcend	
1 Yes 2 No	
	 ▶ If Yes, How many times have you had these surgeries/procedures? mhce_cnt Number When was your first (or only) surgery/procedure? mhd_fce Month/Day/Year) mhfceage Age When was your last surgery/procedure? mhd_lce (Month/Day/Year) mhd_lce Age
13. Have you ever had an angioplasty of the lower extremity artery, which is dilation of the blood vessels with a balloon, of the arteries in your leg or a bypass, atherectomy, or laser therapy of the artery in your leg?	
mhlower 1 Yes 2 No	
	 ▶ If Yes, How many times have you had these surgeries? mhle_cnt Number When was your first (or only) surgery? mhd_fle (Month/Day/Year) mhfleage Age When was your last surgery? mhd_lle (Month/Day/Year) mhlleage Age

Cardiovascular - continued

14. Have you ever had other heart or blood vessel surgery?

mhhrtsurg

1 Yes 2 No
→ If Yes, mhaarep value="1" Aortic aneurysm repair mhosurg value="1" Other, specify: mhsurg_sp
15. Has a doctor ever told you that you had other problems with your heart, circulation, or blood clots?
mhoprob
1 Yes 2 No
→ If Yes, Check all that apply:
mhcarrst value="1" Cardiac arrest
mhchf value="1" Heart failure or congestive heart failure
mhatrfib value="1" Atrial fibrillation
mhhrtprob value="1" Heart valve problem
mhbclot value="1" Blood clot in your leg or lung
mhvdis value="1" Heart valve disease such as mitral regurgitation, prolapse or aortic stenosis
mhoth value="1" Other, specify: mhoth_sp
Congestive Heart Failure/Breathlessness
16. Have you ever had to sleep on 2 or more pillows to help you breathe?
mhhelp1
1 Yes 2 No
► → If Yes,
Do you currently have to sleep on 2 or more pillows to help you breathe?
mhhelp2
1 Yes 2 No
17. Have you ever been awakened at night by trouble breathing?

	mhwake1
	1 Yes 2 No
	► →If Yes,
	Do you currently wake up at night due to trouble breathing?
	mhwake2
	1 Yes 2 No
18.	Have you had swelling of your feet or ankles (excluding during pregnancy or because of an injury such as a sprain)?
	mhswell1
	1 Yes 2 No
	► →If Yes,
	Did it come on during the day and go down overnight?
	mhday1
	1 Yes 2 No
	Do you currently have swelling of your feet or ankles?
	mhswell2
	1 Yes 2 No
	► → If Yes,
	Does it come on during the day and go down overnight?
	mhday2
	1 Yes 2 No

19. Are you troubled by shortness of breath when hurrying on the level	el or walking up a slight hill?
mhshtbth	
1 Yes 2 No	
→If Yes,	
When walking on level ground, do you have to walk slower than people your age because of breathlessness? mhwslow	
1 Yes 2 No	
Do you ever have to stop for breath when walking at your own pace on level ground?	
mhstop 1 Yes 2 No	

Leg Pain/Claudication
20. Do you get pain in either leg on walking?
mhlgpain
1 Yes 2 No
► →If Yes,
Does this pain ever begin when you are standing or sitting?
mhbegin ¹ Yes ² No →If Yes,
In what part of your leg do you feel it? mhfeel
1 In calf 2 Not in calf → If in calf,
Do you get it if you walk uphill or hurry? mhhurry

1 Yes	
2 No	
	Do you get it if you walk at an ordinary
	pace on the level?
	mhlevel
1 Yes	
2 No	▼
	Does the pain ever disappear while
	you are walking?
	mhdis
1 Yes	
2 No	
	What do you do if you get it when you
	you are walking?
	mhdo
 Stop or slow down Carry on 	
	What happens to it if you stand still?
	is it relieved?
	mhstill
1 Relieved 2 Not relieved	
	How soon?
	mhsoon
1 <= 10 minutes	
2 > 10 minutes	-
	Were you ever hospitalized for this problem in your legs?
	mhhosp
1 Vec	r
1 Yes 2 No	

Stroke/TIA

21. During the past 12 months, have you had any sudden feeling of numbness, tingling, or loss of feeling in either arm, hand, leg, foot or face?

mhnumb12

1 Yes 2 No

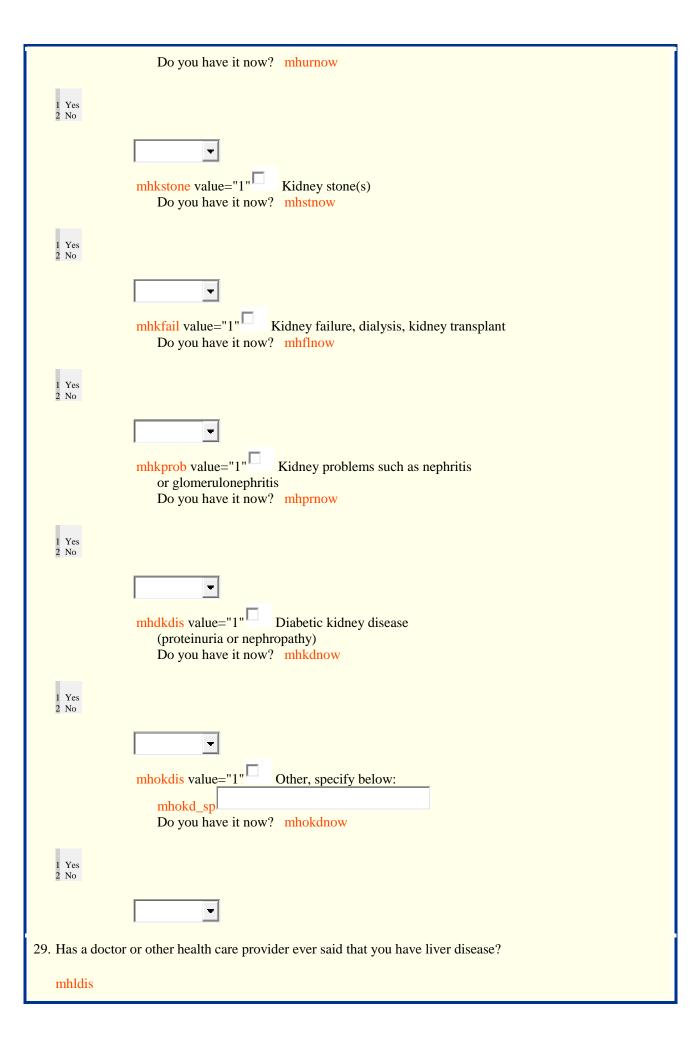
→If Yes,
How long did the symptoms last?
mhlast1
 Less than 1 hour 1-24 hours More than 24 hours
22. During the past 12 months, have you had any sudden attacks of paralysis, or loss of use of either arm, hand, leg or foot?
mhparal
1 Yes 2 No
→If Yes,
How long did the symptoms last?
mhlast2
 Less than 1 hour 1-24 hours More than 24 hours
23. During the past 12 months, have you had any sudden loss of eyesight or blurring of vision for a short period of time?
mhvloss
1 Yes 2 No
→ If Yes,
How long did the symptoms last?
mhlast3
 Less than 1 hour 1-24 hours More than 24 hours

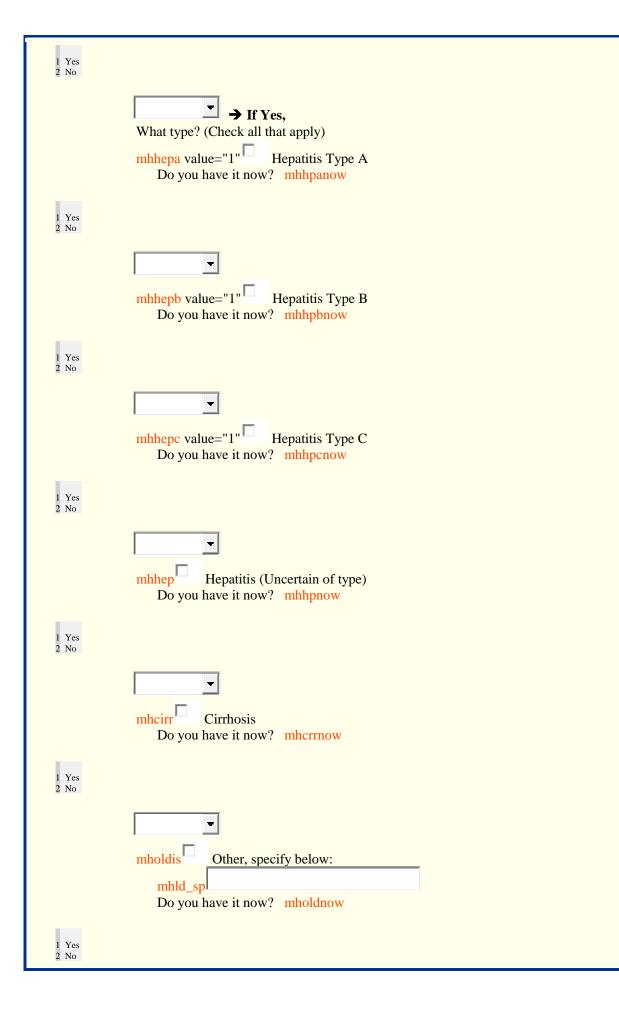
24. During the past 12 months, have you had any sudden attacks or changes in speech, loss of speech, or inability to say words for more than two minutes?
mhsploss
1 Yes 2 No
▼ →If Yes,
How long did the symptoms last?
mhlast4
 Less than 1 hour 1-24 hours More than 24 hours
25. During the past 12 months, have you had any spells of dizziness, difficulty in walking, lightheadedness or loss of balance?
mhdizzy
1 Yes 2 No
► →If Yes,
How long did the symptoms last?
mhlast5
1 Less than 1 hour 2 1-24 hours 3 More than 24 hours
Lung Problems - Wheezing
26. Does your chest ever sound wheezy or whistling?
mhwheez
1 Yes 2 No
→ If Yes, When you have a cold?

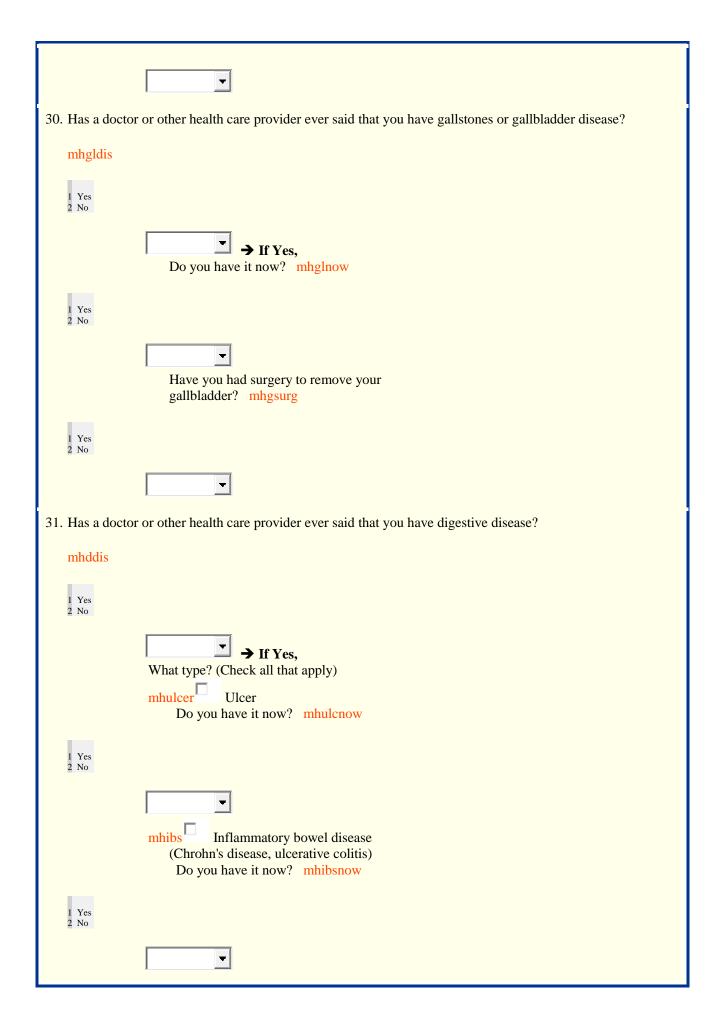
Г

	mhcold
1 Yes	
2 No	
	\rightarrow If Yes,
	How many years has this been present?
	mhpres1 Years Occasionally apart from a cold?
	mhapart
1 Yes 2 No	
	→ If Yes, How many years has this been present?
	mhpres2 Years
27. Have you eve	er had an attack of wheezing that has made you feel short of breath?
mhattack	
1 Yes 2 No	
	How old were you when you had your first attack?
	mhattage Years
	Have you had 2 or more such episodes? mh2ep
1 Yes 2 No	
Other Medical C	conditions
	or other health care provider ever said that you have kidney disease?

mhkdis	
1 Yes 2 No	
	→ If Yes,
	What type? (Check all that apply)
	mhurinf value="1" Urine infection from your kidney



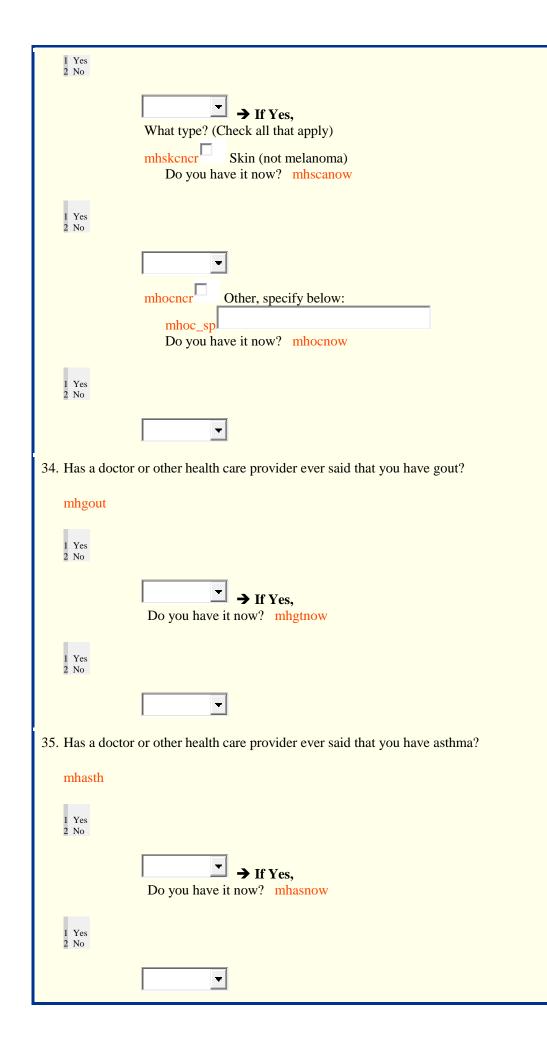




	mhoddis Other, specify below: mhdd_sp
	Do you have it now? mhoddnow
1 Yes 2 No	

Other Medical Conditions - continued

32.	Has a doctor	or other health care provider ever said that you have a thyroid problem?
	mhtdis	
	1 Yes 2 No	
		→ If Yes, What type? (Check all that apply) mhhypo Hypothyroidism (underactive) Do you have it now? mhhponow
	1 Yes 2 No	
		mhhype Hyperthyroidism (overactive) or Grave's disease Do you have it now? mhhpenow
	1 Yes 2 No	
		mhotdis Other, specify below:
		mhtd_sp Do you have it now? mhotdnow
	1 Yes 2 No	
33.	Has a doctor	or other health care provider ever said that you have cancer or a malignant tumor?
	mhcncr	



36. Has a doctor or other health care provider ever said that you have emphysema or chronic bronchitis?				
mhemph				
1 Yes 2 No				
► If Yes, Do you have it now? mhemnow				
1 Yes 2 No				
37. Has a doctor or other health care provider ever said that you have epilepsy (seizures)?				
mhepil				
1 Yes 2 No				
► If Yes, Do you have it now? mhepnow				
1 Yes 2 No				

Other Medical Conditions - continued
38. Has a doctor or other health care provider ever said that you have depression?
mhdep
1 Yes 2 No
•
39. Has a doctor or other health care provider ever said that you have another nervous, emotional, or mental disorder?
mhmendis
1 Yes 2 No

•					
40. Has a doctor or other health care provider ever said that you have arthritis?					
mharth					
1 Yes 2 No					
	What type? (Check all that apply) mhrheum Rheumatoid Do you have it now? mhrhmnow				
1 Yes 2 No					
	mhost Degenerative or osteoarthritis Do you have it now? mhostnow				
1 Yes 2 No					
	mhoarth Other, specify below: mhoa_sp Do you have it now? mhartnow				
1 Yes 2 No					

Sleep Apnea				
41. Have you ever snored (now or at any time in the past)?				
mhsnore				
1 Yes 2 No 9 Don't know				
42 How often do you snore now?				

mhsnfreq
 Do not snore anymore Sometimes (up to 2 nights a week) Frequently (3-5 nights a week) Always or almost always (6-7 nights a week) Don't know
43 How loud is your snoring?
mhloud
 Only slight louder than heavy breathing About as loud as talking Louder than talking Extremely loud - can be heard through a closed door
9 Don't know
44. Are there times when you stop breathing during your sleep?
mhstpbth
1 Yes 2 No 9 Don't know
45. How often do you have times when you stop breathing during your sleep?
mhoften
 Sometimes (up to 2 nights a week) Frequently (3-5 nights a week) Always or almost always (6-7 nights a week) Don't know
46. How often do you feel excessively (overly) sleepy during the day?
mhsleepy
 Never or rarely (1 day/month or less) Sometimes (2-4 days/month) Often (5-15 days/month) Almost always (16-30 days/month)

47. Have you ever been told by a doctor that you had sleep apnea (a condition in which breathing stops briefly during sleep)?
mhapnea
1 Yes 2 No

MY HEALTH, PART A.

Interviewer Administered

Patient ID		[affix ID label	here]		Date Form Completed	Month	Day Year
Administra	tion Type	Visit Code	9	F	Reviewed by		Language E
Medica	ation Invento	ry					
your doct creams, s clinic. Did ₁ □ Yes → ₂ □ No →	or prescribed alves, and inj d you bring all May I see Make arra no meds →	for you and were ections. The lette l of the medication	filled by a p r you receiv is that you t n	harmacist. /ed about t cook in the	These inclue his appointm	de pills, sk ent asked	nterested in medications kin patches, eye drops, you to bring them to the
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							
11.							
12.							
13.							
14.							
15.							

		Specific Medications					
"N	ow I	would like to ask you about	a few specific me	dications."			
2.	"W	ere any of these prescription r	nedications you too	k during the p	ast two weeks	for:"	
	a.	High blood pressure?		₁ □ Yes	2 🗌 No	9 🗌 Don't know	
	b.	Angina or chest pain?		₁□Yes	2 🗌 No	9 🗌 Don't know	
	C.	Control of heart rhythm?		₁□Yes	2 🗌 No	9 🗌 Don't know	
	d.	Heart failure?		₁□Yes	2 🗌 No	9 🗌 Don't know	
	e.	Blood thinning?		₁∐Yes	2 🗌 No	9 🗌 Don't know	
	f.	Stroke?		₁□Yes	2 🗌 No	9 🗌 Don't know	
	g.	Leg pain on walking?		₁□Yes	2 🗌 No	9 🗌 Don't know	
	h.	Asthma, emphysema or chro	nic bronchitis?	₁□Yes	2 🗌 No	9 □ Don't know	
	i.	Depression?		₁□Yes	2 🗌 No	9 🗌 Don't know	
	j.	Weight loss?		₁∐Yes	2 🗌 No	9 🗌 Don't know	
	k.	Eyes?		₁∐Yes	2 🗌 No	9 🗋 Don't know	
	I.	Cholesterol lowering?		₁□Yes	2 🗌 No	₀ 🗌 Don't know	
	m.	Lowering blood glucose with	insulin?	₁∐Yes	2 🗌 No	9 🗌 Don't know	
3.	 B. During an average week, how often do you take one or more aspirin tablets? (Do not include Tylenol, ibuprofen or similar drugs) 1 Never or less than 1 day per week 2 1 or 2 days per week 3 3-4 days per week (every other day) 4 5 or 6 days per week 5 U Every day 						

	Diabet	tes				
4.			r diabetes has affected the back of your eye, that is, the retina? aracts or glaucoma)			
	₁⊡Yes →	Have you ever h	ad laser photocoagulation treatment for this problem?			
	2 🗌 No	(Do not include t	reatment for cataracts or glaucoma)			
		₁∐Yes				
		2 🗌 No				
5.	Have you ever l ₁ □ Yes ₂ □ No	been told that you	r diabetes has affected your kidneys?			

		Neuropat	thy						
6.		ase answer t v you <u>usually</u>	the questions b <u>y</u> feel.	elow about	the feelinç	j in your legs a	nd feet. C	heck yes or r	no based on
	a.	Are your legs and/or feet numb?						₁□Yes	2 🗌 No
	b.	Do you ever	r have any burni	ng pain in yc	our legs and	I/or feet?		₁□Yes	2 🗌 No
	C.	Are your fee	et too sensitive t	o touch?				₁□Yes	2 🗌 NO
	d.	Do you get i	muscle cramps	n your legs a	and/or feet?	>		₁□Yes	2 🗌 No
	e.	Do you ever	r have any prick	ing feelings	in your legs	or feet?		₁□Yes	2 🗌 NO
	f.	Does it hurt	when the bed c	overs touch	your skin?			₁□Yes	2 🗌 No
	g.	When you get into the tub or shower, are you able to tell the hot water from the cold water?					e ₁∏Yes	₂ □ No	
	h.	Have you ev	ver had an open	sore on you	r foot?			₁□Yes	2 🗌 No
		If yes ➔	Do you have o	ne now?	₁ □ Yes	2 🗌 No			
	i.	Has your do	octor ever told yo	ou that you h	ave diabeti	c neuropathy?	_	₁□Yes	2 🗌 No
	j.	Do you feel	weak all over m	ost of the tim	ne?			₁□Yes	2 🗌 NO
	k.	Are your syr	mptoms worse a	it night?				₁□Yes	2 🗌 No
	I.	Do your legs hurt when you walk?					₁□Yes	2 🗌 No	
	m.	Are you able to sense your feet when you walk?							2 🗌 No
	n.	Is the skin o	on your feet so d	ry that it crac	cks open?			₁□Yes	2 🗌 NO

	Ampu	tation	
7.	Have you eve	r had an amputation	of any part of your feet or legs?
	₁□Yes →	Left foot or leg?	?
	2 No	₁ 🗌 Yes 🔶	Check highest location:
		2 🗌 No	₁ □ Toe
			2 🗌 Midfoot
			₃ □ Foot
			₄ □ Below knee
			₅ □ Above knee
			Cause? (check one only)
			₁ □ Trauma or accident
			₃ ☐ Blood vessel disease/circulation
			₄ □ Diabetes
			₅ □ Other
			₀ □ Don't know
		Right foot or leg	g?
		₁ 🗌 Yes 🔸	Check highest location:
		2 🗌 NO	₁ □ Toe
			2 🗌 Midfoot
			₃ □ Foot
			₄ □ Below knee
			₅ □ Above knee
			Cause? (check one only)
			₁ □ Trauma or accident
			₃ ☐ Blood vessel disease/circulation
			₄ □ Diabetes
			₀ □ Other
			₀ □ Don't know

	Cardiovascular									
8.										
	₁ 🗌 Yes 🔶	How many heart attacks have you had?								
	2 🗌 No	No Number								
		When was your first (or only) heart attack?								
		Month Day Year								
		Age								
		When was your last heart attack?								
		Don't know								
		Month Day Year								
		Age								
9.	Has a doctor e	ver told you that you had a stroke?								
	₁ 🗌 Yes →	How many strokes have you had?								
	₂ □ No	Number								
		When was your first (or only) stroke?								
		Month Day Year								
	Age									
		When was your last stroke?								
		Month Day Year								
		Age								

Cardiovascular								
10. Have you ever had coronary bypass surgery (grafts or CABG)?								
1 □ Yes → 2 □ No								
	When was your first (or only) surgery?							
	When was your last surgery?							
	Month Day Year							
	Age							
	had an angioplasty of the coronary arteries, where a balloon is used to dilate the arteries d/or a stent is placed to hold open the arteries?							
₁ 🗌 Yes 🔶	How many angioplasty/stent procedures have you had?							
2 🗆 No	Number							
	When was your first (or only) angioplasty/stent procedure?							
	Month Day Year							
	Age							
	When was your last angioplasty/stent procedure?							
	Age							

	Cardiova	scular
12		had a carotid endarterectomy, which is a surgery on the blood vessels in your neck, or
12.		asty which is dilation of the blood vessels in your neck with a balloon?
	1 □ Yes →	How many times have you had these surgeries/procedures?
	2 🗌 NO	Number
		When was your first (or only) surgery/procedure?
		Month Day Year
		Age
		When was your last surgery/procedure?
		Month Day Year
		Age
13.		had an angioplasty of the lower extremity artery, which is dilation of the blood vessels with
		e arteries in your leg or a bypass, atherectomy, or laser therapy of the artery in your leg?
	1 □ Yes →	How many times have you had these surgeries?
	2 🗌 NO	Number
		When was your first (or only) surgery?
		Month Day Year
		Age
		When was your last surgery?
		Month Day Year
		Age

	Ca	rdiova	scular							
14.	Have you	u ever	had other heart or blood vess	el surgery?						
	₁□Yes	→	Aortic aneurysm repair							
	2 🗌 No		² Other, specify:							
15.	Has a do	octor e	ver told you that you had othe	r problems with your heart, circulation, or blood clots?						
	₁□Yes	→	Check all that apply:							
	2 🗌 No		1 Cardiac arrest (where you	ur heart stopped and needed to be restarted)						
			² Heart failure or congestiv	e heart failure						
			₃							
			$_4$ \Box Heart valve problem (for	example, aortic stenosis)						
			5 Blood clot in your leg veir	n or lung requiring blood thinning medicine						
	6 Heart valve disease such as mitral regurgitation, prolapse or aortic stenosis									
			7 Other, specify:							

Co											
16.	Have you	ever	had to sleep on	2 or more p	pillows to help you breathe?						
	₁□Yes	→	Do you curren breathe?	tly have to s	sleep on 2 or more pillows to help you						
	2 🗌 No		₁□Yes]Yes							
			2 🗌 NO								
17.	17. Have you ever been awakened at night by trouble breathing?										
	₁□Yes	Yes → Do you currently wake up at night due to trouble breathing?									
	2 🗌 NO		₁ □ Yes								
			2 🗌 NO								
18.	Have you such as a			your feet or	ankles (excluding during pregnancy or becau	ise of an injury					
	₁ □ Yes	→	Did it come on	during the	day and go down overnight?						
	2 🗌 No		₁□Yes								
			2 🗌 NO								
			Do you curren	tly have swe	elling of your feet or ankles?						
			₁□Yes →	Does it cor overnight?	ne on during the day and go down						
			2 🗌 NO	₁□Yes							
				2 🗌 NO							
			<u> </u>								

Congestive Hea	Congestive Heart Failure/Breathlessness							
19. Are you trou	bled by shortness of breath wi	nen hurrying on the level or walking up a slight hill?						
¹ □Yes → When walking on level ground, do you have to walk slower than people your age of breathlessness?								
2 🗌 No	No 1 🗆 Yes							
	2 🗋 No							
	Do you ever have to stop for	breath when walking at your own pace on level ground?						
	₁□Yes							
	2 🗆 No							

	Leg Pain/Claudication										
20.	Do you get	pain in eithe	er leg on v	valkin	g?						
	₁ 🗌 Yes→	Does this p	ain ever l	begin	egin when you are standing or sitting?						
	2 🗌 No	₁□Yes→	In what p	part of	f your leg do y	/ou feel it?					
		2 🗌 NO	₁ 🗌 In ca	lf➔	Do you get it	if you walk up	nill or hurry?				
			₂ ⊡ NOT calf	in	₁ □Yes →	Do you get it i level?	f you walk at an orc	linary pace on the			
					2 🗌 No						
					2 🗆 No						
				Does the pain ever disappear while you are walking?				ile you are			
				₁ □ Yes							
				2 🗆 No							
						What do you d	lo if you get it when	you are walking?			
						₁	What happens to still? Is it relieved				
						down 🗲	1 □ Relieved →	How soon?			
						₂ □ Carry on	² Not relieved	1 🗌 10 minutes			
								2 □ > 10 minutes			
							Were you ever ho problem in your le	spitalized for this gs?			
							₁□Yes				
							2 🗌 No				

	Stro	oke/TIA		
21.		bast 12 months, have nand, leg foot, or face	you had any sudden feeling of numb?	oness, tingling, or loss of feeling in
	₁ 🗌 Yes →	How long did the sy	mptoms last?	
	2 🗌 No	₁ □ Less than 1 hou	r	
		2 🗌 1-24 hours		
		₃ ☐ More than 24 ho	urs	
22.	During the p hand, leg, o		you had any sudden attacks of para	lysis, or loss of use of either arm,
	₁ 🗌 Yes →	How long did the sy	mptoms last?	
	2 🗌 No	1 □ Less than 1 hou	r	
		2 🗌 1-24 hours		
		₃ ☐ More than 24 ho	urs	
23.	During the p period of tim $_1 \square$ Yes \rightarrow $_2 \square$ No		•	t or blurring of vision for a short
		2 🗌 1-24 hours		
		₃ ☐ More than 24 ho	urs	
24.		bast 12 months, have ay words for more that How long did the syn \square Less than 1 hour $2 \square$ 1-24 hours $3 \square$ More than 24 ho	mptoms last? r	nges in speech, loss of speech, or
25.	During the p loss of bala		you had any spells or dizziness, diffi	culty in walking, lightheadedness or
	₁ 🗌 Yes →	How long did the sy	mptoms last?	
	2 🗌 No	1 □ Less than 1 hou	r	
		2 🗌 1-24 hours		
		₃ ☐ More than 24 ho	urs	

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	•	nswer is YES or No hest ever sound wh				
	₁ ∐Yes →	When you have a				
	2 No	₁ 🗌 Yes →	How many years has this been present?			
		2 🗆 No	Years			
		Occasionally apar	rt from a cold?			
		₁ 🗌 Yes →	How many years has this been present?			
		2 🗆 No	Years			
27.	Have you ev	ver had an attack of	wheezing that has made you feel short of breath?			
	₁ 🗌 Yes →	How old were you	when you had your first such attack?			
	² No Years					
		Have you had 2 or more such episodes?				
		₁□Yes				
		2 🗆 No				

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	Other Medic	al Conditions						
28.	Has a doctor	las a doctor or other health care provider ever said that you have kidney disease?						
	₁□Yes →	What type? (check all that apply)						
	2 🗌 No	\Box Urine infection from your kidney $ ightarrow$	Do you have it now?	₁□Yes	2 🗌 No			
		□ Kidney stone(s) →	Do you have it now?	₁□Yes	2 🗌 No			
		☐ Kidney failure, dialysis, kidney transplant	Do you have it now?	₁□Yes	2 🗌 No			
		☐ Kidney problems such as nephritis or glomerulonephritis →	Do you have it now?	₁□Yes	2 🗌 No			
		 □ Diabetic kidney disease (proteinuria or nephropathy) 	•	₁□Yes	2 🗌 No			
		□ Other, specify below: →	Do you have it now?	₁□Yes	2 🗌 No			
00								
29.		or other health care provider ever said tha	t you have liver disease?					
	1 □ Yes →	What type? (check all that apply)						
	2 🗌 No	☐ Hepatitis Type A →	Do you have it now?	₁ □ Yes	2 🗌 No			
		Hepatitis Type B →	Do you have it now?	₁∐Yes	2 🗌 No			
		☐ Hepatitis Type C →	Do you have it now?	₁⊡Yes	2 🗌 No			
		☐ Hepatitis (Uncertain of type) →	Do you have it now?	₁□Yes	2 🗌 No			
		□ Cirrhosis →	Do you have it now?	₁□Yes	2 🗌 No			
		☐ Other, specify below: →	Do you have it now?	₁□Yes	2 🗌 No			
30	Has a doctor	or other health care provider ever said that	t you have gallstopes or g	allbladder di	sease?			
	1 □ Yes →	Do you have it now?	$_1 \Box \text{Yes} _2 \Box \text{No}$					
	₂ □ No	Have you had surgery to remove your	$1 \square Yes \qquad 2 \square No$					
	2 🗋 🚻	gallbladder?						
31.	Has a doctor	or other health care provider ever said that	t you have digestive disea	se?				
	1 □ Yes →	What type? (check all that apply)						
	2 🗌 No	□ Ulcer →	Do you have it now?	₁□Yes	2 🗌 No			
		\Box Inflammatory bowel disease \rightarrow	Do you have it now?	₁□Yes	2 🗌 No			
		(Crohn's disease, ulcerative colitis)						
		□ Other, specify below: →	Do you have it now?	₁□Yes	2 🗌 No			
]					

	Other Medical Conditions						
32.	Has a doctor	octor or other health care provider ever said that you have a thyroid problem?					
	₁ 🗌 Yes 🗲	What type? (check all that apply)					
	2 🗌 No	□ Hypothyroidism (underactive) → [Do you have it now?	₁ □ Yes	2 🗌 No		
		□ Hyperthyroidism (overactive) or					
			Do you have it now?	₁□Yes	2 🗌 No		
		□ Other, specify below: → [Do you have it now?	₁□Yes	2 🗌 No		
33.	Has a doctor	or other health care provider ever said that yo	ou have cancer or a r	nalignant tumor	?		
	₁□Yes →	What type? (check all that apply)					
	2 🗌 No	□ Skin (not melanoma) → [Do you have it now?	₁□Yes	2 🗌 No		
		\Box Other, specify below: \rightarrow [Oo you have it now?	₁□Yes	2 🗌 No		
34.	Has a doctor	or other health care provider ever said that yo	ou have gout?				
	₁□Yes →	· · ·					
	2 🗌 No	· ·					
35.	Has a doctor	or other health care provider ever said that yo	ou have asthma?				
	₁□Yes →	Do you have it now? 1 [Yes 2	🗌 No				
	2 🗌 No	L					
36.		or other health care provider ever said that yo	u have emphysema	or chronic bron	chitis?		
	₁□Yes →	Do you have it now? 1 🗆 Yes 2	🗆 No				
	2 🗌 No						
37.		or other health care provider ever said that yo		zures)?			
	₁□Yes →	Do you have it now? 1 Tes 2	□ No				
	2 🗌 No						

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	Other Medic	al Conditions					
38.	Has a doctor	doctor or other health care provider ever said that you have depression?					
	₁□Yes						
	2 🗌 No						
39.	9. Has a doctor or other health care provider ever said that you have another nervous, emotional, or mental disorder?						, or mental
	₁□Yes						
	2 🗌 No						
40.	Has a doctor	or other health care	provider ever	said that	you have arthritis?		
	₁□Yes →	What type? (check	all that apply)				
	2 🗌 No	Rheumatoid		→	Do you have it now?	₁□Yes	2 🗌 No
		□ Degenerative or	Osteoarthritis	→	Do you have it now?	₁□Yes	2 🗌 No
		\Box Other, specify be	elow:	→	Do you have it now?	₁□Yes	2 🗌 No

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Sleep Apnea				
The following questions are about snoring and breathing during sleep. Please consider both what othe have told you <u>and</u> what you know about yourself.				
41. Have you ever snored (now or at	any time in the past)?			
₁□Yes				
$_2 \square$ No \rightarrow Skip to Question #4	44			
₃ □ Don't know → Skip to question #44				
42. How often do you snore now?				
₁ 🗆 Do not snore any more 🔶 🤅	Skip to question #44			
₂ □ Sometimes (up to 2 nights a v	week)			
₃	<)			
₄ □ Always or almost always (6-7	nights a week)			
₀ □ Don't know				

	Sleep Apnea	
43.	How loud is your snoring?	
	$_1$ \Box Only slightly louder than heavy	y breathing
$_2 \square$ About as loud as talking		
	$_{3}$ \Box Louder than talking	
₄		through a closed door
	9 □ Don't know	
44. Are there times when you stop br		eathing during your sleep?
	₁□Yes	
	$_2 \square$ No \rightarrow Skip to Question #4	6
	₃ 🗌 Don't know 🔶 Skip to ques	tion #46
45.	How often do you have times whe	en you stop breathing during your sleep?
	$_1$ \Box Sometimes (up to 2 nights a w	/eek)
	² Frequently (3-5 nights a week)
	$_3$ \Box Always or almost always (6-7	nights a week)
	9 □ Don't know	
46.	How often do you feel excessively	(overly) sleepy during the day?
	$_1 \square$ Never or rarely (1 day/month of	or less)
	² Sometimes (2-4 days/month)	
	₃ ☐ Often (5-15 days/month)	
	₄ □ Almost always (16-30 days/mo	onth)
47.	Have you ever been told by a doc during sleep)?	tor that you had sleep apnea (a condition in which breathing stops briefly
	₁□Yes	
	2 🗌 No	