NIDDK Liver Transplantation Database MANUAL OF OPERATIONS (MOOP)

FORM: QP (QUALITY OF LIFE: CHILDREN)

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The Quality of Life Form for children is meant to be filled out by the parent or other primary caretaker of the transplant patient or candidate. The form should be filled out at the following times.

- 1. Initial evaluation and at pre-transplant re-evaluations.
- 2. If more than 6 months have elapsed since the most recent evaluation, the form should be filled out again within 2 weeks of transplantation.
- 3. Yearly after the first transplant, up to 5 years.

The coordinator's role is to supply the parent with instructions on how to complete the Quality of Life Form as well as be available to answer any questions that come up while the form is being completed.

The parent/caretaker should be encouraged to fill out the form on his/her own. Help may be provided by the LTD coordinator if the parent/caretaker is unable to understand the questions because of educational, cultural or language difficulties. In these situations the LTD coordinator or interpreter can read the questions to the parent/caretaker and record the answers.

Once the form is filled out, the LTD coordinator should check that the form was filled out correctly and completely, returning to the parent/caretaker if questions are missed or obviously misunderstood and answered in an inconsistent manner. If the parent/caretaker does not want to answer a question, he/she should put a mark through it on the questionnaire.

For continuity the same parent should complete this form at each timepoint. Even for the older pediatric population, the parent should be the one completing this form. The obvious drawback here is that the child and parent may answer the subjective questions differently.

The answers to all questions on the form should be kept confidential and none revealed to the physicians or nurses responsible for the patient's care or even to the principal investigator for the Liver Transplantation Database. This confidentiality should be maintained even for answers that might seem to have an impact on the patient's care.

The Quality of Life Form for children is comprised of several different scales of assessment.

Two of the scales, the social and the gross motor assessments, are subtests taken from the Scales of Independent Behavior (SIB). The social scale is, in part, an indicator of how well the child is able to do in various social systems (family, friends and community). The gross motor assessment tests 17 large muscle skills from early development through more mature motor activities. At first glance, both the social and gross motor assessment sections may appear to group children into categories which are inappropriate for their age; however it is imperative to point out that each child should be tested according to developmental rather than chronological age group. The parent should be instructed to begin answering questions in the developmental bracket that fits the child's ability and answer all questions within that grouping as well as continue on into the next age group (if that is appropriate) and do the same.

The format of both of these is relatively structured to facilitate easy administration and objective assessment.

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The SIB Scales have several practical qualities which make them appealing to the LTD: (1) a novice can administer both of the subtests, (2) they are brief, both tests taking perhaps twenty minutes to complete and (3) they are one of the few behavioral testing tools that lends itself to the entire age range of the pediatric group (infancy to age 16).

Results of the SIB can be reported as percentiles, standard scores, normal curve equivalents or age equivalents. The SIB was originally designed to assess skills needed to function independently. It also includes a scale for identifying problem or maladaptive behaviors (they are not currently included in our Quality of Life Form, however).

Two of the other sections of this Quality of Life Form are taken from the Rand Experiment: <u>How Well Has Your Child Been</u> and <u>Your Child's Health</u>. They are both brief and straightforward in their content.