|             | Participant ID: |    | Pin #           |  |
|-------------|-----------------|----|-----------------|--|
|             | Discovery Site: |    | Clinical Center |  |
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## Pain, Pressure, Discomfort Scale

#### (\*Please note: SYM-Q, Q.#1 is an Eligibility Criterion for ELIG form Q.#8)

1. Think about the pain, pressure, and discomfort associated with your bladder/prostate and/or pelvic region. On average, how would you rate these symptoms during the past 2 weeks?

| No pain or pressure<br>or discomfort |   |   |   |   |   |   |   |   |   | Most severe<br>discomfort<br>I can imagine |
|--------------------------------------|---|---|---|---|---|---|---|---|---|--|
|                                      |   |   |   |   |   |   |   |   |   |  |
| 0                                    | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10   |

\*Please note: Q.#s 2, 3, & 4 asked for MAPPI have been archived. The following question structure for Q.# 5 through Q.#10 remains the same as for MAPPI for the purposes of question consistency and analyses.

## Urologic or Pelvic Pain Symptom Severity Scales

5. Please rate the overall severity of your URINARY SYMPTOMS OR PELVIC PAIN SYMPTOMS over the past 2 weeks:

| No | o Symptoms  |                   |   |   |   |   |   |   |                 |         | Symptoms as bad as they can be |
|----|-------------|-------------------|---|---|---|---|---|---|-----------------|---------|--------------------------------|
|    |             |                   |   |   |   |   |   |   |                 |         |                                |
|    | 0           | 1                 | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9       | 10                             |
|    | SYMPTOMS    | <b>S</b> (e.g. ba |   |   |   |   |   |   | <u>ot</u> urolo | OGIC OF | R PELVIC PAIN                  |
| N  | No Symptoms | 5                 |   |   |   |   |   |   |                 |         | as they can be                 |
|    |             |                   |   |   |   |   |   |   |                 |         |                                |
|    | 0           | 1                 | 2 | 3 | 4 | 5 | 6 | 7 | 8               | 9       | 10                             |
|    |             |                   |   |   |   |   |   |   |                 |         |                                |

7. Please rate your **MOOD** over the past 2 weeks:

| Extremely Good<br>Mood |   |   |   |   |   |   |   |   |   | Extremely<br>Bad Mood |
|------------------------|---|---|---|---|---|---|---|---|---|-----------------------|
|                        |   |   |   |   |   |   |   |   |   |                       |
| 0                      | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10                    |

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- 8. What was your single most bothersome symptom over the past 2 weeks? (Please select only **ONE** answer.)
  - $\square_1$  Pain, pressure, discomfort in your pubic or bladder area
  - □<sub>2</sub> Pain, pressure, discomfort in the area between: your rectum and testicles (perineum) [*MALES only*], -*OR*- the vaginal area [*FEMALES only*].
  - $\Box_3$  Pain/ discomfort during or after sexual activity
  - $\Box_4$  Strong need to urinate with little or no warning
  - $\Box_5$  Frequent urination during the day
  - $\square_6$  Frequent urination at night
  - $\Box_7$  Sense of not emptying your bladder completely
  - □<sub>8</sub> Other: \_\_\_

# We would like to know if your urologic or pelvic pain symptoms have caused you to seek medical care in the past 2 weeks:

| 9.  |     | Have your urologic or pelvic pain s<br>they <u>caused you to do any of the f</u>                               | symptoms been severe enough that<br>ollowing in the past 2 weeks: |                                       |                   |
|-----|-----|--|---|---------------------------------------|-------------------|
|     | a.  | Contacted a healthcare provider (<br>or other provider) by telephone or  | physician, nurse, physical therapist<br>e-mail?                   | $\square_1$ Yes                       | □ <sub>0</sub> No |
|     | b.  | Seen a healthcare provider in his/   | her office?   | $\square_1$ Yes                       | □ <sub>0</sub> No |
|     | C.  | Made a trip to an emergency room   | n or urgent care center?  | $\square_1$ Yes                       | □ <sub>0</sub> No |
|     | d.  | Had a medication changed (new r  | nedication or different dose)?                                    | $\square_1$ Yes                       | □ <sub>0</sub> No |
|     | e.  | Undergone a medical procedure?   |   | $\square_1$ Yes                       | □ <sub>0</sub> No |
| 10. | (Qı | you know when you had your mos<br>uestion #10 is for Female Particip<br>ease record <u>"99/Not Applicable"</u> | oants <u>ONLY</u> .   | □ 1 Yes<br>□ 0 No<br>□ 99 Not Applica | able              |
|     | a.  | If <b>Yes</b> , please give the date of mos  | st recent (or last) menstrual period:                             | Date: /                               | /                 |
|     | b.  | If No, you have not had a menstru  | al period because of:   |                                       |                   |
|     |     | $\Box_1$ Contraceptive   | $\square_2$ Prior Hysterectomy $\square_3$ Po                     | ostmenopausal                         |                   |

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## Flare Status Questions

| 11. Have you ever experienced flares of your urologic or pelvic pain<br>symptoms? By this we mean, have you ever experienced symptoms that<br>are much worse than usual?                          | ⊔ <sub>1</sub> Yes | <b>□</b> ₀ No     |
|---|--------------------|-------------------|
| 12. Are you <i>currently</i> experiencing a flare of your urologic or pelvic pain<br>symptoms? By this we mean, are you <i>currently</i> experiencing symptoms<br>that are much worse than usual? | $\square_1$ Yes    | □ <sub>0</sub> No |

## If you answered "Yes" to either question 11 or 12 above, please complete the following additional questions about flares.

## Flare Interval Questions

| 13. Now please think about <i>all your flares</i> in the <i>past 3 months</i> . About how | $\square_0$ No Flares <i>in 3 months</i> |
|---|--|
| many flares do you think you have had?  | 1 1 Flare in 3 months                    |
|   | $\square_2$ 2 Flares <i>in 3 months</i>  |
|   | $\square_3$ 3 Flares (1 per month)       |
|   | 4 2/3 Flares per month                   |
|   | $\square_5$ One Flare <i>per week</i>    |
|   | $\square_6$ 2-6 Flares <i>per week</i>   |
|   | $\Box_7$ 1 or more Flares <i>per day</i> |
|   | Don't know                               |
| 14. Please indicate how long a <i>typical flare</i> of your urologic or pelvic pain       | $\Box_1$ Less than one day               |
| symptoms lasts for you.   | $\square_2$ About one day                |
|   | $\square_3$ Two days                     |
|   | □₄ 3-6 days                              |
|   | $\square_5$ One week or more             |
|   | □ <sub>88</sub> Don't remember           |

### **Flare Comparison Questions**

15. Considering both your usual urologic/pelvic pain symptoms (*non-flare*) and then considering a typical *flare* of these symptoms, please rate **the intensity of pain** associated with each situation.

|   | No pa         | in            |               |               |               |               |               |               |               | Worst         | Pain           |
|---|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|----------------|
| a. <b>Non-flare</b><br>(Usual urologic/pelvic<br>pain symptoms) | <b>□</b><br>0 | <b>□</b><br>1 | <b>□</b><br>2 | <b>□</b><br>3 | <b>口</b><br>4 | <b>口</b><br>5 | <b>—</b><br>6 | <b>口</b><br>7 | <b>□</b><br>8 | <b>□</b><br>9 | <b>口</b><br>10 |
| b. <b>Flare</b><br>(Symptoms much worse<br>than usual)          | <b>□</b><br>0 | <b>□</b><br>1 | <b>2</b>      | <b>□</b><br>3 | <b>口</b><br>4 | <b>口</b><br>5 | <b>—</b><br>6 | <b>口</b><br>7 | <b>□</b><br>8 | 9             | <b>口</b><br>10 |
| v2.0.20150310   |               | Pa            | ge 3 of 4     | 4             |               |               |               |               | SYN           | I-Q-Scr       | eening         |

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16. Considering both your usual **urinary frequency during your waking hours** (*non-flare*) and then considering a typical *flare* of these symptoms, please rate your **urinary frequency during your waking hours** associated with each situation.

| a. Non-flare   |                           | $\Box_2$                     | $\square_3$                   | $\Box_4$                       | $\square_5$    |
|--|---------------------------|------------------------------|-------------------------------|--------------------------------|----------------|
| (Usual urinary frequency                                 | 6 times                   | 7-10 times                   | 11-14 times                   | 15-19 times                    | 20 times       |
| during your waking hours)                                | or less                   |                              |                               |                                | or more        |
|  |                           |                              |                               |                                |                |
| b. <b>Flare</b>  |                           | $\square_2$                  | $\square_3$                   | $\square_4$                    | $\square_5$    |
| b. <b>Flare</b><br>(Urinary frequency during your waking | □ <sub>1</sub><br>6 times | □ <sub>2</sub><br>7-10 times | □ <sub>3</sub><br>11-14 times | □_ <sub>4</sub><br>15-19 times | D₅<br>20 times |

17. Considering a typical *flare*, how much does the flare interfere with the following activities?

| No<br>interference  |                |   |   |   |   |   |                    |     | Worst<br>interference |                   |    |  |
|---|----------------|---|---|---|---|---|--------------------|-----|-----------------------|-------------------|----|--|
| a. Routine daily responsibilities                                 |                |   |   |   |   |   |                    |     |                       |                   |    |  |
|   | 0              | 1 | 2 | 3 | 4 | 5 | 6                  | 7   | 8                     | 9                 | 10 |  |
| b. Pleasurable activities   |                |   |   |   |   |   |                    |     |                       |                   |    |  |
|   | 0              | 1 | 2 | 3 | 4 | 5 | 6                  | 7   | 8                     | 9                 | 10 |  |
| c. Sleep  |                |   |   |   |   |   |                    |     |                       |                   |    |  |
| c. Sieep  | 0              | 1 | 2 | 3 | 4 | 5 | 6                  | 7   | 8                     | 9                 | 10 |  |
| Flare Management Plan Questions (Asked ONLY at Screening, Week 0) |                |   |   |   |   |   |                    |     |                       |                   |    |  |
| 18. In the event of a flare, do you have a management plan?       |                |   |   |   |   |   | □ <sub>1</sub> Yes |     | 🗖 oNo                 |                   |    |  |
| If YES, please confirm the management plan(s) below:              |                |   |   |   |   |   |                    |     |                       |                   |    |  |
| a. Oral Medication  |                |   |   |   |   |   | $\square_1$ Yes    |     |                       | l <sub>o</sub> No |    |  |
| a.1. Please specify oral medication(s) below:                     |                |   |   |   |   |   |                    |     |                       |                   |    |  |
| b. Instillation   |                |   |   |   |   |   | 1                  | Yes |                       | l₀ No             |    |  |
| c. Change volume of intake  |                |   |   |   |   |   | $\square_1$ Yes    |     | l <sub>o</sub> No     |                   |    |  |
| d. Change diet  | d. Change diet |   |   |   |   |   | $\Box_1$           | Yes | □ <sub>0</sub> No     |                   |    |  |
| e. Heat/Cold  | e. Heat/Cold   |   |   |   |   |   |                    | Yes |                       | $I_0$ No          |    |  |
| f. Rest   |                |   |   |   |   |   |                    | Yes |                       | l <sub>o</sub> No |    |  |
| g. Other, Please specify:   |                |   |   |   |   |   | _ <b>D</b> 1       | Yes |                       | l <sub>o</sub> No |    |  |