

# Form 57 FOLLOW-UP PATIENT SURVEY

Version 09/06/02 (A)\_revised 03/16/05

The UITN is supported by cooperative agreements from the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) in collaboration with the National Institute of Child Health and Human Development (NICHD)

FORM 57: FOLLOW-UP PATIENT SURVEY, VERSION 09/06/02 (A)_revised 03/16/05					
SECTION A: GENERAL STUDY INFORMATION FOR OFFICE USE ONLY:					
A1. STUDY ID#: LABEL	A2. VISIT#	F/U 12 MONTHS FU12 F/U 24 MONTHS FU24	F/U 18 MONTHSFU18 F/U 30 MONTHSFU30		
		F/U 36 MONTHSFU36 F/U 48 MONTHSFU48	F/U 42 MONTHSFU42 F/U 54 MONTHSFU54		
		F/U 60 MONTHSFU60 FU 72 MONTHSFU72	F/U 66 MONTHSFU66 F/U 78 MONTHSFU78		
		F/U 84 MONTHS FU84	FAILUREFAIL		
A3. DATE FORM DISTRIBUTED:/	A4. STUDY ST	ΓAFF INITIALS:			
A5. MODE: SELF-ADMINISTERED	A6. WHICH V	ERSION OF THIS FORM WAS USED?	P ENGLISH 1 SPANISH 2		

Affix ID Label Here

**Introduction:** This survey contains questions about your past surgery for urinary incontinence, completed as part of the UITN research study. Some questions in this survey will ask about your satisfaction with your surgery, others will ask about your capabilities in the performance of routine physical daily living activities and about your current sexual activities.

As with all of the information we collect for this research study, all of your responses are completely confidential. Your responses are never linked with your name and your name never appears on any of the research documents. Providing this information will <u>not</u> affect any of your services, benefits, or eligibility for coverage.

The entire questionnaire should take about 10 minutes to complete. Ideally, you will be able to complete the questionnaire in one sitting.

There are three (3) parts to this Follow-Up Patient Survey. Please read the instructions at the start of each section carefully before you begin each new section.

Please complete this Survey at your earliest convenience and return it to the Study Coordinator as soon as possible. A self-addressed and stamped envelope may be enclosed for your convenience.

Try to answer every item, but do not dwell too long on any one question. We want <u>your</u> answers, so please complete the Survey on your own. After you have completed the Survey, please check to make sure you have not missed any items. If you have any questions about any of these items, please call me

		at		 	
A7.	What is the date that you are starting to fill out this Survey?		Month	 /	

#### Section B: Satisfaction with the Results of Surgery

You have had surgery to reduce urinary incontinence (urine leakage) and to lessen the impact of these symptoms on your life. These questions ask you to tell us how satisfied you are with the result(s) of your bladder surgery related to your symptoms, emotions, and participation in physical and social activities. This information will help us to understand your views of your surgical experience.

**GENERAL INSTRUCTIONS:** Please read the question and symptoms in the first column. Then, work across the page and tell us about how satisfied or dissatisfied you are with the result of your bladder surgery related to that symptom. Circle the one response that **best** describes your level of satisfaction. If you **NEVER** experienced the symptom (neither before nor after surgery), **DO NOT** rate your satisfaction. **Instead**, circle **NA** in the last column labeled "**Not Applicable (NA)**".

This section asks about symptoms that you may have experienced before and/or after surgery.

How satisfied or dissatisfied are you with the result of bladder surgery related to the following symptoms....

	Completely dissatisfied	Mostly dissatisfied	Neutral	Mostly satisfied	Completely satisfied	Not Applicable
B1Urine leakage?	1	2	3	4	5	NA
B2An urgency to urinate such that you fear not making it to the bathroom in time?	1	2	3	4	5	NA
B3Frequent urination?	1	2	3	4	5	NA

This next section asks about activities that you may have limited before and/or after surgery because of your bladder problem.

#### How satisfied or dissatisfied are you with the result of bladder surgery regarding your current capability to perform the following activities...

	Completely dissatisfied	Mostly dissatisfied	Neutral	Mostly satisfied	Completely satisfied	Not Applicable
B4Physical activities (e.g. housework, yardwork, going for a walk, dancing, jogging, golfing)?	1	2	3	4	5	NA
B5Social activities (e.g. visiting friends, vacationing, going to church or temple)?	1	2	3	4	5	NA
B6Sexual activity?	1	2	3	4	5	NA

This next section asks about **emotions** that you may have experienced **before** and/or **after** surgery because of your bladder problem.

#### How satisfied or dissatisfied are you with the result of bladder surgery regarding...

	Completely dissatisfied	Mostly dissatisfied	Neutral	Mostly satisfied	Completely satisfied	Not Applicable
B7Your emotions (e.g., feelings of embarrassment, helplessness, frustration, and/or depression)?	1	2	3	4	5	NA

Please answer the following questions by circling either 1 (Yes) or 2 (No).

B8. If you could go back in time to when you had your bladder surgery, and knowing what you know now, would you still choose to have the surgery?	Yes 1	No 2
B9. Would you recommend this surgery to a family member or friend?	Yes 1	No 2

### **Section C: Quality of Life**

These questions deal specifically with accidental urine loss and / or prolapse. The symptoms in Section C have been described by women who experience accidental urine loss and/or prolapse. Please indicate which symptoms you are now experiencing, and how bothersome they are for you. Be sure to circle an answer for all items.

**GENERAL INSTRUCTIONS**: Please read the first column of symptoms and circle "Yes" or "No" for each symptom. Then, for each question marked by a "Yes" answer, work across the page and tell us how bothersome that symptom is for you currently.

Do you currently experience		
	Yes	No
C1frequent urination?	Yes 1	No 2
C2a strong feeling of urgency to empty your bladder?	Yes	No 2
C3urine leakage related to the feeling of urgency?	Yes 1	No 2
C4urine leakage related to physical activity, coughing or sneezing?	Yes 1	No 2
C5general urine leakage <b>not</b> related to urgency or activity?	Yes 1	No 2
C6small amounts of urine leakage (that is, drops)?	Yes 1	No 2
C7large amounts of urine leakage?	Yes 1	No 2
C8nighttime urination?	Yes 1	No 2

IF YES, Circle the one response below that best describes how bothersome that symptom is for you.					
Not at all bothersome	Slightly bothersome	Moderately bothersome	Greatly bothersome		
0	1	2	3		

bothersome	bothersome	bothersome	bothersome
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3

# Do you currently experience .....

	Yes	No
C9bedwetting?	Yes 1	No 2
C10difficulty emptying your bladder?	Yes	No 2
C11a feeling of incomplete bladder emptying?	Yes	No 2
C12lower abdominal pressure?	Yes	No 2
C13pain when urinating?	Yes 1	No 2
C14pain in the lower abdominal or genital area?	Yes	No 2
C15heaviness or dullness in the pelvic area?	Yes 1	No 2
C16a feeling of bulging or protrusion in the vaginal area?	Yes 1	No 2
C17bulging or protrusion you can see in the vaginal area?	Yes	No 2
C18pelvic discomfort when standing or physically exerting yourself?	Yes	No 2
C19. Do you have to push on the vagina or perineum to empty your bladder?	Yes 1	No 2
C20. Do you have to push on the vagina or perineum to have a bowel movement?	Yes 1	No 2

### IF YES,

Circle the one response below that best describes how bothersome that symptom is for you.

Not at all	Slightly	Moderately	Greatly
bothersome	bothersome	bothersome	bothersome
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3

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C21. Do you experience any <b>other</b> symptoms related to accidental urine loss or prolapse	YES 1			
	NO 2 → SKIP TO C22			
C21a. If yes, what is it (are they)?				
C22. Please go back and review all of the symptoms in Section C above, items C1 – 21, bothers you the most. For this item, please list <b>one</b> symptom only.	and write below the one symptom that			

Some women find that accidental urine loss and / or prolapse affects their activities, relationships, and feelings. The questions in this section refer to areas in your life which may be influenced or changed by your problem. For each question in this section, circle the one response that best describes how much your activities, relationships and feelings are being affected by urine leakage and / or prolapse.

### To what extent is accidental urine loss and / or prolapse affecting your .....

	Not at all	Slightly	Moderately	Greatly
C23ability to do household chores (cooking, housecleaning, laundry)?	0	1	2	3
C24ability to do usual maintenance or repair work done in home or yard?	0	1	2	3
C25shopping activities?	0	1	2	3
C26hobbies and pastime activities?	0	1	2	3
C27physical recreational activities such as walking, swimming, or other exercise?	0	1	2	3
C28entertainment activities such as going to a movie or concert?	0	1	2	3

# To what extent is accidental urine loss and $\!\!/$ or prolapse affecting your $\!\!\ldots\!\!\!$

	Not at all	Slightly	Moderately	Greatly
C29ability to travel by car or bus for distances less than 20 minutes away from home?	0	1	2	3
C30ability to travel by car or bus for distances greater than 20 minutes away from home?	0	1	2	3
C31going to places if you are not sure about available restrooms?	0	1	2	3
C32going on vacation?	0	1	2	3
C33church or temple attendance?	0	1	2	3
C34volunteer activities?	0	1	2	3
C35employment (work) outside the home?	0	1	2	3
C36having friends visit you in your home?	0	1	2	3
C37participation in social activities outside your home?	0	1	2	3
C38relationships with friends?	0	1	2	3
C39relationships with family excluding husband/companion?	0	1	2	3
C40ability to have sexual relations?	0	1	2	3
C41the way you dress?	0	1	2	3
C42emotional health?	0	1	2	3

## To what extent is accidental urine loss and / or prolapse affecting your .....

	Not at all	Slightly	Moderately	Greatly
C43physical health?	0	1	2	3
C44sleep?	0	1	2	3
C45. How much does fear of odor restrict your activities?	0	1	2	3
C46. How much does fear of embarrassment restrict your activities?	0	1	2	3

## In addition, does your problem with accidental urine loss and / or prolapse cause you to experience ....

	Not at all	Slightly	Moderately	Greatly
C47nervousness or anxiety?	0	1	2	3
C48fear?	0	1	2	3
C49frustration?	0	1	2	3
C50anger?	0	1	2	3
C51depression?	0	1	2	3
C52embarrassment?	0	1	2	3

#### **Section D: Sexual Activities**

This section covers material that is sensitive and personal. Specifically, these questions ask about matters related to your sexual activity **in the past 6 months**. For some women, sexual activity is an important part of their lives; but for others it is not. Everyone has different ideas on the subject. To help us understand how your bladder problems might affect your sexual activity, we would like you to answer the following questions from your own personal viewpoint.

There are no right or wrong answers. Remember, your confidentiality is assured. While we hope you are willing to answer all of the questions, if there are questions you would prefer not to answer, you are free to skip them. Please select the most appropriate response to each question by circling the answer you choose. Remember these questions are only relevant to sexual activity **in the past six months**.

- D1. **In the past 6 months**, have you engaged in sexual activities with a partner?
  - Yes ...... 1 **→**COMPLETE SECTION E BELOW

#### Section E: FOR WOMEN WHO HAVE ENGAGED IN SEXUAL ACTIVITY WITH A PARTNER IN THE LAST 6 MONTHS

E1. How frequently do you feel sexual desire? This feeling may include wanting to have sex, planning to have sex, feeling frustrated due to lack of sex, etc.

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

E2. Do you climax (have an orgasm) when having <u>sexual intercourse</u> with your partner?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

E3. Do you feel sexually excited (turned on) when having sexual activity with your partner?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

E4. How satisfied are you with the variety of sexual activities in your current sex life?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

E5. Do you feel pain during sexual intercourse? Sometimes Seldom Always Usually Never 3 5 E6. Are you incontinent of urine (leak urine) with sexual activity? Usually Sometimes Seldom Always Never 2 3 5 E7. Does fear of incontinence (either urine or stool) restrict your sexual activity? Always Usually Sometimes Seldom Never 5 E8. Do you avoid sexual intercourse because of bulging in the vagina (either the bladder, rectum or vagina falling out)? Always Usually Sometimes Seldom Never 2 3 4 5 E9. When you have sex with your partner, do you have negative emotional reactions such as fear, disgust, shame or guilt? Sometimes Seldom Always Usually Never 3 5 Does your partner have a problem with erections that affects your sexual activity? E10. Sometimes Seldom Always Usually Never 5 Does your partner have a problem with <u>premature ejaculation</u> that affects your sexual activity? E11. Always Usually Sometimes Seldom Never 2 5 Compared to orgasms you have had in the past, how intense are the orgasms you have had in the past 6 months? E12. Much Same More Much Less intensity more intense

intense

2

YOU ARE DONE WITH THIS QUESTIONNAIRE.

3

intense

4

5

less intense

### Section F: FOR WOMEN WHO REPORT NO SEXUAL ACTIVITY WITH A PARTNER IN THE LAST 6 MONTHS

F1.	Do you have a partn	er at this time?					
	Yes No						
F2.	How frequently do y of sex, etc.	you feel sexual des	ire? This feeling r	may include wanting	to have sex, planning	ng to have sex, feeling frustr	ated due to lack
		Always	Usually 2	Sometimes 3	Seldom 4	Never 5	
F3.	How satisfied are yo	ou with the variety	of sexual activities	s in your current sex	ife?		
		Always	Usually <sup>2</sup>	Sometimes 3	Seldom 4	Never 5	
F4.	Does fear of pain du	ring sexual interco	urse restrict your a	activity?			
		Always	Usually 2	Sometimes 3	Seldom 4	Never 5	
F5.	Does fear of inconti	nence (either stool	or urine) during se	exual intercourse rest	rict your sexual act	ivity?	
		Always	Usually <sup>2</sup>	Sometimes 3	Seldom 4	Never 5	
F6.	Do you avoid sexua	l intercourse becau	se of bulging in th	e vagina (either the b	ladder, rectum or v	agina falling out)?	
		Always	Usually <sup>2</sup>	Sometimes 3	Seldom 4	Never 5	
			YOU ARE DO	NE WITH THIS OUE	STIONNAIRE.		