



## F377: Annual Follow-Up Patient Survey

**F377: Annual Patient Survey, Version 02/05/09 (A)**  
**SECTION A: GENERAL STUDY INFORMATION**

**A1. Study ID#:** LABEL

**A2. Visit #** F/U 36 Months .....ET36 F/U 48 Months..... ET48  
 F/U 60 Months .....ET60 F/U 72 Months.....ET72  
 F/U 84 Months .....ET84

**A3. Date Form Distributed:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
 Month Day Year

**A4. Study Staff Initials:** \_\_\_\_\_

**A5. Mode** Self-Administered ..... 1  
 Interviewer-Administered..... 2

**A6. Which version of these measures was used?** English..... 1  
 Spanish ..... 2

**Introduction:** This survey contains questions about quality of life, satisfaction and measures of your current urinary symptoms.

As with all of the information we collect for this research study, all of your responses are completely confidential. Your responses are never linked with your name and your name never appears on any of the research documents. Providing this information will not affect any of your services, benefits, or eligibility for coverage.

**This survey should take about 15 minutes to complete. Ideally, you will be able to complete the entire survey in one sitting.**

There are five (5) parts to the Annual Follow-Up Patient Survey. Please read the instructions at the start of each section carefully before you begin each new section.

Try to answer every item, but do not dwell too long on any one question. We want your answers, so please complete the questionnaire on your own. After you have completed the Survey, please check to make sure you have not missed any items. If you have any questions about any of these items, please call me:

\_\_\_\_\_ at \_\_\_\_\_.

A7. What is the date that you are starting to fill out this Survey?

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Month Day Year

**Section B: Satisfaction with the Results of Surgery**

You have had surgery to reduce urinary incontinence (urine leakage) and to lessen the impact of these symptoms on your life. These questions ask you to tell us how satisfied you are with the result(s) of your bladder surgery related to your symptoms, emotions, and participation in physical and social activities. This information will help us to understand your views of your surgical experience.

**GENERAL INSTRUCTIONS:** Please read the question and symptoms in the first column. Then, work across the page and tell us about how satisfied or dissatisfied you are with the result of your bladder surgery related to that symptom. Circle the one response that **best** describes your level of satisfaction. If you **NEVER** experienced the symptom (neither before nor after surgery), **DO NOT** rate your satisfaction. **Instead**, circle **NA** in the last column labeled “**Not Applicable (NA)**”.

This section asks about **symptoms** that you may have experienced **before** and/or **after** surgery.

**How satisfied or dissatisfied are you with the result of bladder surgery related to the following symptoms....**

	Completely dissatisfied	Mostly dissatisfied	Neutral	Mostly satisfied	Completely satisfied	Not Applicable
B1. ...Urine leakage?	1	2	3	4	5	NA
B2. ...An urgency to urinate such that you fear not making it to the bathroom in time?	1	2	3	4	5	NA
B3. ...Frequent urination?	1	2	3	4	5	NA

This next section asks about **activities** that you may have limited **before** and/or **after** surgery because of your bladder problem.

**How satisfied or dissatisfied are you with the result of bladder surgery regarding your current capability to perform the following activities...**

	Completely dissatisfied	Mostly dissatisfied	Neutral	Mostly satisfied	Completely satisfied	Not Applicable
B4. ...Physical activities (e.g. housework, yardwork, going for a walk, dancing, jogging, golfing)?	1	2	3	4	5	NA
B5. ...Social activities (e.g. visiting friends, vacationing, going to church or temple)?	1	2	3	4	5	NA
B6. ...Sexual activity?	1	2	3	4	5	NA

This next section asks about **emotions** that you may have experienced **before** and/or **after** surgery because of your bladder problem.

**How satisfied or dissatisfied are you with the result of bladder surgery regarding...**

	Completely dissatisfied	Mostly dissatisfied	Neutral	Mostly satisfied	Completely satisfied	Not Applicable
B7. ...Your emotions ( e.g., feelings of embarrassment, helplessness, frustration, and/or depression)?	1	2	3	4	5	NA

Please answer the following questions by circling either **1** (Yes) or **2** (No).

B8. If you could go back in time to when you had your bladder surgery, and knowing what you know now, would you still choose to have the surgery?	Yes 1	No 2
B9. Would you recommend this surgery to a family member or friend?	Yes 1	No 2

**Section C: Urinary Symptoms**

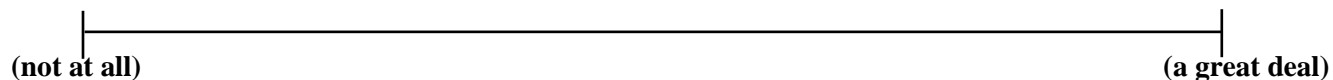
C1. Circle the one answer that best describes how your urinary tract condition is now, compared with how it was before your incontinence surgery:

- Very much better ..... 1
- Much better ..... 2
- A little better ..... 3
- No change ..... 4
- A little worse ..... 5
- Much worse ..... 6
- Very much worse ..... 7

	Never	About once a week or less often	Two or three times a week	About once a day	Several times a day	All the time
C2. How often do you leak urine?	0	1	2	3	4	5

	None	A small amount	A moderate amount	A large amount
C3. We would like to know how much urine you think leaks. How much urine do you usually leak whether you wear protection or not?	0	1	2	3

C4. Overall, how much does leaking interfere with your everyday life? Draw a single vertical line at the point on this line from “not at all” to “a great deal” that represents how much leaking interferes with your daily life.




C4 Code

<b>Please tell us when urine leaks. Circle YES for all that apply to you and NO for those that do not.</b>		
	<b>Yes</b>	<b>No</b>
C5. Never – urine does not leak	Yes 1	No 2
C6. Leaks before you can get to the toilet	Yes 1	No 2
C7. Leaks when you cough or sneeze	Yes 1	No 2
C8. Leaks when you are asleep	Yes 1	No 2
C9. Leaks when you are physically active/exercising	Yes 1	No 2
C10. Leaks when you have finished urinating and are dressed	Yes 1	No 2
C11. Leaks for no obvious reason	Yes 1	No 2
C12. Leaks all the time	Yes 1	No 2

### Section D: Quality of Life

These questions deal specifically with your accidental urine loss and/or prolapse. The symptoms in this section have been described by women who experience accidental urine loss and/or prolapse. Please indicate which symptoms you are now experiencing, and how bothersome they are for you. Be sure to circle an answer for all items.

**GENERAL INSTRUCTIONS:** Please read the first column of symptoms and circle "Yes" or "No" for each symptom. Then, for each question marked by a "Yes" answer, work across the page and tell us how bothersome that symptom is for you currently.

Do you currently experience .....	Yes	No	<b>IF YES,</b> Circle the one response below that best describes how bothersome that symptom is for you.			
			Not at all bothersome	Slightly bothersome	Moderately bothersome	Greatly bothersome
D1. ...frequent urination?	Yes 1	No 2	0	1	2	3
D2. ...a strong feeling of urgency to empty your bladder?	Yes 1	No 2	0	1	2	3
D3. ...urine leakage related to the feeling of urgency?	Yes 1	No 2	0	1	2	3
D4. ...urine leakage related to physical activity, coughing or sneezing?	Yes 1	No 2	0	1	2	3
D5. ...general urine leakage <b>not</b> related to urgency or activity?	Yes 1	No 2	0	1	2	3
D6. ...small amounts of urine leakage (that is, drops)?	Yes 1	No 2	0	1	2	3
D7. ...large amounts of urine leakage?	Yes 1	No 2	0	1	2	3
D8. ...nighttime urination?	Yes 1	No 2	0	1	2	3

Do you currently experience .....		
	Yes	No
D9. ...bedwetting?	Yes 1	No 2
D10. ...difficulty emptying your bladder?	Yes 1	No 2
D11. ...a feeling of incomplete bladder emptying?	Yes 1	No 2
D12. ...lower abdominal pressure?	Yes 1	No 2
D13. ...pain when urinating?	Yes 1	No 2
D14. ...pain in the lower abdominal or genital area?	Yes 1	No 2
D15. ...heaviness or dullness in the pelvic area?	Yes 1	No 2
D16. ...a feeling of bulging or protrusion in the vaginal area?	Yes 1	No 2
D17. ...bulging or protrusion you can see in the vaginal area?	Yes 1	No 2
D18. ...pelvic discomfort when standing or physically exerting yourself?	Yes 1	No 2
D19. Do you have to push on the vagina or perineum to empty your bladder?	Yes 1	No 2
D20. Do you have to push on the vagina or perineum to have a bowel movement?	Yes 1	No 2

IF YES, Circle the one response below that best describes how bothersome that symptom is for you.			
Not at all bothersome	Slightly bothersome	Moderately bothersome	Greatly bothersome
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3
0	1	2	3





To what extent has accidental urine loss and/or prolapse affected your .....

	Not at all	Slightly	Moderately	Greatly
D29. ...ability to travel by car or bus for distances less than 20 minutes away from home?	0	1	2	3
D30. ...ability to travel by car or bus for distances greater than 20 minutes away from home?	0	1	2	3
D31. ...going to places if you are not sure about available restrooms?	0	1	2	3
D32. ...going on vacation?	0	1	2	3
D33. ...church or temple attendance?	0	1	2	3
D34. ...volunteer activities?	0	1	2	3
D35. ...employment (work) outside the home?	0	1	2	3
D36. ...having friends visit you in your home?	0	1	2	3
D37. ...participation in social activities outside your home?	0	1	2	3
D38. ...relationship with friends?	0	1	2	3
D39. ...relationship with family excluding husband/companion?	0	1	2	3
D40. ...ability to have sexual relations?	0	1	2	3
D41. ...the way you dress?	0	1	2	3
D42. ...emotional health?	0	1	2	3

To what extent has accidental urine loss and/or prolapse affected your .....

	Not at all	Slightly	Moderately	Greatly
D43. ...physical health?	0	1	2	3
D44. ...sleep?	0	1	2	3

D45. How much does fear of odor restrict your activities?	0	1	2	3
D46. How much does fear of embarrassment restrict your activities?	0	1	2	3

In addition, does your problem with accidental urine loss and/or prolapse cause you to experience ....

	Not at all	Slightly	Moderately	Greatly
D47. ...nervousness or anxiety?	0	1	2	3
D48. ...fear?	0	1	2	3
D49. ...frustration?	0	1	2	3
D50. ...anger?	0	1	2	3
D51. ...depression?	0	1	2	3
D52. ...embarrassment?	0	1	2	3

**Section E: General Health**

Over the last 2 weeks, how often have you been bothered by any of the following problems? Please circle the number that indicates how often you have been bothered by each problem.

	Not at all	Several days	More than half the days	Nearly every day
E1. Little interest or pleasure in doing things	0	1	2	3
E2. Feeling down, depressed, or hopeless	0	1	2	3
E3. Trouble falling asleep or staying asleep, or sleeping too much	0	1	2	3
E4. Feeling tired or having little energy	0	1	2	3
E5. Poor appetite or overeating	0	1	2	3
E6. Feeling bad about yourself – or that you are a failure or have let yourself or your family down	0	1	2	3
E7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
E8. Moving or speaking so slowly that other people could have noticed. Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
E9. Thoughts that you would be better off dead, or of hurting yourself in some way	0	1	2	3

E10. If you circled 1, 2 or 3 for any of the above problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

- Not difficult at all ..... 1
- Somewhat difficult ..... 2
- Very difficult ..... 3
- Extremely difficult..... 4

**Section F: Sexual Activities**

This section covers material that is sensitive and personal. Specifically, these questions ask about matters related to your sexual activity **in the past 6 months**. For some women, sexual activity is an important part of their lives; but for others it is not. Everyone has different ideas on the subject. To help us understand how your bladder problems might affect your sexual activity, we would like you to answer the following questions from your own personal viewpoint.

There are no right or wrong answers. Remember, your confidentiality is assured. While we hope you are willing to answer all of the questions, if there are questions you would prefer not to answer, you are free to skip them. Please select the most appropriate response to each question by circling the answer you choose. Remember these questions are only relevant to sexual activity **in the past six months**.

F1. **In the past 6 months**, have you engaged in sexual activities with a partner?

Yes ..... 1 **→COMPLETE SECTION G BELOW**

No..... 2 **→SKIP TO PAGE 15 AND COMPLETE SECTION H**

**Section G: FOR WOMEN WHO HAVE ENGAGED IN SEXUAL ACTIVITY WITH A PARTNER IN THE LAST 6 MONTHS**

G1. How frequently do you feel sexual desire? This feeling may include wanting to have sex, planning to have sex, feeling frustrated due to lack of sex, etc.

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G2. Do you climax (have an orgasm) when having sexual intercourse with your partner?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G3. Do you feel sexually excited (turned on) when having sexual activity with your partner?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G4. How satisfied are you with the variety of sexual activities in your current sex life?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G5. Do you feel pain during sexual intercourse?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G6. Are you incontinent of urine (leak urine) with sexual activity?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G7. Does fear of incontinence (either urine or stool) restrict your sexual activity?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G8. Do you avoid sexual intercourse because of bulging in the vagina (either the bladder, rectum or vagina falling out)?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G9. When you have sex with your partner, do you have negative emotional reactions such as fear, disgust, shame or guilt?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G10. Does your partner have a problem with erections that affects your sexual activity?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G11. Does your partner have a problem with premature ejaculation that affects your sexual activity?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G12. Compared to orgasms you have had in the past, how intense are the orgasms you have had in the past 6 months?

Much less intense	Less intense	Same intensity	More intense	Much more intense
1	2	3	4	5

**YOU ARE DONE WITH THIS QUESTIONNAIRE. THANK YOU.**

**Section H: FOR WOMEN WHO REPORT NO SEXUAL ACTIVITY WITH A PARTNER IN THE LAST 6 MONTHS**

H1. Do you have a partner at this time?

- Yes ..... 1
- No ..... 2

H2. How frequently do you feel sexual desire? This feeling may include wanting to have sex, planning to have sex, feeling frustrated due to lack of sex, etc.

- Always 1
- Usually 2
- Sometimes 3
- Seldom 4
- Never 5

H3. How satisfied are you with the variety of sexual activities in your current sex life?

- Always 1
- Usually 2
- Sometimes 3
- Seldom 4
- Never 5

H4. Does fear of pain during sexual intercourse restrict your activity?

- Always 1
- Usually 2
- Sometimes 3
- Seldom 4
- Never 5

H5. Does fear of incontinence (either stool or urine) during sexual intercourse restrict your sexual activity?

- Always 1
- Usually 2
- Sometimes 3
- Seldom 4
- Never 5

H6. Do you avoid sexual intercourse because of bulging in the vagina (either the bladder, rectum or vagina falling out)?

- Always 1
- Usually 2
- Sometimes 3
- Seldom 4
- Never 5

**YOU ARE DONE WITH THIS QUESTIONNAIRE. THANK YOU.**