

Participant ID:		Pin #	
Discovery Site:		Clinical Center	
CRF Date:	/ /	Visit #:	

## **Perceived Stress Scale (PSS)**

Participant completes via Online Survey at Weeks 1, 2, & 3 Run-In Contacts.

**Instructions:** The questions in this scale ask you about your feelings and thoughts **during the last week.** In each case, you will be asked to indicate your response about **how often** you felt or thought a certain way.

In the last week, how often	Never	Almost	Sometimes	Fairly Often	Very Often
have you		Never			
been upset because of something that happened unexpectedly?	$\Box_0$		$\square_2$	$\square_3$	$\square_4$
2. felt that you were unable to control the important things in your life?	$\square_0$	□1	$\square_2$	$\square_3$	$\square_4$
3. felt nervous and "stressed"?	$\square_0$	□₁	$\square_2$	$\square_3$	$\square_4$
felt confident about your ability to handle your personal problems?	$\Box_0$	□1	$\square_2$	$\square_3$	$\square_4$
5. felt that things were going your way?	$\square_0$		$\square_2$	$\square_3$	$\square_4$
6. found that you could not cope with all the things that you had to do?	$\Box_0$	□1	$\square_2$	$\square_3$	$\square_4$
7. been able to control irritations in your life?	$\square_0$	<b>□</b> <sub>1</sub>	$\square_2$	$\square_3$	$\square_4$
8. felt that you were on top of things?	$\Box_0$		$\square_2$	$\square_3$	$\square_4$
9. been angered because of things that were outside of your control?	$\square_0$		$\square_2$	$\square_3$	$\square_4$
10. felt difficulties were piling up so high that you could not overcome them?	$\square_0$	□1	$\square_2$	$\square_3$	$\square_4$