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My Health - Part B

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C. Urinary History

The following questions are about your urinary or bladder habits. These questions may seem personal or embarrassing, but your answers are important for research on these common health issues.

1. **In the past 12 months**, have you been told by a doctor that you had an infection of your bladder (urinary tract infection) or kidneys?

urinf12

- 1 Yes
2 No
3 Don't know

→ If Yes,

a. **urblinf** Number of bladder (urinary tract) infections **in the last year**

b. **urkdinf** Number of kidney infections **in the last year**

2. In the **past 7 days**, on average, how many times each day have you had **to go to the bathroom to urinate**:

a. During the day? **urday** **times per day**

b. During the night after going to bed? **urnight** **times per night**

3. Many people complain that they leak urine or wet themselves accidentally. In the **past 12 months**, have you **leaked even a small amount of urine? (check one only)**

urleak12

- 1 None
2 Less than once a month
3 One or more times per month
4 One or more times per week
5 Every day

4. Have you leaked even a small amount of urine or wet yourself **in the past 7 days?**

urleak7

- 1 Yes
2 No

→ **If Yes**, in the past 7 days, how many times did you leak urine with...

a. **urcough** value="1" An activity like coughing, sneezing, lifting or exercise.

urcghcnt _____ **times in the last week**

b. **ururge** value="1" An urge to urinate and couldn't get to the bathroom fast enough.

ururgcnt _____ **times in the last week**

c. **urother** value="1" Other reasons or don't know.

urothcnt _____ **times in the last week**

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