MOODS ANNUAL BD-I



Мо	ods	
1.	1 bdsad2 value="1" I 2 bdsad3 value="1" I	do not feel sad. I feel sad. I am sad all the time and I can't snap out of it. I am so sad or unhappy that I can't stand it.
2.	0 bdfutur1 value="1" 1 bdfutur2 value="1" 2 bdfutur3 value="1" 3 bdfutur4 value="1"	I am not particularly discouraged about the future. I feel discouraged about the future. I feel I have nothing to look forward to. I feel that the future is hopeless and that things cannot improve.
3.	1 bdfail2 value="1" I 2 bdfail3 value="1"	I do not feel like a failure. I feel I have failed more than the average person. As I look back on my life, all I can see is a lot of failures. I feel I am a complete failure as a person.
4.	0 bdenjoy1 value="1" 1 bdenjoy2 value="1" 2 bdenjoy3 value="1" 3 bdenjoy4 value="1"	I get as much satisfaction out of things as I used to. I don't enjoy things the way I used to. I don't get real satisfaction out of anything anymore. I am dissatisfied or bored with everything.
5.	0 bdguilt1 value="1" 1 bdguilt2 value="1" 2 bdguilt3 value="1" 3 bdguilt4 value="1"	I don't feel particularly guilty. I feel guilty a good part of the time. I feel quite guilty most of the time. I feel guilty all of the time.

6.	1 2	bdpun1 value="1" I don't feel I am being punished. bdpun2 value="1" I feel I may be punished. bdpun3 value="1" I expect to be punished. bdpun4 value="1" I feel I am being punished.
	3	bdpun4 value="1" I feel I am being punished.
7.	0	bddis1 value="1" I don't feel disappointed in myself.
	1	bddis2 value="1" I am disappointed in myself.
	2	bddis3 value="1" I am disgusted with myself.
	3	bddis4 value="1" I hate myself.
_		
8.	0	bdblame1 value="1" I don't feel I am any worse than anybody else.
	1	bdblame2 value="1" I am critical of myself for my weaknesses or mistakes.
	2	bdblame3 value="1" I blame myself all the time for my faults.
	3	bdblame4 value="1" I blame myself for everything bad that happens.
9.	0	bdkill1 value="1" I don't any thoughts of killing myself.
	1	bdkill2 value="1" I have thoughts of killing myself, but I would not carry them out.
	2	bdkill3 value="1" I would like to kill myself.
	3	bdkill4 value="1" I would like to kill myself if I had the chance.
10		
10.	0	bdcry1 value="1" I don't cry anymore than usual.
	1	bdcry2 value="1" I cry more now than I used to.
	2	bdcry3 value="1" I cry all the time now.
	3	bdcry4 value="1" I used to be able to cry, but now I can't cry even though I want to.

Moods - continued					
	bdannoy1 value="1"	I am no more irritated now than I ever am.			
1	bdannoy2 value="1"	I get annoyed or irritated more easily than I used to.			
	bdannoy3 value="1"	I feel irritated all the time now.			
3	bdannoy4 value="1"	I don't get irritated at all by the things that used to irritate me.			
12. ₀	bdlost1 value="1"	have not lost interest in other people.			
1	bdlost2 value="1" I	am less interested in other people than I used to be.			

2	2	bdlost3 value="1"	I have lost most of my interest in other people.			
-	3	bdlost4 value="1"	I have lost all of my interest in other people.			
12						
13.	0	bddec1 value="1"	I make decisions about as well as I ever could.			
	1	bddec2 value="1"	I put off making decisions more than I used to.			
,	2	bddec3 value="1"	I have greater difficulty in making decisions than before.			
-	3	bddec4 value="1"	I can't make decisions at all anymore.			
14.						
17.		bdlook1 value="1"	I don't feel I look any worse than I used to.			
	1	bdlook2 value="1"	I am worried that I am looking old and unattractive.			
2	2	bdlook3 value="1" me look unattract	I feel that there are permanent changes in my appearance that make tive.			
<u>.</u>	3	bdlook4 value="1"	I believe that I look ugly.			
—						
15.	0	bdeffrt1 value="1"	I can work about as well as before.			
	1	bdeffrt2 value="1"	It takes an extra effort to get started at doing something.			
,	2	bdeffrt3 value="1"	I have to push myself very hard to do anything.			
	3	bdeffrt4 value="1"	I can't do any work at all.			
16.						
10.						
,	0	bdsleep1 value="1"	I can sleep as well as usual.			
	1	bdsleep2 value="1"	I can sleep as well as usual. I don't sleep as well as I used to.			
	1	bdsleep2 value="1" bdsleep3 value="1"	•			
	1	bdsleep2 value="1"	I don't sleep as well as I used to.			
	1	bdsleep2 value="1" bdsleep3 value="1" bdsleep4 value="1"	I don't sleep as well as I used to. I wake up 1-2 hours earlier than usual and find it hard to get back to sleep. I wake up several hours earlier than I used to and cannot get back to sleep.			
17.	1	bdsleep2 value="1" bdsleep3 value="1" bdsleep4 value="1" bdtire1 value="1"	I don't sleep as well as I used to. I wake up 1-2 hours earlier than usual and find it hard to get back to sleep. I wake up several hours earlier than I used to and cannot get back to sleep. I don't get more tired than usual.			
17.	1 2 3	bdsleep2 value="1" bdsleep3 value="1" bdsleep4 value="1" bdtire1 value="1" bdtire2 value="1"	I don't sleep as well as I used to. I wake up 1-2 hours earlier than usual and find it hard to get back to sleep. I wake up several hours earlier than I used to and cannot get back to sleep. I don't get more tired than usual. I get tired more easily than i used to.			
17.	1 2 3	bdsleep2 value="1" bdsleep3 value="1" bdsleep4 value="1" bdtire1 value="1" bdtire2 value="1" bdtire3 value="1"	I don't sleep as well as I used to. I wake up 1-2 hours earlier than usual and find it hard to get back to sleep. I wake up several hours earlier than I used to and cannot get back to sleep. I don't get more tired than usual.			
17.	1 2 3 0 1	bdsleep2 value="1" bdsleep3 value="1" bdsleep4 value="1" bdtire1 value="1" bdtire2 value="1"	I don't sleep as well as I used to. I wake up 1-2 hours earlier than usual and find it hard to get back to sleep. I wake up several hours earlier than I used to and cannot get back to sleep. I don't get more tired than usual. I get tired more easily than i used to.			
17.	1 2 3 0 1 2 3	bdsleep2 value="1" bdsleep3 value="1" bdsleep4 value="1" bdtire1 value="1" bdtire2 value="1" bdtire3 value="1" bdtire4 value="1"	I don't sleep as well as I used to. I wake up 1-2 hours earlier than usual and find it hard to get back to sleep. I wake up several hours earlier than I used to and cannot get back to sleep. I don't get more tired than usual. I get tired more easily than i used to. I get tired from doing almost anything. I am too tired to do anything.			
17.	1 2 3 0 1 2	bdsleep2 value="1" bdsleep3 value="1" bdsleep4 value="1" bdtire1 value="1" bdtire2 value="1" bdtire3 value="1" bdtire4 value="1"	I don't sleep as well as I used to. I wake up 1-2 hours earlier than usual and find it hard to get back to sleep. I wake up several hours earlier than I used to and cannot get back to sleep. I don't get more tired than usual. I get tired more easily than i used to. I get tired from doing almost anything. I am too tired to do anything. My appetite is no worse than usual.			
17.	1 2 3 0 1 2 3 1	bdsleep2 value="1" bdsleep3 value="1" bdsleep4 value="1" bdtire1 value="1" bdtire2 value="1" bdtire3 value="1" bdtire4 value="1" bdapp1 value="1"	I don't sleep as well as I used to. I wake up 1-2 hours earlier than usual and find it hard to get back to sleep. I wake up several hours earlier than I used to and cannot get back to sleep. I don't get more tired than usual. I get tired more easily than i used to. I get tired from doing almost anything. I am too tired to do anything. My appetite is no worse than usual. My appetite is not as good as it used to be.			
17.	1 2 3 0 1 2 3	bdsleep2 value="1" bdsleep3 value="1" bdsleep4 value="1" bdtire1 value="1" bdtire2 value="1" bdtire3 value="1" bdtire4 value="1"	I don't sleep as well as I used to. I wake up 1-2 hours earlier than usual and find it hard to get back to sleep. I wake up several hours earlier than I used to and cannot get back to sleep. I don't get more tired than usual. I get tired more easily than i used to. I get tired from doing almost anything. I am too tired to do anything. My appetite is no worse than usual.			

19. 0	bdwgt1 value="1"	I haven't lost much weight, if any, lately.			
1	bdwgt2 value="1"	I have lost more than five (5) pounds.			
2	bdwgt3 value="1"	I have lost more than ten (10) pounds.			
3	bdwgt4 value="1"	I have lost more than fifteen (15) pounds.			
20.	П				
0	bdworry1 value="1"	I am no more worried about my health than usual.			
1	bdworry2 value="1" stomach or constip	I am worried about physical problems such as aches and pains or upset ration.			
2	bdworry3 value="1"	I am very worried about physical problems and it's hard to think of much else.			
3 ar	bdworry4 value="1" pything else.	I am so worried about my physical problems that I cannot think about			
21. 0	bdsex1 value="1"	I have not noticed any recent change in my interest in sex.			
1	bdsex2 value="1"	I am less interested in sex than I used to be.			
2	2 bdsex3 value="1" I am much less interested in sex now.				
3	bdsex4 value="1"	I have lost interest in sex completely.			
For office use only: t: bd_t s: bd_s					

MOODS ANNUAL BD-I

Patient ID		[affix ID label here]		Date Form Completed	Month	Day Year
Administra	ation Type	Visit Code	F	Reviewed by		Language E

This questionnaire is about <u>YOURSELF</u>. On this questionnaire are groups of statements. Please read each group of statements carefully. Then pick out the one statement in each group which best describes the way you have been feeling the <u>PAST WEEK, INCLUDING TODAY</u>.

Check the box next to the statement you picked. If several statements in the group seem to apply equally well, check each one. Be sure to read all the statements in one group before making your choice. Then move on the the next group of sentences.

		D. Moods			
1.	0	I do not feel sad.	6.	0 🗆	I don't feel I am being punished.
	1 🗆	I feel sad.		1 🗆	I feel I may be punished.
	2	I am sad all the time and I can't snap out of it		2	I expect to be punished.
	3 🗌	I am so sad or unhappy that I can't stand it.		3 🗌	I feel I am being punished.
2.	0 🗆	I am not particularly discouraged about the future.	7.	o 🗆	I don't feel disappointed in myself.
	₁ \square	I feel discouraged about the future.		₁ \square	I am disappointed in myself.
	2	I feel I have nothing to look forward to.		2	I am disgusted with myself.
	3 🗆	I feel that the future is hopeless and that things		з 🗌	I hate myself.
		cannot improve.			
			8.	0	I don't feel I am any worse than anybody else.
3.	0	I do not feel like a failure.		1 🔲	I am critical of myself for my weaknesses or
	1 🗆	I feel I have failed more than the average person.			mistakes.
	2	As I look back on my life, all I can see is a lot of		2	I blame myself all the time for my faults.
		failures.		3 🗌	I blame myself for everything bad that happens.
	3	I feel I am a complete failure as a person.			
			9.	0	I don't have any thoughts of killing myself.
4.	0	I get as much satisfaction out of things as I used to.		1 🔲	I have thoughts of killing myself, but I would not
	1 🗆	I don't enjoy things the way I used to.			carry them out.
	2	I don't get real satisfaction out of anything anymore.		2	I would like to kill myself.
	3	I am dissatisfied or bored with everything.		3	I would kill myself if I had the chance.
5.	0 🗆	I don't feel particularly guilty.	10.	o 🗆	I don't cry anymore than usual.
	1 <u></u>	I feel guilty a good part of the time.		1 <u></u>	I cry more now than I used to.
	2 🔲	I feel quite guilty most of the time.		2 🔲	I cry all the time now.
	3 🔲	I feel guilty all of the time.		3 🗌	I used to be able to cry, but now I can't cry even
		<u> </u>			though I want to.

		D. Moods			
11.	۰	I am no more irritated now than I ever am.	16	ο 🗆	I can sleep as well as usual.
	1 🗆	I get annoyed or irritated more easily than I used to.	10.	1 🗆	I don't sleep as well as I used to.
	2 🔲	I feel irritated all the time now.		2 🗌	I wake up 1-2 hours earlier than usual and find it
	3 🔲	I don't get irritated at all by the things that used to		2 🗀	hard to get back to sleep.
	3 🗀	irritate me.		з 🗌	I wake up several hours earlier than I used to and
		indo no.		3 <u> </u>	cannot get back to sleep.
12.	م ٦	I have not lost interest in other people.			outmot got back to choop.
	1 <u></u>	I am less interested in other people than I used to	17.	0	I don't get more tired than usual.
	. —	be.		1 <u></u>	I get tired more easily than I used to.
	2 🗌	I have lost most of my interest in other people.		2 🔲	I get tired from doing almost anything.
	3 🔲	I have lost all of my interest in other people.		3 🗆	I am too tired to do anything.
	<u> </u>	, ,		<u> </u>	,
13.	o 🗆	I make decisions about as well as I ever could.	18.	o 🗆	My appetite is no worse than usual.
	1 🔲	I put off making decisions more than I used to.		1 🔲	My appetite is not as good as it used to be.
	2	I have greater difficulty in making decisions than		2	My appetite is much worse now.
		before.		3	I have no appetite at all anymore.
	з 🗌	I can't make decisions at all anymore.			
			19.	0	I haven't lost much weight, if any, lately.
14.	0	I don't feel I look any worse than I used to.		1 🗆	I have lost more than five (5) pounds.
	₁	I am worried that I am looking old and unattractive.		2	I have lost more than ten (10) pounds.
	2	I feel that there are permanent changes in my		3	I have lost more than fifteen (15) pounds.
		appearance that makes me look unattractive.			
	з 🗌	I believe that I look ugly.	20.	0	I am no more worried about my health than usual.
				1 🗌	I am worried about physical problems such as
15.	0	I can work about as well as before.			aches and pains or upset stomach or constipation.
	1	It takes an extra effort to get started at doing		2	I am very worried about physical problems and it's
		something.			hard to think of much else.
	2	I have to push myself very hard to do anything.		3	I am so worried about my physical problems that I
	3	I can't do any work at all.			cannot think about anything else.
			21.	0	I have not noticed any recent change in my interest
					in sex.
For office use only:				1	I am less interested in sex than I used to be.
	t:			2	I am much less interested in sex now.
	s:			3 🗆	I have lost interest in sex completely.