

Site Number: \_\_\_\_\_ Screening ID: \_\_\_\_\_ - \_\_\_\_ First 3 Letters of First Name: \_\_\_\_\_

**Complete this form during the first Screening visit for this study.**

**A. VISIT INFORMATION**

1. Visit Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
MM DD YYYY

**B. INFORMED CONSENT**

1. Date written informed consent obtained: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
MM DD YYYY

2. Date HIV screening consent obtained: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
MM DD YYYY

3. On the consent form, was permission given for blood to be examined for genetic factors in the development of type 1 diabetes (HLA testing)? Y N

4. On the consent form, was permission given for samples of the participant's blood to be stored for DNA testing and other tests, as indicated on the consent form? Y N

**C. DEMOGRAPHIC INFORMATION**

1. Date of birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
MM DD YYYY

2. Age (years): \_\_\_\_\_

3. Sex:  <sub>1</sub> Male  <sub>2</sub> Female

4. Ethnicity (*check one*):  
 <sub>1</sub> Hispanic or Latino  <sub>2</sub> Not Hispanic or Latino

5. Race (*check all that apply*):

a. <input type="checkbox"/> <sub>1</sub> American Indian or Alaskan Native	d. <input type="checkbox"/> <sub>1</sub> Native Hawaiian or Other Pacific Islander
b. <input type="checkbox"/> <sub>1</sub> Asian	e. <input type="checkbox"/> <sub>1</sub> White
c. <input type="checkbox"/> <sub>1</sub> Black or African American	f. <input type="checkbox"/> <sub>1</sub> Other

IF OTHER, 1. Specify: \_\_\_\_\_

6. How did you first hear about this study (*check one*)?

<input type="checkbox"/> <sub>1</sub> Physician	<input type="checkbox"/> <sub>3</sub> Family/Friend	<input type="checkbox"/> <sub>5</sub> Radio/TV
<input type="checkbox"/> <sub>2</sub> Meeting/Presentation	<input type="checkbox"/> <sub>4</sub> Poster	<input type="checkbox"/> <sub>9</sub> Other

IF OTHER, a. Specify: \_\_\_\_\_

**D. INCLUSION CRITERIA**

1. Patient is within 3-months of diagnosis of type 1 diabetes based on ADA criteria (FPG ≥ 126mg/dl or NFG ≥ 200 mg/dl)?	Y N
2. Patient is between 12 and 35 years of age?	Y N
3. Patient is willing to be randomized to treatment group?	Y N
4. Patient is willing to attend all scheduled follow-up visits at the designated clinic (unforeseen events withstanding)?	Y N
5. Patient is willing to comply with intensive diabetes management?	Y N

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**E. EXCLUSION CRITERIA**

- |   |   |   |
|---|---|---|
| 1. Patient is sexually active and refuses to use an effective form of birth control?  | Y | N |
| 2. Patient is a female with reproductive potential who refuses to undergo pregnancy testing during the course of the MMF/DZB study?                         | Y | N |
| 3. Patient is a female with reproductive potential who refuses to promptly report possible or confirmed pregnancies during the course of the MMF/DZB study? | Y | N |
| 4. Patient is a female who is currently pregnant or less than 3 months postpartum?  | Y | N |
| 5. Patient is a female who is currently nursing or within 6 weeks of having completed nursing?  | Y | N |
| 6. Patient anticipates becoming pregnant, or fathering a child, during the study?   | Y | N |
| 7. Patient has complicating medical issues that would interfere with blood drawing or monitoring?   | Y | N |
| 8. Patient has had any live vaccinations in the preceding 6 weeks?  | Y | N |
| 9. Patient requires chronic use of steroids or other immunosuppressive agents for other conditions?   | Y | N |

**STOP AND DOUBLE CHECK ELIGIBILITY**

Double check Sections D and E. To proceed, you must have:

Answered YES to *every* question in Section D

AND Answered NO to *every* question in Section E

If NOT eligible, **do not continue with any further assessments** and send the top copy of this form to the TrialNet Coordinating Center.

**F. DIABETES HISTORY**

1. Was your initial diagnosis based on (*check one*):
- |   |   |
|---|---|
| <input type="checkbox"/> 1 Random blood glucose check (incidental to other medical condition) | <input type="checkbox"/> 4 Symptoms of diabetes not requiring hospitalization |
| <input type="checkbox"/> 2 Routine screening for diabetes without presence of symptoms        | <input type="checkbox"/> 5 Symptoms of diabetes requiring hospitalization     |
| <input type="checkbox"/> 3 Formal testing for diabetes (OGTT)                                 |   |
2. Date of diagnosis of type 1 diabetes: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
MM DD YYYY
3. Which of the following symptoms or results did you have at the time of diagnosis? (*check all that apply*)
- |  |  |
|--|--|
| a. <input type="checkbox"/> 1 Excessive thirst                       | e. <input type="checkbox"/> 1 Frequent urination   |
| b. <input type="checkbox"/> 1 Unexplained weight loss                | f. <input type="checkbox"/> 1 Blood glucose $\geq$ 200 mg/dl at any time of day                    |
| c. <input type="checkbox"/> 1 Fasting blood glucose $\geq$ 126 mg/dl | g. <input type="checkbox"/> 1 Blood glucose $\geq$ 200 mg/dl during an oral glucose tolerance test |
| d. <input type="checkbox"/> 1 Frequent infections                    | h. <input type="checkbox"/> 1 No symptoms  |
4. Were you admitted to a hospital during the diagnosis period? Y N
- IF YES,
- a. Did you stay overnight in the hospital? Y N
- b. Were you admitted to an Intensive Care Unit (ICU) while in the hospital? Y N
5. Did you have blood or urine ketones (trace or greater amounts) at the time of diagnosis? Y N
6. Most recent HbA1c (*if known*): \_\_\_\_\_ %
- a. If known, indicate date HbA1c was measured: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
MM DD YYYY

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**G. HYPOGLYCEMIA HISTORY**

- |   |   |   |
|---|---|---|
| 1. Can you usually recognize when your blood sugar level is low?                      | Y | N |
| <b>IF YES,</b>  |   |   |
| a. Do you use a meter to check your blood sugar when you recognize it is getting low? | Y | N |
| 2. Have you ever had an unconscious event or seizure caused by low blood sugar?       | Y | N |
| 3. Have you ever had low blood sugar requiring assistance from another person?        | Y | N |
| 4. Have you ever had low blood sugar while sleeping?                                  | Y | N |

**H. AUTOIMMUNE DISEASE HISTORY**

- |   |   |  |
|---|---|--|
| 1. Have you ever been diagnosed with an autoimmune disease?                                       | Y   | N  |
| <b>IF YES,</b>  |   |  |
| Specify which autoimmune disease(s) you have been diagnosed with ( <i>check all that apply</i> ): |   |  |
| a. <input type="checkbox"/> Addison's Disease   | d. <input type="checkbox"/> Alopecia                          | g. <input type="checkbox"/> Hypoparathyroidism                                 |
| b. <input type="checkbox"/> Celiac Disease ( <i>gluten allergy or Celiac sprue</i> )              | e. <input type="checkbox"/> Grave's Disease (hyperthyroidism) | h. <input type="checkbox"/> Hashimoto's thyroiditis (goiter) or Hypothyroidism |
| c. <input type="checkbox"/> Hypogonadism  | f. <input type="checkbox"/> Pernicious anemia                 | i. <input type="checkbox"/> Vitiligo   |
|   |   | j. <input type="checkbox"/> Other autoimmune disease                           |

**I. OTHER DISEASE HISTORY**

- |  |   |   |
|--|---|---|
| 1. Have you had any infections other than a cold or flu during the last year?  | Y | N |
| 2. Do you have a history of skin allergies or asthma?  | Y | N |
| <b>Question 2</b> is designed to ensure that the participant is not taking any steroid-based or other immunosuppressive medications chronically for treatment of these conditions. |   |   |
| 3. Do you have any chronic (long-term) diseases ( <i>other than autoimmune diseases</i> )?   | Y | N |

**J. VACCINATION HISTORY**

- |   |   |   |
|---|---|---|
| 1. Have you had any vaccinations within the past six weeks? | Y | N |
| <b>IF YES, have you had any of the following?</b>           |   |   |
| a. DTP vaccination?   | Y | N |
| b. Live flu vaccination?                                    | Y | N |
| c. MMR (second dose) vaccination?                           | Y | N |
| d. Varicella (chickenpox) vaccination?                      | Y | N |
| e. Yellow fever vaccination?                                | Y | N |
| f. Hepatitis vaccination?                                   | Y | N |
| g. Live polio vaccination?                                  | Y | N |
| h. Meningococcal meningitis vaccination?                    | Y | N |
| i. Vaccinia (smallpox) vaccination?                         | Y | N |
| j. Other  | Y | N |

**K. CURRENT MEDICATIONS**

- |   |   |   |
|---|---|---|
| 1. Are you currently taking vitamin supplements that contain Niacin or Vitamin E?                     | Y | N |
| 2. Are you currently taking steroids? ( <i>Steroid use is an exclusion criterion for this study</i> ) | Y | N |
| 3. Are you currently taking antibiotics?  | Y | N |
| <b>IF YES,</b>  |   |   |
| a. For what? _____  |   |   |
| 4. Are you currently taking medication(s) for diabetes other than insulin?                            | Y | N |
| 5. Are you currently taking other prescription medications?   | Y | N |

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**L. PREGNANCY MONITORING**

1. Does the participant have reproductive potential? Y N
- IF YES, continue (otherwise, proceed to **Section M**)
- a. Do you currently use a form of birth control? (*Females and males of reproductive age are expected to use a form of birth control, or practice abstinence*) Y N
- b. Do you plan on becoming pregnant, or fathering a child, in the next 3-months? Y N
- IF FEMALE, continue with Questions c and d (otherwise, proceed to **Section M**)
- c. Are you currently taking birth control medication? Y N
- d. Was the pregnancy test completed at this study visit positive? Y N

**STOP AND DOUBLE CHECK ELIGIBILITY**

If **Question b** or **d** is answered YES, the participant should **not** be enrolled in this study.

**M. PHYSICAL ASSESSMENTS**

Collect the following physical assessments:

*Note: Have the participant rest for 5 minutes before doing these assessments.*

1. Temperature: \_\_\_\_\_ °C or \_\_\_\_\_ °F
2. Seated arm blood pressure: \_\_\_\_\_ mmHg / \_\_\_\_\_ mmHg  
Systolic Diastolic
3. Seated heart rate: \_\_\_\_\_ Beats/minute
4. Seated respiratory rate: \_\_\_\_\_ Breaths/minute
5. Weight: \_\_\_\_\_ kg or \_\_\_\_\_ lbs
6. Height: \_\_\_\_\_ cm or \_\_\_\_\_ in
7. Was an ECG taken at this screening visit? Y N
- IF YES,
- a. Was the ECG classified as normal? Y N

**N. LABORATORY ASSESSMENTS**

Were the following blood samples taken or other assessments performed during this visit?

- |                             |   |                               |   |                         |   |
|-----------------------------|---|-------------------------------|---|-------------------------|---|
| 1. CBC with diff            | <input type="checkbox"/> Y <input type="checkbox"/> N | 4. HbA1c                      | <input type="checkbox"/> Y <input type="checkbox"/> N | 7. EBV/CMV PCR          | <input type="checkbox"/> Y <input type="checkbox"/> N |
| 2. Chemistries              | <input type="checkbox"/> Y <input type="checkbox"/> N | 5. PPD Test                   | <input type="checkbox"/> Y <input type="checkbox"/> N | 8. Viral Serology       | <input type="checkbox"/> Y <input type="checkbox"/> N |
| 3. Serum for autoantibodies | <input type="checkbox"/> Y <input type="checkbox"/> N | 6. HIV, Hep B and C Screening | <input type="checkbox"/> Y <input type="checkbox"/> N | 9. Urine pregnancy test | <input type="checkbox"/> Y <input type="checkbox"/> N |

Initials (first, middle, last) of person completing this form: \_\_\_\_\_  
F M L

Date form completed: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
MM DD YYYY

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