

Module 24
Diabetes Quality of Life Scale

For each part of living with diabetes, circle the number that comes closest to how much it bothers you.

	A lot	Some	Very Little	Not At All
1. Worry or fear about high blood sugar <small>{worryHighBS_PQOL_child}</small>	1	2	3	4
2. Worry or fear about low blood sugar <small>{worryLowBS_PQOL_child}</small>	1	2	3	4
3. Being different from others because of having diabetes <small>{beingDiff_PQOL_child}</small>	1	2	3	4
4. Thinking about diabetes a lot <small>{thinkingAbout_PQOL_child}</small>	1	2	3	4
5. Worrying how eating affects blood sugar <small>{eatingBS_PQOL_child}</small>	1	2	3	4
6. Family time spent on diabetes <small>{familyTime_PQOL_child}</small>	1	2	3	4
7. Worrying about long term health <small>{worryHealth_PQOL_child}</small>	1	2	3	4
8. Keeping low blood sugars from happening <small>{avoidLowBS_PQOL_child}</small>	1	2	3	4
9. Keeping high blood sugars from happening <small>{avoidHighBS_PQOL_child}</small>	1	2	3	4
10. Pain/discomfort from finger sticks <small>{painFinger_PQOL_child}</small>	1	2	3	4
11. Pain/discomfort from shots, pump sets, etc. <small>{painShots_PQOL_child}</small>	1	2	3	4
12. Family arguments or friction about diabetes <small>{familyArgue_PQOL_child}</small>	1	2	3	4
13. Getting enough good sleep <small>{goodSleep_PQOL_child}</small>	1	2	3	4
14. Acceptance of meal planning <small>{mealPlanning_PQOL_child}</small>	1	2	3	4
15. School or work problems because of diabetes <small>{workProblems_PQOL_child}</small>	1	2	3	4
16. Problems in sports, exercise or playing because of diabetes <small>{sportProblems_PQOL_child}</small>	1	2	3	4
17. Working with diabetes doctors and nurses <small>{workingNurse_PQOL_child}</small>	1	2	3	4
18. Family teamwork around diabetes <small>{familyTeam_PQOL_child}</small>	1	2	3	4
19. People who don't understand diabetes <small>{peopleUnderstand_PQOL_child}</small>	1	2	3	4
20. Feeling that diabetes controls my life <small>{controlLife_PQOL_child}</small>	1	2	3	4