# My Health - Part B <br> Baseline 

Acrostic: 0
Visit:
Date Form Completed:
_form $\square$ Administration Type: admin
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## D. Weight History

1. How much did you weigh when you were 20 years old?
whwgt20 pounds
2. How much did you weigh when you were 30 years old?
whwgt30 $\qquad$ pounds
3. How much did you weigh when you were 40 years old?
whwgt40 $\qquad$ pounds
4. How much did you weigh when you were 50 years old?
whwgt50 pounds(do not answer if you have not reached 50 years of age yet.)
5. How much did you weigh when you were 60 years old?
whwgt60 pounds(do not answer if you have not reached 60 years of age yet.)
6. How much did you weigh when you were 70 years old?
whwgt70 pounds(do not answer if you have not reached 70 years of age yet.)
7. What is the most you have ever weighed, not counting pregnancies?
whtopwgt pounds
8. Since you were 20 years old, how many different times did you lose each of the following amounts of weight on purpose (not including pregnancy or childbirth)? please check one answer for each row, even if the answer is zero.
wh5op
10 times
21 to 2 times
33 to 4 times
45 to 6 times
$57+$ times
a. 5-9 pounds
```
wh10op
10 times
21 to 2 times
33 to 4 times
45 to 6 times
\(57+\) times
```

b. 10-19 pounds
wh20op
10 times
21 to 2 times
33 to 4 times
45 to 6 times
$57+$ times
c. 20-49 pounds
wh50op
10 times
21 to 2 times
33 to 4 times
45 to 6 times
5 7+ times
d. 50-79 pounds
wh80op
10 times
21 to 2 times
33 to 4 times
45 to 6 times
5 7+ times
e. 80-99 pounds
wh100op
10 times
21 to 2 times
33 to 4 times
45 to 6 times
5 7+ times
f. 100+ pounds

## D. Weight History

9. Since you were 20 years old, how many different times did you lose each of the following amounts of weight not on purpose (not including pregnancy or childbirth)? please check one answer for each row, even if the answer is zero.
```
wh5nop
10 times
2 1 to 2 times
3 3 to 4 times
4 to 6 times
5 7+ times
```

a. 5-9 pounds
wh10nop
10 times
21 to 2 times
33 to 4 times
45 to 6 times
$57+$ times
b. 10-19 pounds
wh20nop
10 times
21 to 2 times
33 to 4 times
45 to 6 times
5 7+ times
c. 20-49 pounds
wh50nop
10 times
21 to 2 times
33 to 4 times
45 to 6 times
5 7+ times
d. 50-79 pounds
wh80nop
10 times
21 to 2 times
33 to 4 times
45 to 6 times
5 7+ times
e. 80-99 pounds
wh100nop
10 times
21 to 2 times
33 to 4 times
45 to 6 times
5 7+ times
f. 100+ pounds
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