

## Module 22

### Low Blood Sugar Survey

**I. Behavior:** Below is a list of things people with diabetes sometimes DO IN ORDER TO AVOID LOW BLOOD SUGAR. Read each item carefully. Circle one of the numbers that best describes YOUR ACTIVITY

	Never	Rarely	Some- times	Often	Very Often
1. Have your child eat large snacks at bedtime {largesnack_BLSG_parent}	0	1	2	3	4
2. Avoid having your child being alone when his/her sugar is likely to be low {avoidalone_BLSG_parent}	0	1	2	3	4
3. Allow blood sugar to be a little high to be on the safe side {highsafeside_BLSG_parent}	0	1	2	3	4
4. Keep child's sugar higher when he/she will be alone for a while {highalone_BLSG_parent}	0	1	2	3	4
5. Have child eat something as soon as he/she feels the first sign of low blood sugar {eatfirstsign_BLSG_parent}	0	1	2	3	4
6. Reduce my child's insulin when I think his/her sugar is too low {reducetoolow_BLSG_parent}	0	1	2	3	4
7. Keep my child's blood sugar higher when he/she plans to be away from me for a while {highaway_BLSG_parent}	0	1	2	3	4
8. Have your child carry fast-acting sugar {fastacting_BLSG_parent}	0	1	2	3	4
9. Have child avoid a lot of exercise when I think his/her sugar is low {avoidexercise_BLSG_parent}	0	1	2	3	4
10. Check my child's sugar often when he/she plans to go on an outing {checkaway_BLSG_parent}	0	1	2	3	4

**II. Worry: Below is a list of concerns parents of children with diabetes sometimes have. Read each item carefully. Circle one of the numbers that best describes HOW OFTEN YOU WORRY ABOUT EACH ITEM.**

	Never	Rarely	Some- times	Often	Very Often
11. Child not recognizing/realizing he/she is having a reaction <span style="color: blue;">{reaction_BLSG_parent}</span>	0	1	2	3	4
12. Child not having food, fruit, or juice with him/her <span style="color: blue;">{nothavefood_BLSG_parent}</span>	0	1	2	3	4
13. Child feeling dizzy or passing out in public <span style="color: blue;">{feeldizzy_BLSG_parent}</span>	0	1	2	3	4
14. Child having a reaction while asleep <span style="color: blue;">{reactionasleep_BLSG_parent}</span>	0	1	2	3	4
15. Child embarrassing self or friends/family in a social situation <span style="color: blue;">{embarrass_BLSG_parent}</span>	0	1	2	3	4
16. Child having a reaction while alone <span style="color: blue;">{reactionalone_BLSG_parent}</span>	0	1	2	3	4
17. Child appearing "stupid" or clumsy <span style="color: blue;">{appearclumsy_BLSG_parent}</span>	0	1	2	3	4
18. Child losing control <span style="color: blue;">{losecontrol_BLSG_parent}</span>	0	1	2	3	4
19. No one being around to help child during a reaction <span style="color: blue;">{nohelpchild_BLSG_parent}</span>	0	1	2	3	4
20. Child making a mistake or having an accident at school <span style="color: blue;">{schoolaccident_BLSG_parent}</span>	0	1	2	3	4
21. Child getting a bad evaluation at school because of something that happens when his/her sugar is low <span style="color: blue;">{schoolbadeval_BLSG_parent}</span>	0	1	2	3	4
22. Child having seizures or convulsions <span style="color: blue;">{seizures_BLSG_parent}</span>	0	1	2	3	4
23. Child developing long term complications from frequent low blood sugar <span style="color: blue;">{longterm_BLSG_parent}</span>	0	1	2	3	4
24. Child feeling light-headed or faint <span style="color: blue;">{feelfaint_BLSG_parent}</span>	0	1	2	3	4
25. Child having an insulin reaction <span style="color: blue;">{reactioninsulin_BLSG_parent}</span>	0	1	2	3	4