

## Module 25

These questions will look at whether you experience being treated differently because of having diabetes or thinking about yourself differently because of diabetes.

### 1. How often do you feel that people assume things about you because of your diabetes?

{discassume}

Here are some examples:

- Someone assumes that you have diabetes because of your food choices or weight.
- Your healthcare provider assumes you don't do a good job managing your diabetes because of your A1c.

- 1  Almost every day  
2  At least once a week  
3  A few times a month  
4  A few times a year  
5  Less than once a year  
6  Never (Skip to Question 2)

	Yes	No	Don't know
Do you change your diabetes management (like testing your blood sugar or taking your medication) because of this? {discassumecare}	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
Do you do things differently like change how frequently you go out with friends or travel because of this? {discassumediff}	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>

### 2. How often do you feel that you are treated unfairly or differently from others because of your diabetes? {discunfair}

Here are some examples:

- Being made fun of because of your diabetes.
- Being excluded from social activities (like parties) because of your diabetes.

- 1  Almost every day  
2  At least once a week  
3  A few times a month  
4  A few times a year  
5  Less than once a year  
6  Never (Skip to Question 3)

	Yes	No	Don't know
Do you change your diabetes management (like testing your blood sugar or taking your medication) because of this? {discunfaircare}	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
Do you do things differently like change how frequently you go out with friends or travel because of this? {discunfairdiff}	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>

**3. How often do you think negative thoughts about yourself because of your diabetes?** {discneg}

Here are some examples:

- Not telling someone you have diabetes because you are worried about being treated differently.
- Feeling like you won't be able to have a successful career as an athlete because you have diabetes.

- 1  Almost every day  
 2  At least once a week  
 3  A few times a month  
 4  A few times a year  
 5  Less than once a year  
 6  Never **(Skip to Question 4)**

	Yes	No	Don't know
Do you change your diabetes management (like testing your blood sugar or taking your medication) because of this? {discnegcare}	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
Do you do things differently like change how frequently you go out with friends or travel because of this? {discnegdiff}	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>

**4. How often do you change your diabetes management (like testing your blood sugar or taking your medication) because people assume things about you, because you are treated differently, or because you have negative thoughts about yourself due to your diabetes?** {discchgmgmt}

- 1  Almost every day  
 2  At least once a week  
 3  A few times a month  
 4  A few times a year  
 5  Less than once a year  
 6  Never

**5. How often do you do things differently, like change how frequently you go out with friends or travel because people assume things about you, because you are treated differently, or you have negative thoughts about yourself because of your diabetes?** {discdodiff}

- 1  Almost every day  
 2  At least once a week  
 3  A few times a month  
 4  A few times a year  
 5  Less than once a year  
 6  Never