

Participant ID:		Pin #	
Discovery Site:		Clinical Center	
CRF Date:	/	Visit #:	

PROMIS Item Bank v. 1.0

Sleep Disturbance - Short Form
Participant completes on day of Trans-MAPP Neuro-Imaging Protocol MRI Scan.

Please respond to each item by marking one box per row.

Last night...

		Not at all	A little bit	Somewhat	Quite a bit	Very much
1.	My sleep was restless	\square_1	\square_2	\square_3	\square_4	\square_5
2.	I was satisfied with my sleep	\square_1	\square_2	\square_3	\square_4	\square_5
3.	My sleep was refreshing	\square_1	\square_2	\square_3	\square_4	\square_5
4.	I had difficulty falling asleep	\square_1	\square_2	\square_3	\square_4	\square_5
	Last night					
		Never	Rarely	Sometimes	Often	Always
5.	I had trouble staying asleep	Never □₁	Rarely	Sometimes \square_3	Often □ ₄	Always □ ₅
5. 6.	I had trouble staying asleep I had trouble sleeping					
	, , ,	□1	\square_2	\square_3	\square_4	
6.	I had trouble sleeping	□ ₁		□ ₃	\square_4 \square_4	\square_5
6.	I had trouble sleeping I got enough sleep	□ ₁		□ ₃	\square_4 \square_4	\square_5

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