

| Participant ID: | | Pin # | |
|-----------------|----|-----------------|--|
| Discovery Site: | | Clinical Center | |
| CRF Date: | // | Visit #: | |

COMPLEX MEDICAL SYMPTOMS INVENTORY

Current Chronic Fatigue Symptoms (Fukuda 1994 criteria) RESEARCH COORDINATOR ADMINISTERS TO PATIENT AT BASELINE CONTACT, IF NEEDED.

<u>Instructions:</u> The following questions are related to periods of fatigue lasting <u>at least 6 months</u>. An episode of fatigue or exhaustion is defined as "beginning" when you no longer felt that you had your normal amount of energy. An episode of fatigue or exhaustion is defined as "ending" when you felt basically back to normal.

| 1. | Have you ever had a period of ongoing fatigue or exhaustion lasting at least 6 months? | □ ₁ Yes | \square_0 No (Stop) |
|-----|---|--------------------|--------------------------|
| 2. | Do you consider your fatigue lifelong [from birth]? | □₁ Yes | □ ₀ No |
| 3. | Are you currently experiencing such a period of ongoing fatigue or exhaustion lasting at least 6 months? | □ ₁ Yes | □ ₀ No |
| 4. | During the last 6 months, have you experienced ongoing fatigue or exhaustion? | □ ₁ Yes | ☐ ₀ No (Stop) |
| 5. | When did this period of fatigue begin? | YEAR | MONTH |
| 6. | Are you currently still experiencing this period of fatigue? | □₁ Yes | □₀ No (Stop) |
| 7. | Compared to before the fatigue began, in the <u>last 6 months</u> have you substantially reduced your work or educational activities because of your fatigue? | □ ₁ Yes | □ ₀ No |
| 8. | Compared to before the fatigue began, in the <u>last 6 months</u> have you substantially reduced your personal or social activities because of your fatigue? | □ ₁ Yes | □ ₀ No |
| 9. | Is your fatigue present only following exertion, strenuous work, or exercise? That is, do you have fatigue at no other time except following exertion, strenuous work, or exercise? | □ ₁ Yes | □ ₀ No |
| 10. | Is your fatigue substantially relieved by rest? | □ ₁ Yes | □ ₀ No |
| 11. | After you rest, do you feel back to normal, that is, back to how you felt before the period of fatigue began? | □₁ Yes | \square_0 No |
| 12. | In the <u>last 6 months</u> , have you experienced <i>impairment of short-term memory or concentration</i> ? | □ ₁ Yes | □ ₀ No |
| | a. If Yes, have these memory or concentration problems been severe enough to cause you to substantially reduce your occupational, educational, social or personal activities? | □₁ Yes | □ ₀ No |
| | b. If Yes , have you had <i>memory or concentration problems</i> either persistently or recurrently (either continuously or off and on) over the <u>entire last 6 months</u> ? | □₁ Yes | □ ₀ No |



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|-----|---|--------------------|-------------------|
| 13. | In the last 6 months, have you experienced a sore throat? | □₁ Yes | □ ₀ No |
| | a. If Yes , have you had a sore throat either persistently or recurrently (either continuously or off and on) over the <u>entire last 6 months</u> ? | □ ₁ Yes | □ ₀ No |
| 14. | In the last 6 months, have you experienced muscle pain? | □₁ Yes | □ ₀ No |
| | a. Have you had muscle pain either persistently or recurrently (either continuously or off and on) over the entire last 6 months? | □₁ Yes | □ ₀ No |
| 15. | In the <u>last 6 months</u> , have you experienced joint pain involving more than one joint WITHOUT swelling or redness? | □ ₁ Yes | □ ₀ No |
| | a. Have you had this <i>joint pain</i> either persistently or recurrently (either continuously or off and on) over the <u>entire last 6 months</u> ? | □ ₁ Yes | □ ₀ No |
| 16. | In the <u>last 6 months</u> , have you experienced headaches of a new type, pattern or severity ? | □ ₁ Yes | □ ₀ No |
| | a. Have you had this <i>new type of headache</i> either persistently or recurrently (either continuously or off and on) over the <u>entire last</u> <u>6 months</u> ? | □₁ Yes | □ ₀ No |
| 17. | In the <u>last 6 months</u> , have you experienced non-refreshing sleep or not feeling rested when you wake up ? | □ ₁ Yes | □ ₀ No |
| | a. Have you had non-refreshing sleep or not feeling rested when you wake up either persistently or recurrently (either continuously or off and on) over the entire last 6 months? | □₁ Yes | □ ₀ No |
| 18 | In the <u>last 6 months</u> , have you experienced <i>fatigue or exhaustion</i> , after exertion, lasting more than 24 hours that you did not experience before the fatigue began? | □₁ Yes | □ ₀ No |
| | a. Have you had this <i>new type of fatigue or exhaustion</i> either persistently or recurrently (either continuously or off and on) over the <u>entire last 6 months</u> ? | □₁ Yes | □ ₀ No |
| 19. | In the <u>last 6 months</u> , have you experienced tender lymph glands in your neck or armpits ? | □₁ Yes | □ ₀ No |
| | a. Have you had tender lymph glands in your neck or armpits either persistently or recurrently (either continuously or off and on) over the <u>entire last 6 months</u> ? | □₁ Yes | □ ₀ No |



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| CFS diagnostic criteria | | | | |
|--|---|--------------------|-------------------|--|
| CF = Major fatigue criteria + 4 or more ancillary criteria | | | | |
| MAJOR FATIGU | E CRITERIA [YES/NO] are met if: | | | |
| Q#7 = yes OR Q8 = yes | (activity is reduced) | □ ₁ Yes | □ ₀ No | |
| Q#9 = no | (fatigue not present ONLY after exertion) | □ ₁ Yes | □ ₀ No | |
| Q#10 = no OR Q#11 = no | (fatigue not relieved by rest) | □₁ Yes | \square_0 No | |
| Q.#2 = no (fatigue not lifelong) | | □₁ Yes | \square_0 No | |
| ANCILLARY SYI 4 or more of : | MPTOMS CRITERIA [YES/NO]: | | | |
| Q#12a = yes AND Q#12b = | yes | □ ₁ Yes | □ ₀ No | |
| Q#13a = yes | | □ ₁ Yes | \square_0 No | |
| Q#14a = yes | | □ ₁ Yes | \square_0 No | |
| Q#15a = yes | | □₁ Yes | \square_0 No | |
| Q#16a = yes | | □ ₁ Yes | □ ₀ No | |
| Q#17a = yes | | □ ₁ Yes | □ ₀ No | |
| Q#18a = yes | | □ ₁ Yes | □ ₀ No | |
| Q#19a = yes | | □ ₁ Yes | □ ₀ No | |
| | | | | |