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COMPLEX MEDICAL SYMPTOMS INVENTORY - CFS

MODULE	DIAGNOSIS CRITERIA CITATION	SYMPTOM QUESTION	SUPPORTING SYMPTOMS/ QUALIFIERS	PHYSICAL EXAM	NOTES
M: CFS	Chronic Fatigue Syndrome Fukuda, K., et al. (1994) The CFS: A comprehensive approach to its definition and study. Ann Intern Med 121(12):983-959.	(Sx 4) Persistent fatigue not relieved with rest	(Sx 12) Impaired memory, concentration or attention Sore throat (Sx 1) Muscle pain Multi joint pain without swelling New headaches Unrefreshing sleep Post-exertion malaise Tender lymph nodes	N/A	<ul style="list-style-type: none"> • Must say YES to 2A (Criterion 1) • Must say YES to 2J (Criterion 2) <p>To fulfill Criterion 2, subjects should have "concurrent occurrence of at least 4/8 additional symptoms, all which must have persisted or recurred during 6 or more consecutive months of illness and must not have predated the fatigue."</p> <p>Fukuda criteria: Must say YES to 2A and YES to ≥ 4/8 from 2D-2K</p>

- ₁ Yes ₀ No 2A **Criterion 1:** Persistent fatigue not relieved with rest (Sx 4) that limits activities
- ₁ Yes ₀ No 2B Impaired memory, concentration or attention (Sx 12) (Difficulty with thinking, confusion)
- ₁ Yes ₀ No 2C Sore throat
- ₁ Yes ₀ No 2D Muscle pain (Sx 1)
- ₁ Yes ₀ No 2E Multi-joint pain without swelling
- ₁ Yes ₀ No 2F New headaches
- ₁ Yes ₀ No 2G Unrefreshing sleep
- ₁ Yes ₀ No 2H Post-exertion malaise
- ₁ Yes ₀ No 2I Tender cervical or axillary lymph nodes
- ₁ Yes ₀ No 2J **Criterion 2: YES to ≥ 4/8 (2B-2I) ≥ 6 months**
- ₁ Yes ₀ No M:CFS **Diagnosis: YES to 2A and 2J**