

Module 4

We would like to know how you check your blood sugar and what you usually do about low blood sugar.

1. Do you check your blood sugar at home? [{bststoth_heaq_s4}](#)

- 1 Yes →
- 2 No
- 3 Don't know

How often do you usually test your blood sugar with a glucose meter? [{testedBS3M_splq}](#)

- | | |
|--|--|
| 1 <input type="checkbox"/> About once a week or less | 6 <input type="checkbox"/> 7 or more times a day |
| 2 <input type="checkbox"/> About once a day or less | 7 <input type="checkbox"/> Only when I am sick |
| 3 <input type="checkbox"/> 1 – 2 times a day | 8 <input type="checkbox"/> Continuously (CGM) |
| 4 <input type="checkbox"/> 3 times a day | 9 <input type="checkbox"/> Don't know |
| 5 <input type="checkbox"/> 4 – 6 times a day | |

2. Do you use a continuous glucose monitor (CGM) to measure your glucose or sugar levels?

(A CGM is a glucose sensor that is inserted under the skin to measure glucose levels on a continuous basis throughout the day and night). [{bscgm_heaq}](#)

- 1 Yes →
- 2 No
- 3 Don't know

How have you used the CGM?

- 1 I have borrowed it from my doctor's office (professional model) [{bscgm doc_heaq_s4}](#)

- ↓
- How often have you used it? 1 1 time [{bscgm docnum_heaq_s4}](#)
- 2 2 or more times
- 3 Don't know

- 2 I have my own CGM for use at home [{bscgm home_heaq_s4}](#)

- ↓
- How often do you use it? [{bscgm home num_heaq_s4}](#)
- 1 Rarely (0 – 19% of the time)
- 2 Occasionally (20 – 39% of the time)
- 3 About half the time (40 – 59% of the time)
- 4 Usually (60 – 79% of the time)
- 5 Most of the time (80 – 99% of the time)
- 6 Always (100% of the time)
- 7 Don't know

3. According to your diabetes provider, how often should you test your blood sugar? [{HowOftenSuggested_splq_s4}](#)

- | | | |
|--|--|--|
| 1 <input type="checkbox"/> Less than once a week | 4 <input type="checkbox"/> 3 times a day | 7 <input type="checkbox"/> Only when I am sick |
| 2 <input type="checkbox"/> Less than once a day | 5 <input type="checkbox"/> 4 – 6 times a day | 8 <input type="checkbox"/> Continuously (CGM) |
| 3 <input type="checkbox"/> 1 – 2 times a day | 6 <input type="checkbox"/> 7 or more times a day | 9 <input type="checkbox"/> Don't know |

4. Do you use wireless technology that allows another person to review your blood sugars or glucose readings from somewhere else, for example, My Sentry? {wireless}

- 1 Yes 2 No 3 Don't know

5. How often do you miss your diabetes medicine including insulin? {misdmmmed_splq}

- 1 Don't take diabetes medicine
2 Never

- 3 Once or twice a year →
4 Once a month →
5 1 – 3 times a month →
6 1 – 5 times a week →
7 1 time a day →
8 More than 1 time a day →
9 Don't know →

When you miss your diabetes medicine is it because you:

(Check all that apply)

- Forgot {msmdforg_splq}
- Cannot afford medicine {msmdcost_splq}
- Insurance company would not approve, cover or pay for it {msmdinsure}
- Problems getting to doctor's office/prescription ran out {msmdpres}
- Side effects of medication {msmdside}
- Tired of taking medication {msmdtiremed}
- Don't want to take medication with others around {msmdemba_splq}
- Tired of shots {msmdtire_splq}
- Worried about low blood sugar {msmdlwbs_splq}
- Afraid of needles {msmdafra_splq}
- Other (specify) {msmdotre_splq} {msmdotsp_splq}
- Don't know {msmddk}